



IMPORTANT MESSAGE

As a social service provider for our county, Youth and Family Center of McHenry County (YFC) has been closely monitoring the news and best practices regarding the spread of the Coronavirus (COVID-19). The safety and security of our students, staff, and families is always our top priority and remains so during the emerging and rapidly changing situation surrounding Coronavirus (COVID-19). **We have made the difficult decision to close YFC beginning Monday, March 16, until further notice.**

We recognize that this poses a significant challenge for you and your family. McHenry County is a strong community and will persevere through this difficult time. While you are at home, we want to stress that maintaining your health and safety is top priority.

First, in case of an emergency, contact 911.

Dialing 2-1-1 in McHenry County will connect you to a call center that will direct you to an appropriate social service agency or nonprofit organization. Trained specialists can quickly assess your needs and offer knowledgeable information and referral for services including rent and utility assistance, food banks, affordable housing, health resources, child care, elderly care, financial counseling, job training, and much more. 2-1-1 is simple to remember, accessible to everyone, and available 24/7/365 at no cost.

24/7 CRISIS INTERVENTION LINE: Anyone who needs to talk or who is looking for someone to help them explore options to work through a crisis can call the Crisis Line at **800.892.8900**.

If additional services are needed, Crisis Line staff can refer callers for a face-to-face crisis assessment with a specially trained clinician.

Clinicians are available 24/7 to help people with personal or family problems, which might include:

- Depression
- Major life changes
- Marital problems

- Anxiety
- Mental illness
- Thoughts of suicide

The Coronavirus is thought to be spread via person-to-person contact through contaminated air droplets from coughing and sneezing by an infected person. As with controlling the spread of other viruses, we urge you to speak to your child about the following prevention measures:

1. **Wash your hands regularly**, especially after using the restroom and before preparing or consuming food. Using soap and hot water, wash for about 20 seconds. Teaching children to measure this by singing a short song as they wash (i.e The ABC's or Happy Birthday) will ensure they are cleaning up for the correct amount of time. Be sure to also wash your fingertips.
2. **Avoid coughing or sneezing into your hands or in the air.** Always try to cough or sneeze into a tissue, then throw the tissue away. If you don't have a tissue, cough/sneeze into your arm.
3. **Avoid touching your eyes, mouth and nose.** This is hard for children so remind them that they should wash their hands if this occurs.

The symptoms of Coronavirus include fever, lethargy, lack of appetite, and coughing. If experiencing all of these symptoms, please call your primary doctor. McHenry County has resources in place for those who are without insurance and/or low income, regardless of your legal status:

McHenry Community Health Center
3901 Mercy Dr
McHenry, IL 60050
(815) 363-9900

The Family Health Partnership Clinic
401 Congress Pkwy
Crystal Lake, IL 60014
(779) 220-9300

Community Health Partnership
62 N Ayer St.
Harvard, IL 60033
(815) 943-4339

Aunt Martha's Woodstock Community Center
3703 Doty Rd., Medical Bldg. 1, Suite 1,
Woodstock, IL 60098
(877) 692-8686

Other than health concerns, we recognize that this poses other significant challenges such as childcare and financial burdens. Please refer to the following links regarding DCFS guidelines and other helpful McHenry County resources.

https://www2.illinois.gov/dcf/safekids/safety/Documents/prepar_KidsSP.pdf

<https://www.mchenry.edu/peopleinneed/PINDirectory.pdf>

In case of emergency please call 911, **McHenry Crisis Line (800) 892-8900**. For further information McHenry 211. If you have questions, please do not hesitate to call YFC for

assistance in navigating this health issue. Staff will be on hand for calls during the weekdays during our regular business hours or leave a message and we will get back to you as soon as we are available.

Thank you so much for your understanding and for helping ensure that we are all providing our children with the best practices to assist in keeping this disease from spreading among our families and our community. We are hoping for a safe and swift resolution to this health dilemma.

Youth and Family Center of McHenry County

<https://www.facebook.com/yfcmchenrycounty/>

<https://yfc-mc.org/>

(815)322-2357

