



	MONDAY/LUNES	TUESDAY/MARTES	WEDNESDAY/MIERCOLES	THURSDAY/JUEVES	FRIDAY/VIERNES	SATURDAY/SABADO
09:30 - 10:15			POLE SPORT STATIC			POLE STRENGTH & CONDITIONING
11:00 - 12:00			EXOTIC POLE Nivel 1&2			POLE SPIN (10:45)
18:00 - 19:00	KIDS POLE FITNESS		KIDS POLE FITNESS			EXOTIC POLE Nivel 1&2 (12:15)
19:00 - 20:00		POLE SPIN	Introduction to Exotic Introducción a Exótico	POLE SPORT STATIC		
20:30 - 21:30		POLE SPIN	POLE LOW FLOW (20:00)	POLE SPORT STATIC		

DUE TO COVID-19 ALL CLASSES ARE TO BE PRE-BOOKED VIA OUR BOOKING SYSTEM  
FOR MORE INFO CONTACT US ON 687101730.