



Patient Membership Agreement with Blue Concierge Medicine

Welcome to Blue Concierge Medicine! We are honored that you have chosen us to take your healthcare journey to the next level. By limiting our membership, we are able to deliver exceptional access, personalized attention, and proactive care that redefines wellness.

This agreement outlines our partnership – please review it carefully.

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Our Commitment to You

At Blue Concierge Medicine, our goal is to empower you to thrive. We focus on longevity and vitality, blending cutting-edge primary care with tailored strategies to optimize lifespan and health span. Our approach emphasizes proactive prevention, integrating the most current evidence-based principles in longevity, anti-aging medicine, and collaborating directly with you to support you and your health decisions.

Our Core Pillars of Care:

Our care model is built around 5 core pillars that guide our proactive approach to your personalized health plan.

- Neurovascular Health: We focus on maintaining brain and vascular health through early detection and prevention of stroke and dementia.
- Cardiovascular Health: We work proactively to prevent heart attacks and heart failure through advanced risk assessment, early intervention, and precision-based management of heart health.
- Metabolic Health: We target the root causes of metabolic disease to prevent or reverse diabetes and obesity, helping you maintain balanced energy, body composition, and long-term metabolic health.
- Cancer Detection: With 90% of Stage 1 cancers being curable, we use cutting-edge screening and diagnostic strategies to find cancer before it finds us.
- Hormone Health: As hormones naturally decline with age, we use targeted evaluation and treatment to restore balance. Optimizing hormones supports cardiovascular, neuromuscular, and metabolic health while preventing cancer and slowing many processes associated with aging.

Empowering Your Health:

Shared Decision-Making, Advocacy, and Personal Responsibility

We believe the best healthcare is based on an active partnership and dialogue between you and your physician. We want to ensure that your voice is central in your healthcare journey.

Our role is to enhance your healthcare experience by creating a personalized plan that aligns with your goals, connecting you with trusted resources, and supporting you through informed, shared decision-making.

You remain in the driver's seat. We encourage you to take ownership of your health by asking questions, exploring options, and making choices that fit your life.

What is Shared Decision-Making and Why is it Important?

Shared decision-making is a collaborative process where you and your physician work together to make informed healthcare choices.

We prioritize educating you on the pros and cons of each decision, empowering you to make choices that align with your values and preferences in life.

As your advocates, we'll navigate complex systems, coordinate care, and serve as a second opinion you can trust. In turn, we ask you to engage actively – understand your options, commit to lifestyle changes, and advocate for yourself. This shared responsibility unlocks your best health.

How We Support Your Care:

We are committed to your care every step of the way. Your care doesn't end when your appointment does. As a member you benefit from the following services:

Unparalleled Access

- 24/7 direct connection to your physician via cell, text, or office line – your lifeline for peace of mind.
- Telemedicine consultations (phone or video) from anywhere in the world.
- Access to your medical records, results, and prescription refill requests online through our Athena Patient Portal

Comprehensive In-Office Care

- In-office primary care for ages 16+, including all routine and urgent visits.
- Expanded annual physicals that focus on prevention and detection.
- In-office blood draws and EKGs.
- Minor Procedures (sutures, abscess drainage, and burn/wound care).

Expert Coordination

- Accelerated, integrated support for hospital admissions and emergency visits.
- Priority scheduling for outpatient radiology tests and with external consultants.
- Referrals to respected, specialized physicians.
- Teamwork approach with your specialists, including review of their recommendations and direct communication.

How You Can Help Us Best Support Your Care:

- Keep us informed about any health decisions and events including any additional doctors you may be seeing or procedures you might be having that were not arranged by our office. That way we can coordinate care, provide pre-authorizations, and exchange records as needed.
 - This includes emergency calls to 911 – our physicians want you to notify them immediately after you have called 911 so they can work with the emergency team and provide health information as needed.
- Let us know of any issues you may experience at a referred physician's office. A key way we get priority scheduling for our patients at other offices is by leveraging our relationships with the physicians. Letting us know helps us follow up and preserve that relationship and accelerated access.

Membership Fees

Your membership fee covers the previously listed services. The membership fee is not insurance or a discount plan. You won't face co-pays or balance billing from us. Additional charges apply for hormone optimization, custom pharmacy orders, or requested services beyond those listed.

- **Individual:** \$6,956 annually
- **Couple (same household):** \$11,595 annually
- **Children (16-25):** \$1,600 each if both parents/guardians/grandparents are members

Fees increase 3% annually on renewal.

The 12-month term starts upon signed agreement; payment and membership will auto-renew unless membership is cancelled via a 30-day written notice of non-renewal. Payment is due in full before your first visit.

For all credit card payments, a 3.5% processing fee applies.

Cancellation and Notices

Either party may cancel with a 30-day written notice for any reason. You'll receive a pro-rated refund for any remaining semi-annual periods; we'll refund unearned membership fees if we cancel. All notices must be written and delivered by hand or mailed to our address.

Additional Services

We also offer bioidentical hormone replacement therapy, discounted and prioritized access to whole body MRI scans, supplementary access to GLP1s, and pharmaceutical grade supplements. These services are not included with the membership fee. If you are curious about opting in, please let us know so our physicians can discuss it with you.

Insurance

While our office does not submit claims to health insurance, we still strongly recommend maintaining health insurance for services we don't provide, such as labs, specialists, or hospitalizations. You (or your insurance) pay those providers directly.

Questions?

We're here to help, contact us at (239) 610-1230 to discuss!

Patient Membership Agreement – Signature Page

I, _____, agree and accept the terms, conditions, and fees outlined in this Patient Membership Agreement with Blue Concierge Medicine.

Agreed and Accepted

This ____ day of _____, ____.

Patient Name: _____

Patient Signature: _____