

### Horse of the Americas Newsletter

**Volume 8 Number 1** 

January 2010

# 2009 HORSE OF THE AMERICAS AWARDS

by Kathy Peacock, HOA Awards Chair

I would personally like to thank each and every member who has worked so hard this year out there trail riding, showing, competing and promoting your Colonial Spanish horses. It is exciting to see so many members and especially members under 18 becoming involved with the horses.

I know record keeping isn't always the most fun part of horse ownership, but thank you for diligently keeping track of your points and turning them in. I would also like to say Thank you to all of the participants for being patient about the new changes to the award program and the point sheets.

The Horse of the Americas Awards Committee is proud to announce the winners of 2009.

#### Buckaroo Award:

<u>Sarah Kerr-Applewhite:</u> Sarah is 8 years old and rides a Corolla Stallion named Croatoan. They have taken many lessons with Steve Edwards and are training for a 100 mile ride.

Jacob Anderson: Jacob is 13 years old, he won the essay contest last year and was rewarded with his horse who he named Uncle Harley. Jacob has worked very hard this year training Uncle Harley and they have spent many hours out on the trails.

<u>Amanda Seiken:</u> Amanda is a young lady from Virginia who has adopted a Corolla Mare and she too has spent many hours

training this mare and she also participated in parades.

Meghan Peacock: Meghan is 16 years old and spends many hours on the trail and shows the horses at 4-H fair. She rides MP Soaring Eagle, Jacob's Star, MP Niichii and has starting training and riding her filly A Feather in the Breeze.

Makayla Coats-Miller: Makayla has been very busy earning her Buckaroo Award by participating in parades and trail rides throughout the year on her HOA horse Houdini.

We also have several other youth members who are working towards their Buckaroo award, and they are Jordan Anderson and Julie Nowaczek.

<u>Carol Stone Ambassador Award:</u> This award is given to the HOA member who accumulates the most points by promoting to the public. This award is given in honor and in memory of HOA's dear friend Carol Stone.



We are pleased to announce that *Steve Edwards* is our Carol Stone Award recipient for 2009. Steve spends countless hours teaching youth horsemanship and safety. He also attends

and participates in the Wild Horse Days, attends parades with his students, has written articles in several local publications, and gives tours and demonstrations of the Colonial Spanish horse.

Farm and Ranch Work Horse of the Year: This year we have 2 horses, they are Texas Prairie Dream and Shadow's Last Kiss. Both are owned and ridden by Janet & Jessica Key.

Pleasure Riding Trail Horse of the Year: This year's award is earned by Uncle Harley, trained & ridden by Jacob Anderson.

<u>Show Horse of the Year:</u> This year's award is earned by **Hawk's Chahta** who is ridden by Chris & Shawn Ellis.

<u>Performance Horse of the Year</u>: This years award is earned by **Taos Tascosa**, who is ridden by Chris & Shawn Ellis.

<u>Sundance Award</u> is awarded to the HOA horse who has earned 300 points from any category during their career

*Hawk's Chahta*, owned and ridden by Chris & Shawn Ellis.

**Sharon's Rose of Texas**, owned & ridden by Chris & Shawn Ellis.

*Houdini*, owned & ridden by Makayla Coats-Miller

**Shadow's Last Kiss**, owned & ridden by Janet & Jessica Key

*Texas Prairie Dream*, owned & ridden by Janet & Jessica Key

<u>Legends in Pleasure Trail</u> is awarded to the HOA horse who has earned 500 points in a specific category during their career

*Cito Mocha Raton*, ridden & owned by Trish Cleveland

<u>Caballos de Corazon</u> is awarded to the HOA horse who accumulates 1000 points which is accepted from all categories

**Thief of Hearts**, owned & ridden by Becky Rogers

Memorial Award: This year the committee is pleased to announce we are giving a Memorial Award to Janet, Jessica, and George Key in Honor of **Shadow Traveler**, who passed away last year. **Shadow Traveler** was working towards several awards, and we would like to honor those efforts during this time.

