



SUMMER PROGRAM 2022
TOGETHER WE GROW

YOUTH AND FAMILY CENTER OF MCHENRY COUNTY

Summer

CAMP 2022

JUNIO 6, 2022 - AGOSTO 4, 2022

GROW & HAVE FUN!

Join YFC this summer for 9 weeks filled with fun and engaging activities. Each week will have a special theme chosen by current YFC members!

YFC SUMMER PROGRAM DETAILS

Quality, affordable programming for youth, entering grades 1-12 to explore their unique interests and connect with their community.

- Youth registration and assessment must be completed to participate in YFC summer programs. Space is limited so sign up quickly.
- Lunch will be provided to youth thanks to Northern Illinois Food Bank from 12-12:30.
- All field trips require separate permission slips to be signed by parents/guardians.
- YFC Summer Program Catalog in the back.

TRANSPORTATION

Limited transportation to program will be available for those who are eligible. Transportation to field trips will be provided for all youth participants. Transportation home will need to be worked out by parents/guardians.

**3430 W Elm St.
McHenry, IL 60050**

For more information:
Call 815-322-2357
OR VISIT OUR WEBSITE @ YFC-MC.ORG

YOUTH AND FAMILY CENTER OF MCHENRY COUNTY

TOGETHER WE GROW

SUMMER PROGRAM CATALOG

**Lunch will be provided by Northern Illinois Food Bank everyday from 12-12:30 PM. Programming time varies by week:*

WEEK 1: JUNE 6 - JUNE 9 COMMUNITY GARDEN WEEK

Spend this week planting something special near YFC's roots. Be apart of creating a beautiful **pollinator garden** for the community to enjoy for years to come.

M-TH 12-4 PM | **1ST-8TH GRADE**
LOCATION: **MON** DROP-OFF/PICK-UP AT YFC
T-TH DROP-OFF/PICK-UP AT YFC COMMUNITY GARDEN
4518 GARDEN QUARTER RD, MCHENRY, IL 60050

WEEK 2: JUNE 13 - JUNE 16 MOVEMENT WEEK

Get active this week with our community! Play sports with officers from our **McHenry Police Department** and **YFC volunteers**. Also includes a special trip to **Rush Creek** to try different "sports" that Native Americans used to play! Teen Thursday will also be provided this week where our teen will get the opportunity to explore downtown Woodstock.

M-WED 12:30 -4 PM **1ST-8TH GRADE** | TH 1-4 PM **6-12TH GRADE**
LOCATION: DROP OFF/PICK UP AT YFC
*TRANSPORTATION FOR FIELDTRIPS WILL BE PROVIDED BY YFC
*TRANSPORTATION WILL BE LEAVING AT 12:30 PM

WEEK 3: JUNE 20 - JUNE 23 COPING SKILLS WEEK

Come and explore different **coping skills** this week ranging from chill forest walks and activities in **McHenry County's own conservation areas** and a boxing class with a community boxing coach.

M-TH 12:30 -4 PM **1ST-8TH GRADE**
LOCATION: DROP OFF/PICK UP AT YFC
*TRANSPORTATION FOR FIELDTRIPS WILL BE PROVIDED BY YFC
*TRANSPORTATION WILL BE LEAVING AT 12:30 PM

WEEK 4: JUNE 27 - JUNE 30 ANIMAL WEEK

If animals make you happy, this week is for you! This week you will spend getting up close and personal with friendly animals at **Mainstay Therapeutical Farm**. Come and enrich your mind, body and spirit through powerful connections with horses, animals and nature.

M-TH 1-4 PM **1ST-5TH GRADE**
LOCATION: DROP-OFF/PICK UP AT YFC
*TRANSPORTATION FOR FIELDTRIPS WILL BE PROVIDED BY YFC
*TRANSPORTATION WILL BE LEAVING AT 12:30 PM

WEEK 5: JULY 5 - JULY 7 MUSIC WEEK

Come enjoy a **cool drum circle** in mother nature located at Harrison Benwell Conservation area. Additionally to visiting nature come **grow your imagination** with fun literacy activities with A to Z Literacy. Teen Thursday will be provided this week as well with different musical activities.

TUES-WED 12-4 PM **1ST-8TH GRADE** | TH: 12-4 PM **6-12TH GRADE**
LOCATION: DROP-OFF/PICK-UP AT YFC
*TRANSPORTATION FOR FIELDTRIPS WILL BE PROVIDED BY YFC
*TRANSPORTATION WILL BE LEAVING AT 12:30 PM

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WEEK 6: JULY 11 - JULY 14 WATER WEEK

Come dip your feet in water for our water week. We will be exploring the outdoors, to go on a **scavenger hunt hike, canoeing, fishing** and we will visit our **local pool** in McHenry.

M-W 12-4PM **1ST-8TH GRADE** | TH 1- 4PM **6-12TH GRADE**
LOCATION: **MON-TUES:** DROP-OFF/PICK-UP AT YFC
*TRANSPORTATION WILL BE LEAVING AT 12:30 PM
WED: DROP-OFF/PICK-UP AT KNOX PARK MCHENRY POOL
330 KNOX DR, MCHENRY, IL 60050
TEEN THURS: DROP-OFF/PICK-UP AT PETERSON PARK "BEACH SIDE"
4300 PETERSEN PARK RD MCHENRY, IL 60050

WEEK 7 & 8: JULY 18 - JULY 28 CREATE AND DESIGN WEEK

OPTION A JULY 18 - JULY 28 *TWO-WEEK OPTION

CONTENT CREATION WORKSHOP

If you enjoy **creating new designs** and want to experience college at a young age. Come and join what MCC kids has to offer. You will be able to work with computers and new programming that can be **beneficial in discovering your true passions and make a social impact.**

M-TH 12-4 PM *TWO WEEK PROGRAM | **6TH - 12TH GRADE**
LOCATION: MCHENRY COUNTY COLLEGE -SHAH CENTER
4100 W SHAMROCK LN, MCHENRY, IL 60050
***MUST ATTEND BOTH WEEKS**

OPTION B JULY 18 - JULY 28 *ONE OR TWO-WEEK OPTION

CULINARY WEEK 7: JULY 18-21 | WEEK 8: JULY 25-28

Cooking at a chef level? For all those little ones that enjoy helping mom out in the kitchen or even want to learn how to **cook something new**. Come and join our **MCC kids program** were you will learn about new recipes.

M-TH 12:30 -4 PM | **5TH - 12TH GRADE**
LOCATION: DROP-OFF/PICK-UP AT YFC
*IN COLLABORATION WITH MCHENRY EAST CAMPUS

WEEK 9: AUGUST 1 - AUGUST 4 COMMUNITY WEEK

Get down and moving! Last activity before the summer ends. This week we will have a **group bike ride** were we will **explore our wonderful community**. We will also be able to experience a dance class taught by a dance instructor.

M-W 1-4 PM **1ST-8TH GRADE** | TH 1-4 PM **6-12TH GRADE**
LOCATION: **MON/WED/THUR:** DROP-OFF/PICK-UP AT YFC
TUES: DROP-OFF/PICK-UP AT LOST VALLEY VISITOR'S CENTER
6720 KEYSTONE RD, RICHMOND, IL 60071

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