

SIMPLE WAYS TO REDUCE THE AMOUNT OF PLASTIC IN YOUR LIFE!

- Buy in bulk
- Purchase products that have minimal packaging
- Bring your own grocery bags when shopping
- Say no to plastic straws
- Pack your lunch in reusable containers and bags
- Bring reusable mugs and bottles everywhere you go
- Use a bamboo toothbrush
- Switch from disposable razors to ones that have replaceable blades
- Avoid bath products that contain microbeads