\*\*See our updated Awards
Program at
www.horseoftheamericas.com\*\*

#### ESSAY CONTEST TO BENEFIT HORSE OF THE AMERICAS YOUTH PROGRAM

The Horse of the Americas Registry is hosting a national essay contest to benefit its Youth Program again just as it did in 2008. The Horse of the Americas is a unified registry for the Colonial Spanish Horse. The winner will receive a purebred Colonial Spanish Horse colt,

generously donated by one of several HOA breeders. This year to save on shipping costs for the winner, several HOA breeding farms have offered to donate a colt depending on which farm is physically closer to the winner.

Essays are to be 250 words or more. Each essay should include why the writer would like to own a Colonial Spanish Horse, what his or her goals would be for the horse, and how he or

she would make a positive contribution to the preservation and promotion of the Colonial Spanish Horse. Each essay submitted must include a completed application form along with a \$15.00 entry fee. The contest is open to all ages. Entries will be judged by a panel of HOA members and officers.

The winner will be announced at the Horse of the Americas Annual meeting to be held in October of 2010. For more information on Colonial Spanish Horses, the Horse of the Americas Registry, or rules and regulations of the essay contest, please go to the HOA website at <a href="https://www.horseoftheamericas.com">www.horseoftheamericas.com</a>.

#### Past Essay Contest Winner Report: Uncle Harley



by Jacob Anderson

The world is full of "great" horses. People spend millions of dollars buying these "great" horses. Well, I'm happy to say that I have a great horse. Not a horse with famous show ancestors, but a horse that's a pure Spanish Mustang. I think that's one of the best things you can have. I have had this honor bestowed on me by the kind and wonderful people of the HOA, who awarded me this horse in an essay contest.

I went with Steve Edwards to the HOA meeting to see if I could help out. I had no idea I had won the essay at this time. While I was there, there was a good looking horse in the round pen. I stepped in and he seemed a little nervous, but in a little while I was able to pet him. I was doing this for a while when I realized Steve was watching me. Usually he would not want me in a

round pen with a wild horse without his permission, but today he was silent so I knew something was fishy. An hour or so later the winner of the essay was about to be announced. I didn't think I had won, so I was going to help out a fellow rider with a horse. As I walked by Steve, he grabbed my arm and told me to wait. At this point I started to realize I had won. When they called my name I was overwhelmed with joy.

When we got him home, we calmed him down and desensitized him. I was petting him when Steve thought I should get on him. We saddled him up and I got on him. He was calm and I decided not to stress him out to much so I got off after a minute. (That was the picture of me with the green helmet on him).

I did not ride him much for a few weeks after that because of school and the early dark hours of winter. But right after it warmed up a little, I started riding him more and more. Soon, I took him on his first ride in the woods. I am proud to say that in the time I have had him, he has never bucked once.

When I first rode him he was not in the best shape and couldn't go 5 mi without acting like he was going to die. Now he is muscular and never tires. He has ridden at midnight on several occasions and we have taken each other to new places. He has even saved me on several occasions when I wasn't sure

what to do (like in a 90 degree ditch with briars so thick you couldn't see past them).

In addition to this on September 26-27, Harley and I did 75 mi without breaking a sweat, fifty miles on Saturday and twenty-five on Sunday. I don't know about y'all, but to me, that's impressive.

Harley is perfect for me and I couldn't have a better horse. I thank again all the folks of the HOA that gave me this wonderful horse. I will continue to ride him over the hills and fields of this beautiful country.

"Nothing impresses me more then the bond between a horse and its rider."

-- Jacob Anderson

# THE HORSE THAT SHALL BE FIRST

by Mary L. Collins, written 11-17-09

When Stephanie Lockhart first discovered the Colonial Spanish rather, Mustang, or when thev discovered her; she had already spent a lifetime raising, training, and riding horses. The Colonial Spanish was not anywhere on her radar. This rare, small and obscure breed was not well known in the northeast. In fact, it wasn't well known much anywhere. That is, until acclaimed Hollywood screenwriter and Morristown resident John Fusco tapped Lockhart to work with his conservation herd of Choctaw Indian ponies on his Red Road Farm five years ago.

