



## PONDERINGS OF FREEDOM

The following ponderings were chosen from various chapters by the same Risen Orchestrators who bequeathed us this book. Each is a proclamation about freedom, the One Gift of Creative Source, and which those of us still on Earth want to not only have, but to be. They are the ribbons on gifts of great fullness our Risen friends are offering to us, with the wish that upon opening them we will pass them on in the same spirit of love and benevolence.

- ∞ Our Risen Loved Ones are now more deeply conscious in an experience of spiritual freedom. We must become more conscious of our own spiritual freedom as well if we want to achieve and maintain a conscious awareness of a continued relationship with them.
- ∞ The Risen may experience aspects of emotional heartache, often directly connected with our grief. They are so happy to be joyous and free and want us to be relieved for and exultant with them. Their knowledge that we will also survive allows them to feel relief for us. Now we must endeavor to feel our freedom, which will enjoin us with them.
- ∞ Trying to undo their leaving is not really possible, and any attempt to make such a thing happen will only cause struggle, while preventing the freedom of our own experience of joyful movement.
- ∞ We refocus inwardly toward the flawless purity of our individual center, which is the world of the living spirit and which never dies. From there we can begin to rise into an endless universe of expansion, relief, peace, bliss, joy, and freedom.
- ∞ We always have the freedom of choice, which includes how we perceive the transition of a loved one—such as seeing it as relocation instead of annihilation.
- ∞ Fear not, for you have always been and always will be free. Release all fearful beliefs about death to feel the adventurous great fullness of your immortal freedom.
- ∞ The realization of the earthly warehouse becoming increasingly empty can be received as a positive sign. It signifies our temporary cocoon body, from which we will emerge anew and into a far more awakened spiritual state of freedom and light.
- ∞ The Risen exist where they always feel good. They have the freedom to choose to feel and thus learn through joy rather than suffering—and so they do—and so might we. They feel great joy and freedom because they have very, very high vibrations. If we want to feel the Risen and to communicate with them we must find a way to remove our resistance of suffering to match our vibrations to theirs, and also recognize opportunities to remove the resistance that is keeping such freedom from happening.

- ∞ If you can forget something hurtful a child said or did to you then you can forgive anyone. Very likely the child has forgotten all about it and does not mourn the memory. Are you disappointed that this sounds too easy? Perhaps the hard way has become easy for you. Untie your attachment to disappointment and see what happens. Try softer. If you can say “it was nothing” and also believe it, then it is done. You have freed yourself to continue moving onward and upward. This feeling of freedom is the movement toward meeting with our Risen Loved Ones.
- ∞ We have the complete and total freedom, ways and means to use our words to navigate our Ocean of Life as calmly, peacefully, and blissfully as we should ever desire with our Risen Loved Ones. This is the Principle of Freedom, which unfolds from our words—as all Principles of Spirit unfold. We get to choose the meaning of our words, which will define and then manifest our experience in this Ocean. “Ocean of Life” is another way of saying the Mind of Creative Source.
- ∞ Acquaint yourself with the freedom of letting go of your earthly beliefs about grief for a bit.
- ∞ “I have the advantage of not having to dwell in earthly time, and freedom to go wherever my mind takes me, which is in spiritual time.” (Spoken by Tim.)
- ∞ Eventually your transitioned animal friends will use their new freedom to explore further outside previous boundaries, but as long as you let them know that they always have a place with you they will return without hesitation. And when you at last make your transition, it’s a promise that they will be among the first to accompany you on your journey Home.
- ∞ Regardless of our individual awareness we and our Risen Loved Ones are still communing—we are together. This togetherness will remain in its form until it changes in relationship to whatever else is changing. This changing is transformation. Transformation can be experienced with any label we choose—each way has its own feeling. The freedom of choosing how to label an experience is the noticing of contrast. Feeling the contrast of any experience allows transformation to be entirely and infinitely flexible.
- ∞ More often than not a person of 21st century Earth has so little knowledge and understanding of the transition process—and what to expect—that their own relocation to the Risen lands results in *an appearance* of partial or even full paralysis rather than independent freedom. This is a result of having lived a mostly fear-based life on Earth and not resolving and transforming the fear during the time spent there, as well as neglecting the nurturing of their spiritual bodies.
- ∞ In the language of certain modern healing support systems, there must be rigorous honesty to achieve the true freedom we all want—especially if we want to connect with those who are, right now in this very precise moment, experiencing the higher freedom of an unconstrained Spirit in an unobstructed universe.
- ∞ We often give our freedom to ego-mind, while our Risen Loved Ones are offering us freedom of Mind.
- ∞ We can no more be forced out of our self-limiting place than we would force the premature opening of the butterfly’s cocoon to release it to greater freedom.

- ∞ My life must become more about me and how I want to ultimately feel and less about the feelings of others, which will return me to the feeling of total freedom. This freedom is the air I want to live in and breathe, the infinite ocean of life in which I want to swim and play with my Risen Loved Ones.
- ∞ Internalized programs of ego-mind convince us that there is a problem—and a serious one at that. We believe it instead of realizing there is no problem and then letting it go, and then getting back to enjoying the freedom we want to experience.
- ∞ Because we each have the freedom to make our own choices about how we want to respond to anything, we can set our own destination. This is quite different from believing in a destiny that was already set for us.
- ∞ We must continue to focus on our own feelings until we find that which makes us feel better. The feelings may lead us to the words, music, or even pleasant thoughts of a seascape or landscape that can become our touchstone to freedom. And once we are doing that, we will probably not even notice that we have let go of the string to the burdensome balloon we had been hanging onto, and that the elephant has also left the room—cleaner, lighter, happier, and free.
- ∞ Our up-and-outward expansion into freedom from fears is yet another form of transition while still embodied upon the Earth. In a real way it is being Risen on Earth.