

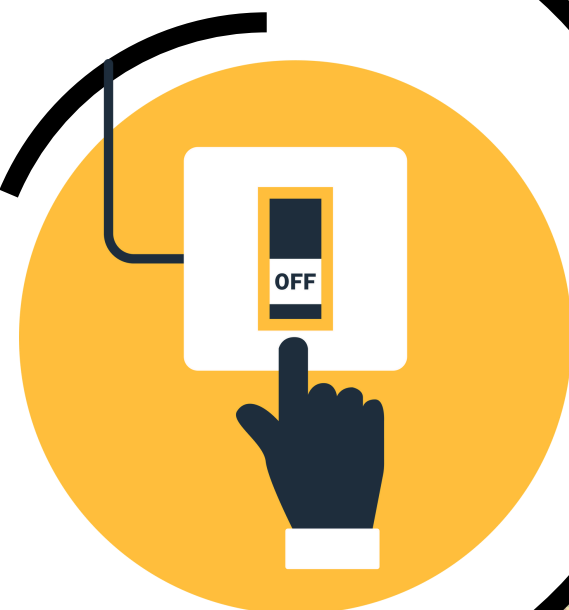
Activities to Move  
the Yardstick Towards  
Off Grid Living!





# What Does Living Off Grid Mean?

Off-grid living is a conscious choice to optimize self-sufficiency in how you live at home, by seeking alternatives to traditional resources for food, water and electricity. This activity shares simple solutions that can begin to be integrated into your home to transition towards an off grid or less grid dependent lifestyle.





Build a DIY wind turbine to offset energy needs in your home. This can be accomplished with simple materials like an old rain barrel, dolly, motor and a few simple tools and wires. Lets also not forget that you need a windy spot near the home! If all is working well this can be scaled up over time, further reducing energy grid reliance.

Innovation  
with Wind





## Outdoor Solar Hot Water Shower



If you want to take your outdoor experiences to the next level consider building a simple outdoor solar shower in your back yard. This will reduce both energy and water pressures from the grid. A 5 gallon black bucket with shower like holes drilled in the bottom, filled with water, left in the sun and then suspended - will provide a 10 minute warm shower!




## Grow Your Own Food

Sounds simple, but something that takes some innovation, especially if you live in frosty climates. Build some raise beds for the summer and experiment with underground greenhouses for the winter. These can be created with a hole dug in the ground, shelves, PVC pipes and plastic sheets. Check out online videos to learn more about how to make this a reality.







There are countless ways to let your creative and innovative juices flow in moving the yard stick towards an off grid lifestyle. Don't be afraid to experiment and share your successes with your family and friends. If you find a great way to do something share your knowledge online with the rest of the world - for free - so we can all learn and grow together.

Get  
Creative,  
the Sky is  
the Limit!