"John was *the* important factor in getting me started with this breed. I spent 5 years working with John on his preservation program for the Choctaw Indian Ponies. Through his guidance and his acting as a mentor to me, John and I did some really great things together. I'm very grateful for his experience and sharing it with me."

What Lockhart didn't know at the time was that her moderate professional interest in the breed turned into an out-

and-out passion for the Colonial Spanish with the help of the well-schooled-inthe-breed Fusco; and the unexpected assistance of her then seven-year-old daughter Eliza.

It was a chance incident that brought the first horse home and eventually to what Lockhart is calling the Center For Colonial Spanish Horse Preservation and Natural Horsemanship. His name is "Adelantado" – a name that in Spanish means "first" or "leader".

And here's the stuff even a great screenwriter couldn't dream up –

"A few years before I thought about opening the Center, my daughter Eliza had entered a contest for a young colt that was being raffled. The money was going to the rare breed organization that supports the care and preservation of these horses. Eliza really wanted to help the horses and pooled all her birthday money to buy the tickets. She didn't win. But the girl who did win the horse heard about Eliza's donation and was so moved that she asked if she could gift the colt to Eliza."

Here, the story takes an even more interesting twist.

"I talked to my husband about what to do and we really agonized over it. The colt had to be hauled cross-country at the cost of about fifteen hundred dollars – money we didn't have. That evening, as we do every night, we read a passage from the Bible. I opened the page at random and literally fell upon this reading –

"And saith unto them, go your way into the village against you; and as soon as ye be entered into it, ye shall find a colt tied, whereon never man sat; loose him and bring him." Mark 11:39

The Lockhart's found the money and brought Adelantado home to Vermont. Once Adelantado arrived, Lockhart began walking her own Red Road to eventually opening the Center, currently located at the Ray Chauvin Farm on Route 15 between Hyde Park and Morristown.



Little Creek, Center For Colonial Spanish Horse Preservation and Natural Horsemanship's Choctaw stallion

"I now have 9 horses of my own and board a few others. I am one of the few breeders in the East. North of Virginia I have the largest and most diverse herd – including the Choctaw Indian Ponies which is one strain of the breed. I have 5 different strains, all of which originated from the Spaniards. Their

history is phenomenal. For example, the Choctaw Indian Ponies traveled on the Trail of Tears and of those original horses, what's left is about 200 horses. I have a colt from that strain and will breed with a mare that's coming to the farm."

Horse people, as anyone who spends anytime around horses is called, have a deep need to know their breed — its history, its temperament, and its lineage. They also learn pretty quickly what breed of horse, temperament, level of agility and action fit them as rider/trainer/owner. What Lockhart found in the Colonial Spanish was a kindred spirit.

"They have a spirit about them that is uncommon. They're super sensitive to people's emotions and to their needs." She adds, "I feel like they're totally the ones doing the work with kids and even adults who need a little confidence building. I can't always explain it, but the horses have an innate ability to work with people. It's fascinating to me."

Lockhart found these characteristics remarkable and unusual for horses. She liked the Colonial Spanish's mild manner, their ease around people, their resilience, agility and their long-strided gait that make them smooth and solid for riders of all abilities.

"They're not feral horses," she explains. "The Spaniards brought horses with them and in those numbers some escaped and became wild. There were millions of these horses in North America until the late 1800's when the government came and slaughtered most of the stallions and introduced European bloodlines to breed bigger horses for

cavalry use. So today's wild horses are very distant cousins. But the wild horses are few and far between."



Lockhart is quick to explain that the Colonial Spanish is also not the wild Mustang of the plains, a horse not always appreciated by horse people.

