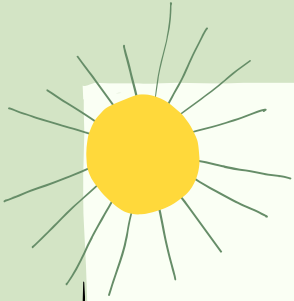


SEED MAIL ECO TIPS

CHOOSE ONE OF THE FOLLOWING PRE-POPULATED
ECO TIPS OR CREATE YOUR OWN TIP!



TREE UP YOUR YARD

Planting trees in your yard has many benefits such as improving air quality, reducing impacts from storm water runoff, creating an environment with less stress, increasing property value and reducing energy bills.

TINY HOME LIVING

There is an International Residential Code (IRC) that includes legal model regulations for Tiny Homes. These can be adopted by local authorities to support tiny home living around the globe!

COMMUNITY GARDENS

Consider developing a garden in partnership with your neighbours or local school. Gardens provide a place to gather, educate, exercise and learn together - suitable for any age group.

HOMEMADE CLEANERS AND CARE PRODUCTS

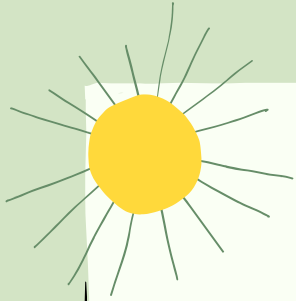
Consider experimenting with making your very own cleaners and care products - simple ingredients such as vinegar, coconut oil, baking soda, honey and essential oils provide a world of options to experiment with!

EATING LOCAL

Every choice we make counts towards our footprints on the Earth. Join a local farming group, purchase food from a near by co-op or begin to extend the life of your veggies by growing scraps of celery, lettuce, garlic and green onions.

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TREE FREE LIFE

To help curb rapid global deforestation, consider adding "mail only" to your mailbox to curb the junk, use online banking, try replacing paper towels with reusable cloths and switch to online subscriptions of your favourite newspaper.

SMART ORGANIZATION

Creative home design can help you reduce you and your families living space needs. Consider integrating storage into your stairs or floors or invest in fold away tables or beds.

ECO FRIENDLY GIVING

Consider gifting an experience like a surprise picnic, hike or a donation to a worthy cause, or perhaps give a plant, seeds or home baked treats to that special someone, while taking a lighter footprint on Mother Earth.

BUILDING WITH ADOBE

Consider local earth or clay for your building projects, mixed with sand and straw. Adobe is non-toxic, biodegradable, allows for creative architecture and can last for hundreds of years.

WHY HEMP MATTERS

Hemp is a sustainable building material that absorbs CO₂ as it grows. Hempcrete is a form of renewable insulation that is fire resistant and at the end of the building's life, it can be recycled and used again in building projects.

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HARVESTING THE RAIN

Rain water can be collected, filtered and stored for uses such as flushing toilets, or if treated appropriately, could even become a source of drinking water. It can help to reduce flooding and save hundreds of \$ on water bills.

OFF GRID LIVING

Living off "the grid" does not mean living with zero electricity as there are many renewable sources that can be used to transition to a self-sustaining energy lifestyle like solar, wind, micro hydro and wood or a combination of these!

VERMICOMPOSTING

If you are looking for a simple, easy and cost effective way to create high quality compost, build a DIY worm bin! All you need are a few simple materials and a handful of red wiggler worms. Properly managed bins have no odour and can be harvested every 4 to 6 months.