



MVP

REHABILITATION AND INTEGRATIVE SERVICES

ACUPUNCTURE QUESTIONNAIRE

1. Which best describes your pet's overall personality?

A.	Confident, assertive, intense, competitive, and likes to be in charge	B.	Playful, outgoing, enthusiastic, affectionate, and loves attention	C.	Easygoing, sweet, patient, nurturing, and tolerant	D.	Independent, calm, dependable, organized, and somewhat reserved	E.	Cautious, sensitive, observant, quiet, and sometimes timid
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2. When meeting a new person, your pet is most likely to:

A.	Approach confidently and immediately assess the newcomer	B.	Rush over enthusiastically looking for attention or affection	C.	Calmly greet them and generally accept them without concern	D.	Observe first and interact on their own term	E.	Hang back, avoid the person, hide, or require time to feel safe
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3. Around other animals, your pet tends to:

A.	Compete, take charge, or try to control the interaction	B.	Initiate play and enthusiastically seek interaction	C.	Get along easily and tolerate different personalities	D.	Remain somewhat aloof and prefer appropriate, orderly interactions	E.	Stay cautious, keep their distance, or look to you for reassurance
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4. How does your pet respond to training?

A.	Learns very quickly but becomes bored or frustrated with repetition	B.	Learns enthusiastically but can become distracted by excitement	C.	May learn more slowly but remembers extremely well, especially when food is involved	D.	Focuses intensely and enjoys having a clear job, rules, and expectations	E.	Learns best with patience, trust, reassurance, and a strong bond with the handler
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5. What is your pet's most typical reaction when stressed?

A.	Frustration, irritability, impatience, growling, or aggression	B.	Anxiety, frantic behavior, excessive vocalization, panting, or inability	C.	Worrying, pacing, clinginess, seeking comfort, or digestive upset	D.	Withdrawal, stubbornness, sadness, or becoming upset when things are out of order	E.	Fear, trembling, hiding, fleeing, freezing, or defensive biting to settle
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6. What does your pet seem to value most?

A.	Challenge, activity, competition, and accomplishment	B.	Fun, affection, excitement, and social interaction	C.	Food, comfort, family, and companionship	D.	Routine, purpose, structure, and predictability	E.	Safety, trust, quiet, and a close bond with a trusted person
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7. How does your pet react when the household routine suddenly changes?

A.	Becomes impatient or frustrated and tries to take control	B.	Becomes excited or overstimulated by the activity	C.	Worries and may become clingy or develop digestive upset	D.	Becomes noticeably unsettled, withdrawn, or resistant to the change	E.	Becomes nervous, fearful, hesitant, or seeks a safe place
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8. Which statement best describes your pet's relationship with physical affection?									
A.	Enjoys affection but usually has more important things to do	B.	Loves being touched and wants to be the center of your attention	C.	Loves cuddling, comfort, closeness, and physical contact	D.	Affectionate with trusted people but generally prefers some personal space	E.	Deeply bonded to trusted people but may be cautious about touch from others
9. If your pet were loose during a group walk, what would they be MOST likely to do?									
A.	Move toward the front and lead the group	B.	Bounce between people and animals trying to play	C.	Happily continue along as though nothing unusual happened	D.	Stay close to you and continue following the expected routine	E.	Become frightened, retreat, hide, or try to escape
10. Which best describes your pet's activity style?									
A.	Athletic, driven, competitive, fast, and always needs something to do	B.	Bursts of enthusiastic activity followed by fatigue or rest	C.	Steady, relaxed, and generally content with moderate activity	D.	Controlled, purposeful, focused, and consistent situations	E.	Careful, methodical, slower-paced, and reluctant in unfamiliar
11. Which best describes your pet's relationship with food?									
A.	Eats quickly or intensely and may be competitive around food	B.	Gets excited about food but can become distracted by activity around them	C.	LOVES food and may gain weight very easily	D.	Likes predictable meals and may expect food at exactly the usual time	E.	May eat cautiously, slowly, or prefer eating somewhere quiet and safe
12. Which physical description MOST resembles your pet?									
A.	Lean, wiry, athletic, quick-moving, with expressive or intense eyes	B.	Strong or athletic body, often with a relatively smaller head and bright eyes	C.	Sturdy, muscular or stocky, with a proportionally larger head and tendency to gain weight	D.	Balanced or elegant appearance, broad chest, and generally good coat quality	E.	Thin or fine-boned, with deep/large eyes and a tendency to seek warmth
13. Which situation would probably make your pet MOST uncomfortable?									
A.	Being restrained, controlled, bored, or prevented from something they want to do	B.	Being ignored, excluded, or left alone	C.	Unfamiliar people, environments, noises, or situations	D.	Conflict or disruption within their family/home environment	E.	Chaos, excessive noise, unpredictable schedules, or unclear expectations
14. When faced with a new challenge, your pet usually:									
A.	Charges in confidently and tries to conquer it	B.	Approaches enthusiastically and turns it into fun	C.	Takes their time but cooperates with encouragement—especially treats	D.	Studies the situation and methodically figures out what is expected	E.	Watches from a safe distance before deciding whether it is safe to participate
15. If your pet had a job title, which one fits best?									
A.	🌿 The General — leader, athlete, competitor	B.	🔥 The Emperor — entertainer, social butterfly, center of attention	C.	🌍 The Mother/Caretaker — nurturer, comforter, family companion	D.	⚙️ The Prime Minister/Organizer — dependable, orderly, purposeful worker	E.	💧 The Philosopher/Observer — thoughtful, sensitive, quiet observer