"You hear the word 'mustang' and people automatically think of the Bureau of Land Management which adopts out wild mustangs. But these are not those The word mustang originates horses. from the Spanish word for 'wild' but the Colonial Spanish horse is not a mustang and was never intended to be wild." She explains, "I've had some people think that these are wild mustangs and become very intrigued because of the way the BLM has promoted them. And I have also experienced great disdain. When we had our first horse shipped from New Mexico and I used the word "mustang" commercial shippers refused to transport them for us. I called seven shippers. All turned me down. This is a very domesticated, mild-mannered breed. It's just a rare and endangered one."

According to the American Livestock Breeds Conservancy, there are approximately 3000 Colonial Spanish horses left. The Conservancy has listed this breed's status as critically rare. To her credit, Lockhart sees her mission as one of education, exposure to and protection of the breed. She wants visitors and riders to know how they were first introduced by Spanish explorers to the New World in the 1500's. Small and hardy, the Colonial Spanish breed and its various strains, endured centuries of harsh conditions only to be systematically slaughtered by the thousands in the 1800's as part of the United States' government's efforts to subdue Native American peoples. Kill the horse that the people depend on; and the people die too.

Lockhart feels confident that the mindset of the country has changed for the better but it took some time.

"People are looking at history a lot differently now. The whole mindset of America has changed where preservation of culture, animals, plants and our environment are much more important than they were and that's really good for these horses. They could go extinct in my children's lifetime if something is not done. I think education is the key."

Fortunately, remnants of the few remaining herds were gathered up by a handful of pioneering men and women in the early 1950's and a preservation program began. But these horse preservationists fight an endless and often thankless battle that continues today.

"I can make a half dozen phone calls and have any number of horses here in a week." Lockhart claims. "So few of these horses are in demand in the horse world, and some breeders who've fallen on difficult times, are even being forced to sell their herds." At that admission. Lockhart's voice becomes somewhat wistful. She laments that she cannot accept more horses without support.

"I don't have the money, land or facilities to house them. I'm working at capacity now with about 13 horses, 3 of which I board for other owners and I'm not a wealthy person. But I'd take them if I could and I am looking for a permanent home."

Lockhart is applying for non-profit status. One of the reasons she feels so strongly about this breed, rarity aside, is the horse's natural talent to work as a therapeutic horse. Equine therapy is a burgeoning field and Lockhart feels the Colonial Spanish horse is a natural at it.



"I work with a local school two days a week and when I see the way the kids bond with the horses," here she searches for words to describe what she's

witnessed, "it's magic. The horses really *get* people. They have an intuitive ability to know the person they are teamed with, whether that person has fear issues, or some kind of trauma, I've never seen it to the level that I've seen it happen with this gentle breed."

Lockhart's students are not all children. She says many of her clients are people who've enjoyed riding as a youngster but have been away from the sport and the animals for years.

"Some people, women especially, are timid at first, but they quickly bond with my horses, who are more like dogs than horses sometimes. They're *that* loyal and friendly without being overbearing." It's evident when walking around the pastures with Lockhart and her horses. They are docile, inquisitive creatures, clearly at ease with her and not shy around strangers. Yet, they don't crowd visitors and approach with a gentle curiosity.

"I'd like to be able to breed a small herd and within the next few years I'll have a small band and programs to work within community with the schools. communities and organizations to work with the horses. And, in a perfect world, I'd like to not have to charge for what I do. Through being a non-profit, I hope to be able to continue to care for the horses underprivileged charged children. I think it should be accessible to everyone."

Lockhart feels that her horses are natural teachers and with her experience and training acumen, she would like to see a day where she can not only protect the Colonial Spanish breed but offer equine therapy and other training and classes to anyone who wants to explore horsemanship with this gentle breed.

It's evident that she cares deeply about what she's doing to preserve the breed.

"Riding is the icing on the cake," Lockhart admits, "but it's not the end. I want to offer people the whole horse experience and teach people how to have a full and enriching relationship with the horse. My students get that."

