

Lesson 1: Living Off Grid

NO: 1 OF 4

WHAT SELF SUSTAINABILITY LOOKS LIKE

WHAT IS LIVING OFF GRID?

- To live without reliance on city water or energy
- Creating your own renewable energy sources (e.g., solar power from the sun)
- Creating a community that grows their own food
- Living respectfully together with your surrounding environment



REASONS TO LIVE OFF GRID

- Lowers your carbon footprint on the earth
- Saves your family money
- Build a creative and unique living space together
- Make your own foods and natural home remedies
- A happier and healthier physical, emotional and mental well-being
- Share knowledge with others on sustainable living



JOIN THE GREEN RANGERS

Green is hip and trendy



Being eco-conscious can save you money



Saving the planet is a team effort



Sustainable living is a growing market

WHAT YOU CAN DO

- Learn about different types of off grid living to see which may be of interest to you
- Visit off grid communities around the world to learn from their experiences
- Take courses of interest in green living and buildings
- Begin challenges to minimize the amount of "stuff" you have, focus on what you really need

