Camp Savio Packing List

	Bible		Bug spray
	Journal / Pen / Highlighter		Flashlight w/batteries
	Rosary		Sunscreen / Aloe
	Sheets (or sleeping bag) / pillow		Sunglasses
	Electric Fan (highly recommended for guys dorm)		Hat / Bandanna
	A set of clothes and a pair shoes to get dirty and		Rain jacket or umbrella
	throw away (not white)		Brush / comb
	Clothing that is comfortable but appropriate (for		Toothbrush / toothpaste
	climbing and outdoor games - see rules section for		Alarm clock
	clothing below)		Soap
	Sweatshirt or jacket for the evening (or chilly		Shampoo / Conditioner
	auditorium)		Deodorant
	Swim suit		Underclothes
	Toiletries		Socks
	Towels		Medicine
	Tennis shoes / shower shoes		Water bottle
\Box	Money for snacks and t-shirts in the camp store	n	Life Jacket (if you have one)

What NOT to bring

- <u>Cell phones</u> (parents may contact Conception Abbey or the group leader in the event of an emergency)
- Mp3 player
- Radio
- Tobacco products
- Alcohol
- Weapons

- Lighters
- Magazines
- Computers
- Portable game devices
- Inappropriate clothing
- Anything that may distract you from experiencing the fullness of camp

Rules on clothing:

At Camp Savio, we require all campers and adults to respect the dignity of others and uphold the sacredness of the Benedictine Monk's prayer spaces through their speech, behavior and attire. A variety of camp activities also require appropriate clothing for safety and comfort. All campers are required to adhere to the dress code below:

- Shirts must cover the shoulders and chest No spagnetti straps / no side open t-shirts
- Shorts must be at least a 2" inseam for girls / 5" inseam for guys
- No clothing with inappropriate writing, logos, or messages (ie alcohol logos, profanity, etc)
- One piece bathing suits for girls (Tankinis are okay) / swim trunks for guys (minimum 5" inseam)
- Closed toes shoes must be worn in the mud pit and on the low ropes

Rules on Medicine

During the week of camp, we have a nurse on hand. Medicine must be handed over to the nurse at registration. Please have clearly marked when your child needs to take their medication.