Just when she's about run out of steam, something or someone comes along to keep her spirits up and support her efforts towards preservation and education in some way.

"This is a struggle and my family has made a lot of sacrifices," she admits,

"but I know this is the work I was meant to do. Knowing that I can help make a difference in people's lives through the horses is meaningful to me. I can give back to the community and to the horses. These horses have given so much to the whole history of America and they're the forgotten breed. They've been disregarded because they're not a big breed. There's just something real special about them."

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# The CENTER FOR COLONIAL SPANISH HORSE PRESERVATION & NATURAL HORSEMANSHIP

New England's most diverse group of Colonial Spanish
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#### **LESSONS-TRAINING-SALES -EDUCATIONAL TOURS**

CONGRATULATIONS TO ELLEN WILLIAMS of Maryland on her purchase of "MITEXI". (Thank you to Zen Cowboys Spanish Mustangs for the opportunity to take Mitexi as a sales project.)

AND TO FUTURE HOA JUNIOR MEMBER BRIAN BENOIT of Stowe, Vermont on the purchase of "CHEROKEE" ( Painted Tiger x Layla).

Stephanie Lockhart, PO Box 274, Morrisville, VT 05661 (505)-340-8376 (cell #) email: Vtblackpony@aol.com



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Great young stock well-started under saddle for sale including Led Zepellin, coming 5 year old grey gelding by Doctor Wu (Chato's Shadow/ Espéranza) and out of Stairway to Heaven (Locomotion/Wild Heaven). "Zep" is ready to go, rides, loads, good energy and tough, long, smooth strides, very Spanish action. He's a nice sized horse. Our trainer Jerry Hilligoss is seen on Zep here--Jerry is 6'4". Price: \$1500.



Jerry's next "victims" include Lucy in the Sky. coming 4 year old fading black filly by **Building a** 

Mystery out of She Gathers Rain (Blue Crane/Dainty Bess) and Jeremiah, coming 3 year old fading black loud appaloosa stallion by Born To Run (Broom/Mora's Spring Dance) out of Rowdy's Kiamichi Doll (Rowdy Yates/Wyoming's Dolly). More great ones ready to start after them. Call us for more info and prices.

#### Stallions standing for 2010:

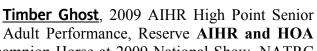


World famous Breyer model Rowdy Yates and his celebrated son **Building A Mystery**. BAM now has 2 NATRC National Championships in 2008 & 2009 plus many more 2009 wins including AIHR Overall National Champion Horse, HOA Overall National Champion Horse, and Reserve Champion Original at Halter at the 2009 AIHR/HOA National Show. And now also at Karma Farms, Rowdy's full brother **Cactus Jack!** 

Tambourine Man, sire of NATRC National Champion Rambler plus several other NATRC winners including Gustavo Moon.



Under the Sun, 2009 AIHR National Champion Broken Color and sire of AIHR National Champion Sombera del Sol



Overall National Champion Horse at 2009 National Show. NATRC Region 4 5<sup>th</sup> Place Novice Heavyweight Division in his first 3 rides.



Plus the wonderful "Spanish Sport Ponies" **The Sea King**, flaxen sorrel Corolla stallion and **Scoundrel Days**, copper dun Grand Canyon stallion.

### Alternative Medicine and Ocular Squamous Cell Carcinoma

by Victor Wolf Covenant Institute Equestrian Center

The statements included herein have been provided for information purposes. Some statements have not been evaluated by the Food and Drug Administration. The products discussed herein are not intended to diagnose, treat, cure, or prevent any disease.

Until I read Vickie Ives' recent report (Horse of the Americas Newsletter, volume 7, number. 2, 2009) describing the tragic disease suffered by her Medicine Hat stallions, Choctaw Sun Dance and Locomotion, I have been satisfied for the past seven years to help horses overcome issues of stress, fearfulness, and distrust, and nothing more.

