

Week #26 Progress Report		
Day	Count	Arrow Average by Round Type/Setup
		A
Mon	137	8.98
Tue	0	
Wed	200	
Thu	0	
Fri	143	
Sat	114	9.01
Sun	0	
Arrow Count	594/800 [74%]	

Progress Report: Legend
A Outdoor [10]: Default Setup

*The number in [] is the maximum arrow value for an arrow shot in the type of round, e.g. for WA 70/720, 10 is the maximum arrow score value or Outdoor[10]

Journal Entries for the Week		
Monday, 25 June 2018		
3:14 PM - [558] Arrow Count: 47		
Default Setup		
Sights settings for Canberra's		
3:38 PM - [559] Practice		
New Personal Best!		
WA: WA 60/900	808/900	8.98
Xs: 16	10s: 12	9s: 39
Gold: 74.44%		
X10,9: Default Setup (Arrows: 90)		
Wednesday, 27 June 2018		
6:47 PM - [560] Arrow Count: 200		
Default Setup		
Blank butt		
Ensure that top finger hook more on pad of finger		
Stretch hand out more to get clean release		
Tilt head more to left to correct cant		
Friday, 29 June 2018		
3:05 PM - [562] Arrow Count: 143		
Default Setup		
60m		
Tilt head more left to straighten riser		

Arrows grouping now more left		
Saturday, 30 June 2018		
9:11 AM - [563] Arrow Count: 24		
Default Setup		
Warmup- club shoot		
9:30 AM - [564] Club		
New Personal Best!		
WA: WA 60/900	811/900	9.01
Xs: 7	10s: 19	9s: 45
		Gold: 78.89%
X10,9: Default Setup (Arrows: 90)		
SOPA club shoot		

Reported using ArcherySuccess.com