# Seeds for Eco Communities "Eco Village Adventure" Activity



### 1. Overview:

The "Eco Village Adventure" is a hands-on and interactive activity designed to raise awareness among youth about sustainable off-grid living. Participants will engage in a simulated experience of building and living in a self-sufficient eco village. This activity aims to foster environmental consciousness, teamwork and problem-solving skills, while inspiring participants to adopt sustainable practices in their own lives.

### 2. Materials, Space and Time Needed:

- **2.1.** Large outdoor space or indoor area (depending on availability and weather conditions, select accordingly)
- **2.2.** Various props, cardboard posters/display boards and pens that will be used to represent building materials, plants, recycled objects and sustainable energy sources (e.g., solar panels, wind turbines, rainwater harvesting systems, etc.)
- 2.3. Activity time required total 2 hours allow 20 minutes for activity preparation to gather some props/resources on off-grid living and allow 1 hour and 40 minutes to deliver activity

## 3. Activity Instructions:

- 3.1. Introduction and Background (15 minutes):
  - **3.1.1.** Gather a group of participants and briefly introduce the concept of sustainable off-grid living, highlighting its importance and relevance in the current world
  - **3.1.2.** Share real-life examples of successful eco-villages or sustainable communities to inspire the participants
  - **3.1.3.** Utilize resources from <u>Seeds for Eco Communities website</u> to support you
- 3.2. Eco Village Planning (20 minutes):
  - **3.2.1.** If you have a larger group, divide participants into smaller groups of 4-6 participants each and encourage teamwork
  - **3.2.2.** Explain that the group(s) will be responsible for designing and constructing their own eco village within a given space
  - **3.2.3.** Provide basic guidelines for the design, such as incorporating renewable energy sources, sustainable agriculture, water conservation, waste management, community sharing and eco-friendly infrastructure
  - **3.2.4.** Have the team select from available props and cardboard materials that will be used to support development of their eco village
- **3.3.** Eco Village Construction (40 minutes):
  - **3.3.1.** Give participants time to plan and construct their eco villages as a team using the materials provided
  - **3.3.2.** Encourage creativity and problem-solving while ensuring guidance is provided towards sustainable living principles

#### 3.3.3. Facilitate discussions and answer questions as needed

- 3.4. Eco Village Showcase (15 minutes):
  - **3.4.1.** Once the construction phase is complete, invite each group to present their eco village to others (presentations could range from 3 to 10 minutes depending on the number of groups participating)
  - **3.4.2.** Encourage participants to explain their designs' sustainable features and benefits
  - 3.4.3. Allow time for questions and discussions among the participants
- **3.5.** Knowledge Exchange and Reflection (15 minutes):
  - **3.5.1.** Facilitate a group discussion to share the lessons learned, challenges faced and potential solutions for sustainable off-grid living
  - **3.5.2.** Display informational posters or display boards highlighting sustainable practices, energy conservation, waste reduction, and biodiversity preservation in the classroom, home or other shared spaces
  - **3.5.3.** Encourage participants to reflect on how they can implement sustainable living principles in their daily lives
- 3.6. Conclusion and Call to Action (10 minutes):
  - **3.6.1.** Summarize the key takeaways from the activity, emphasizing the importance of sustainable off-grid living as one of the key solutions for a better future
  - **3.6.2.** Provide participants with resources such as online tools and details on local organizations that promote sustainable living
  - **3.6.3.** Encourage participants to share their knowledge and experiences with others, spreading awareness and inspiring positive change

# Vison Forward

By engaging in the "Eco Village Adventure," youth will have a fun and immersive experience and gain valuable insights into sustainable off-grid living. This activity aims to empower them to become advocates for sustainable practices, leading to a more environmentally conscious and resilient future.