During the years of my membership, I have been an avid reader of Vickie's continuing reports and news of her accomplishments. However, upon reading her story, I became restless to seek information from my network of friends on behalf of any horses that are threatened by this terrible disease. The story has awakened in me a burning desire to do everything I can to help horses, and the internet is a remarkable device for opening doors to a wider world.

But it is one thing to stand at the open doors and observe the view; it is another thing to pass through the doors and meet with the people you see beyond. The key I possess is a buyers' club membership that opens my way to a business network that allows me to consult with my associates almost any time

The membership is a particular benefit associated with my reliance on the essential oils as I work with abused, neglected, and troubled horses. As a member of this club I can share my concerns with like-minded business associates

On behalf of at-risk horses I opened the door again, passed through, and began a conversation with a few of my associates, each of whom possesses expert knowledge in the fields of complementary veterinary medicine and alternative equine therapies.

Although the mainstream veterinarians provided the best care they could, Vickie reported that all of the recommended treatments, including radiation, were unsuccessful.

Advanced ocular cancer of the eye caused Locomotion to travel across the rainbow bridge. And Vickie Ives described the condition: "Any horse with extensive white markings that leave the eye surrounded by pink, non-pigmented skin may suffer from the development of such tumors."

The people in my business network include licensed practitioners of veterinary medicine who also provide complementary holistic therapies, as well as those who practice three equine specialties: herbals, chiropractic, acupuncture and acupressure.

The founder of the company from which I secure my essential oils is a naturopathic doctor who travels the world to consult with scientists and ethno-biologists, specialists who devote their lives to the study of ancient healing practices currently in use in South America, Australia, Southeast Asia, and elsewhere.

All of these people, from one degree to another, freely share their knowledge, experiences, and discoveries by email, telephone conferences, seminars, small group and regional meetings, and national conventions. This time was no exception.

The club member that I've known longest gave me the names of two professionals: a California licensed veterinarian and the owner of a Wyoming horse ranch. From these two people, along with a Colorado registered nurse, I learned that a precise blend of two essential oils can relieve the cancerous condition described by Vickie Ives. They are lavender and frankincense.

But first, please understand that not all essential oils are of the same quality, even though these oils are widely considered to be mankind's first formulated medicine. Researchers and students of natural medicine point to the 188 Bible references to essential oils.

Today, scientists produce both commercial grade and pure, therapeutic grade oils. The difference between the two is in the processing.

Commercial grade oils, available for room deodorizers, cosmetics and perfume, are the product of high temperature, high pressure, and rapid processing which includes the addition of chemical solvents during distillation. This process assures the greatest quantity of oils at the lowest cost. But as a consequence, the oils lack most or all of the vital chemical components that produce therapeutic result.

Therapeutic grade essential oils, on the other hand, are distilled under low pressure, at low temperatures, and this process retains the anti-bacterial, anti-cancerous, anti-fungal, anti-microbial, anti-tumor, anti-parasitic, anti-viral and antiseptic qualities of the resultant oils.

When topically applied, such as around an affected eye, an essential oil rapidly passes through the surface layer of the skin and penetrates to the blood stream. There, the components of the oil, which number in the hundreds, act as catalysts to balance, stimulate, sedate, or heal.

Where ocular cancerous tumors are present, the precisely combined therapeutic grade oils have demonstrated satisfying results. But, of course, the successful practice of this science requires a detailed understanding of the oils and of the correct methods of preparation for any specific condition.

Because I am not licensed in a medical professional, I cannot do more than share the stories I have been told. But as a Bible scholar I can assure you that the historic healing practices have made certain that we can share this information today. Our ancestors had no other medicines than those described in the Bible and other historical documents. Such natural medicines have served the peoples of the world for thousands of years. And modern scientists are quickly unraveling their secrets.

In France, where began (c. 1880 A.D.) the modern approach to the use of therapeutic essential oils, many oils are prescribed by medical doctors and veterinarians as alternatives for those who are not interested in using pharmaceutical drugs.

