

NEW ONLINE INQUIRY GROUP SERIES

JOIN STARTING FEBRUARY 6, 2021

"In the process of inquiry...the soul first throws away her old garb...."
- A. H. Almaas, Spacecruiser Inquiry

What supports us to be real in the face of the challenges we collectively face from living in this uncertain environment?

Inquiry, the central practice of the Diamond Approach, offers a powerful, dynamic doorway to becoming more connected with the real steadiness, loving- kindness, and true strength needed to help us in these unprecedented times.

Join us as we meet for 6 weeks and explore how to be real. You will have the opportunity to inquire individually with the teacher in the supportive online presence of the other group members. The Zoom format offers a remarkably wonderful and supportive environment for your inquiry process..

We will also explore and learn meditation, sensing practice, and teachings supportive to understanding the Diamond Approach. The group format is useful to compliment and deepen your personal work.

TEACHER: Ilene Buchalter has been a Diamond Approach teacher since 2002 and a member of the Ridhwan School since 1980. She teaches groups and individuals in Florida, the Southeast US, Colorado, and internationally.

LOCATION: Online

SCHEDULE: Saturdays- 10-11:30am Mountain time February 6, 20, 27, March 13, 2021 **COST:** \$120 for the 4-week series. Sliding scale available.

INFORMATION AND REGISTRATION: Ilene Buchalter at <u>buchalteri@msn.com</u> and register on my PayPal account which is my email address <u>buchalteri@msn.com</u>

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