



® The Diamond Approach® NEW Inquiry group online

Saturdays: Nov 10, Dec. 1,8, 15, 2018, Jan 5, 19,2019—10am-11-30am Mountain Time

"Inquiry is in some sense an invitation for our Being to transform our experience, to change our lives." - A.H. Almaas, Spacecruiser Inquiry

Our exciting, live inquiry group online is flourishing! Please join us as we meet for an additional 6 weeks via Zoom videoconferencing. Returning and new members are very welcome to attend! Inquiry, the central practice of the Diamond Approach, offers a powerful, dynamic doorway to becoming more intimate with our own personal experience in the moment. It is a unique method of self-understanding. We will meet as a group and you will have the opportunity to work individually with the teacher in the supportive online presence of the other group members.

We will also explore and learn meditation, sensing practice, and teachings supportive to understanding the Diamond Approach.

The group format is useful to compliment and deepen your personal work.



Ilene Buchalter has been a Diamond Approach teacher since 2002, and a member of the Ridhwan School since 1980. She teaches groups and individuals living in Colorado, Florida and Southeast US , and internationally.

The **Diamond Approach**® to self-realization is a contemporary spiritual path integrating the teachings and practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature "in the world".

FEE: \$180 (\$150 if paid by 11/1/18)

Information or to Register: Ilene at buchalteri@msn.com or 720-206-7189 and send your payment to Ilene Buchalter., 6750 E Mexico Ave, Denver, CO 80224 or by PayPal.

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