Because the skin of the horse is so sensitive, safety and well-being of the horse is of first importance. I always dilute any therapeutic grade essential oils I intend to apply topically. The carrier oils of choice are V-6 (available along with the mentioned essential oils at my website, youngliving.org/ciec) or aloe vera gel, available at health food stores. It is important to handle therapeutic grade essential oils with the same care that is due to over-the-counter medicines.

The dilution I use is mixed in a brown medicine bottle in which 45 ml of the carrier (3 tablespoons), 10 drops of frankincence oil with one eyedropper and 5 drops of lavender with another eye dropper are added and gently shaken together to blend. Fifteen is the maximum number of drops for this quantity of carrier oil.

I offer the horse any oils I select by wrapping my index finger and thumb around the bottle so that it sits below the surface of the circle. This firm grip will protect the bottle from contamination by touch. Because, if the horse accepts, he will either breathe deeply, one nostril at a time, try to lip the bottle or grab it in his teeth. (But if the horse turns away, I do not apply the oil. He may not at that time be interested.)

Generally essential oils should be offered twice, 30 minutes apart, before applying. For ocular cancer I would apply the mixture by placing two or three drops of the mixture on one thumb. With my other hand, starting above the eye beyond the bony ridge, I would lift the hair with my other hand and massage in the oil. I would then work around and below the eye, from inward to outward, to reach all the acupressure points. Be extremely careful not to get any of the oil in the eye.

The carrier oil holds to the skin for about 12 hours, and I would apply this mixture morning and evening for 6 months. The essential oils are absorbed through the skin and penetrate to the blood stream. Frankinsence oil is known to be anti-tumoral and anti-cancer. Lavender oil is known to regenerate cells and relieve inflammation, and is calming and relieves stress.

Since reading about Locomotion, I am fulfilling the new heart-felt longing to be a more effective guardian of the horses. And with gratitude to my network of expert professional business associates, my preparation will not take long.

###

Victor Wolf is the founder and executive director of the Covenant Institute, first incorporated in 1978 as an adult Christian, non-sectarian, Bible-centered alternative learning center. He offers T'ai Chi and Chi Kung therapeutic exercise programs, including biblical meditation, nutrition, aromatherapy and acupressure therapies, to clients contending with such conditions as arthritis, heart troubles, stroke, high blood pressure, cancer, MS, and Parkinson Disease.

In 2003, a divine appointment with an abused 5 year-old Arab/QH mare persuaded him to establish the Institute's Equestrian

Center to meet the needs of troubled horses. Victor holds a Doctor of Divinity degree and is an ordained evangelist. By appointment he teaches T'ai Chi for Horsemen.

He has begun a mentored study of aromatherapy. For more information contact Victor at the Covenant Institute Equestrian Center, P.O. Box 11501, Pueblo, Co 81001, or send him questions by e-mail to many horses ranch@yahoo.com.

Horse problems continue? All else failed?

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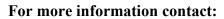
### Wanted Great Recipes!!!!!!

Please send me all of your great recipes so I can create an HOA cookbook. If you want write a short note about the recipe, how it was created, who created it, is it a family tradition, etc.? I know we all have our favorites, so let's share them with each other. I love dishes I can make ahead to take camping, so if you have any good ones send those along with any to satisfy a sweet tooth.

Also send me short stories about you and your favorite horse or just an amusing story. It would be fun to read about our members and their horses and experiences. E-mail them to Kathy at <a href="mailto-kmhranch@netzero.com">kmhranch@netzero.com</a> or mail to Kathy Peacock, 5762 Nugents Road, Coggon, Ia 52218.

### THE AMERICAN INDIAN HORSE REGISTRY, INC.

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Horses of Native American tribes & nations.
Unique awards program for those who show, those
who trail ride or those who enjoy their horses at home.





