

# Lesson 2: Growing Your Own Garden NO: 2 OF 4



# THE FUN OF GARDENING FOR KIDS

### GARDEN LEARNING

#### Learn About Your Garden

- Take a scoop of soil from where you plan to plant and examine it under a magnifying glass. Write down what you see!
- Feel the soil to see how wet it is, record this information in your notebook
- Use your hands and spade and move around chunks the soil in your garden, do you see any worms or garbage?

What makes a healthy garden? A healthy garden needs the sun, it should be free of litter, and soil should be kept moist and occupied by worms to help spread air and water throughout. Soils that are rich in nutrients are ideal for plant growth.

# REASONS TO BUILD A GARDEN

- Learn how to grow your own fruits, vegetables and herbs
- Provides a welcoming habitat for the local bees and butterflies
- Saves you and your family money by providing fresh and healthy produce
- Creates a space that is ideal for play, yoga and quiet time
- Brings a burst of beautiful colour into your yard
- Could provide food for the local bunnies!



## GARDENING METHODS



## GARDEN TIPS AND TRICKS

- Many plants need a lot of sun, while others require less, try and plan to have your garden oriented south!
- Mulch around plants helps to maintain moisture
- Save your seeds to grow for the next season
- Create your own nutrient-rich compost from your food scraps



