

NEW ONLINE INQUIRY GROUP SERIES JOIN STARTING OCTOBER 3 DIAMOND APPROACH FLORIDA

"Inquiry is in some sense an invitation...to transform our experience, to change our lives."
- A. H. Almaas, Spacecruiser Inquiry

Diamond Approach Florida, an open group, welcomes members of the public to this online inquiry group series. Please join us as we meet for five weeks via Zoom.

Inquiry, the central practice of the Diamond Approach, offers a powerful, dynamic doorway to becoming more intimate with our own personal experience in the moment. It is a unique method of self-understanding. We will meet as a group and you will have the opportunity to inquire individually with the teacher in the supportive online presence of the other group members.

We will also explore and learn meditation, and sensing practice, which are supportive to understanding this path. The Diamond Approach transmits very effectively on Zoom.

The Diamond Approach to self-realization is a contemporary spiritual path integrating the teaching practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature in the World.

TEACHER: Ilene Buchalter has been a Diamond Approach teacher since 2002 and a member of the Ridhwan School since 1980. She teaches groups and individuals in Florida, Colorado, the Southeast, across the US, and internationally.

LOCATION: Online

SCHEDULE: Saturdays, noon-1:30 pm. EDT October 3, 10, 31

November 7, December 5, 2020

COST: \$150 for the 5-week series. Sliding scale available.

INFORMATION AND REGISTRATION: Contact Ilene Buchalter at <u>buchalteri@msn.com</u> Or on our website: <u>www.diamondapproachflorida.com</u>

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