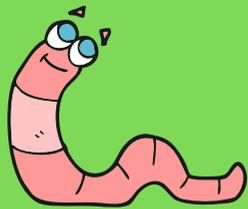
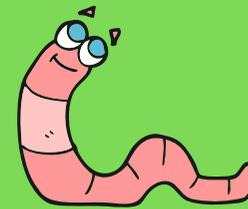


VERMICOMPOSTING

Vermicomposting is a simple, easy and cost-effective way to create high-quality compost materials at home, while diverting your organics from traditional disposal options that have a much higher carbon footprint (e.g., landfill, municipal organics collection, etc.) A worm bin makes for great low maintenance pets and is a wonderful educational tool for children!



The Red Wigglers



There are special worms, often referred to as “red wigglers,” that are ideal for the process of vermicomposting. These worms essentially munch through your left-over kitchen scraps that are mixed in a moist bedding of paper towels. In their digestive process, these worms provide some delicious vermicast that has lots of nutrients and reduced levels of contaminants. Be sure to select paper towels that are chemical free for this process.

Starting Your Own Vermicomposter

Set up costs for home-made vermicomposting bins can typically range from \$10 to \$30 depending on the materials selected. A sturdy plastic bin with a tight lid and few simple holes makes a great base for your worm home. Often a tray is also placed under the bin to catch any liquid residue. The last ingredient is the worms! You can inquire online to get a handful of worms to get started, and you don't need many as they reproduce at an extraordinarily fast rate. Vermicomposting bins can also be purchased premade online, many of which provide year-round compost. Once your bin is ready, layer it with moist paper towels, worms and a few food scraps.

