



THE DIAMOND APPROACH®

NEW ONLINE INQUIRY GROUP SERIES

STARTING THURSDAY JANUARY 15, 2026
DIAMOND APPROACH FLORIDA

"In the process of inquiry...the soul first throws away her old garb...."

- A. H. Almaas, *Spacecruiser Inquiry*

Please join us as we meet live for 5 weeks via Zoom. Diamond Approach Florida is an open group welcoming new participants.

Inquiry, the central practice of the Diamond Approach, offers a powerful, dynamic doorway to becoming more intimate with our own personal experience in the moment. It is a unique method of self-understanding. We will meet as a group and you will have the opportunity to inquire individually with the teacher in the supportive online presence of the other group members.

We will also explore and learn meditation, and sensing practice, which are supportive to understanding this path. The Diamond Approach transmits very effectively on Zoom.

The Diamond Approach to self-realization is a contemporary spiritual path integrating the teachings and practices of the ancient wisdom traditions with modern depth psychology. Developed by Hameed Ali, it is an ever-evolving teaching that emphasizes the realization and living of our True Nature in the World.

TEACHER: Ilene Buchalter has been a Diamond Approach teacher since 2002 and a member of the Ridhwan School since 1980. She teaches groups and individuals living in Colorado, Florida, the Southeast, across the US, and internationally.

LOCATION: Online

SCHEDULE: Thursdays, 6:30 -8:00pm EDT
(4:30pm-6pm. MDT)

January 15, February 26, March 12,
April 2, 23, 2026

COST: \$180 (\$150 if paid by 1/9/26) for the 5-week series.
Sliding scale available.

INFORMATION AND REGISTRATION:

Contact Ilene Buchalter at buchalteri@msn.com or
On the website www.diamondapproachflorida.com

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