



# THE DIAMOND APPROACH<sup>®</sup>

## NEW ONLINE INQUIRY GROUP SERIES DIAMOND APPROACH FLORIDA

*"Inquiry is in some sense an invitation...to transform our experience, to change our lives."*  
- A. H. Almaas, Spacecruiser Inquiry

Our inquiry group online is welcoming new and returning members! Everyone is invited, including those interested in the new Diamond Approach Florida group. Please join us as we meet for an additional six weeks via Zoom videoconferencing.

Inquiry, the central practice of the Diamond Approach, offers a powerful, dynamic doorway to becoming more intimate with our own personal experience in the moment. It is a unique method of self-understanding. We will meet as a group and you will have the opportunity to work individually with the teacher in the supportive online presence of the other group members.

We will also explore and learn meditation, sensing practice, and teachings supportive to understanding the Diamond Approach. The group format is useful to compliment and deepen your personal work.

The Diamond Approach to self-realization is a contemporary spiritual path integrating the teaching practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature in the World."

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**TEACHER:** Ilene Buchalter has been a Diamond Approach teacher since 2002 and a member of the Ridhwan School since 1980. She teaches groups and individuals in Florida, the Southeast US, Colorado, and internationally.

**LOCATION:** Online

**SCHEDULE:** Saturdays, August 24, September 7, 14, 21, 28, October, 19, 2019, 12n-1:30 pm. Eastern Daylight time

**COST:** \$180 (\$150 if paid by 8/15/19) for the series

**INFORMATION AND REGISTRATION:** Contact Ilene Buchalter at [buchalteri@msn.com](mailto:buchalteri@msn.com)

Or through our website:

[www.diamondapproachflorida.com](http://www.diamondapproachflorida.com)

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