**AIHR** 

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The American Indian Horse ~--~ an Original

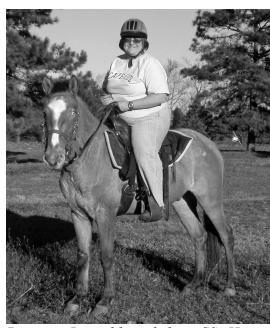
#### East Texas Horse Enthusiasts Sponsor Essay Contest

Wish you could afford a real living piece of equine history, a champion bred Karma Farms Colonial Spanish Horse? Dave and Patricia Leopold wish to announce that they will sponsor a unique essay contest to partner a worthy owner in the East Texas, north Louisiana or southern Arkansas area with a young Karma Farms Colonial Spanish Horse selected especially for what the winner wants to do it.

Less than 5000 CS Horses remain today and each is a rare and special equine. Patti and Dave Leopold own their own CS Horse, a stout buckskin appaloosa gelding named Shazam, and are quite familiar with the strong personality traits and wide range of temperaments and abilities inherent to this historic horse of the Old West. The Leopold's home is beside Karma Farms, and they have come to love the farm's horses and the people that love those horses, farm owners and clients alike.

Patti says, "Dave and I have seen how a Colonial Spanish Horse can decide to reach into your heart and change you as Shazam has done to us; how they are able to interact with the youth in our club to teach them generosity, responsibility and friendship along with all the fun." They chose this method to bring local awareness to the breed, to the local Tejas Indian Horse Club (of which Patti is Secretary), and to their neighbors whose colorful horses graze beside the Leopold's gracious log cabin.

Karma Farms is a small family farm in Woodlawn, a little community located between Marshall and Jefferson, Texas on U.S. Highway 59. The farm is America's leading breeder of this rare and historic breed, and at most times offers 20-30 head of Colonial Spanish Horses for sale



Patricia Leopold and her CS Horse, Shazam

While most such essay contests pick a horse and then have the contest judges to pick a winner of that particular horse, the Leopolds have opted to look at each essay and then let the winner and the Karma Farms team work together to pick the most suitable young Colonial Spanish Horse available at the farm. That means that with the professional advice and consent of the folks at Karma Farms, the winner may pick a horse that will have the best chance to excel in the area he or she wants to pursue. The contest offers a chance to choose from the many famous bloodlines and strains at Karma Farms, from horses of many colors ranging in age from yearling to three year old and from both colts and fillies. For more information on Karma Farms, see their website at www.karmafarms.com.

Along with the Colonial Spanish Horse, the essay contest winner will get a paid 2010 membership in the American Indian Horse Registry and the Tejas Indian Horse Club and will be required to show the horse in at least two Tejas shows in 2010. The Leopolds hope that this will boost participation in Tejas by getting more people out to see Colonial Spanish Horses in action.

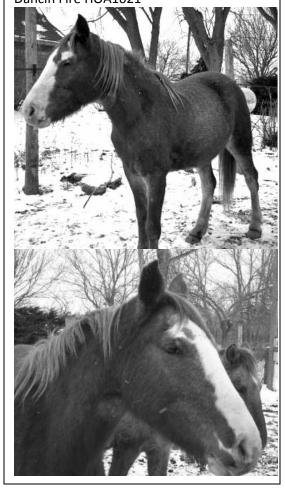
Tejas Big Chief (president) Curtis George comments: "Since becoming involved with Colonial Spanish Mustangs, I have met some wonderful people and made life-long friends. I have traveled the US with my horses and seen many places as no one else could have shown them to me. These horses inspire, they help teach and promote history, and can reconnect us with our outdoor world. I have the honor of serving as Big Chief of the Tejas Club and can say that our members are helpful, friendly and connected by a sense of family that comes from owning one of these magnificent animals. I am also Farm Foreman for Karma Farms. I have seen people come from across the street, across the state and across the country to own a Karma Farms horse. I have travelled to more states delivering our horses from Vermont to New Mexico than I had visited in all the rest of my life. I look forward to meeting the next owner of a CS horse and our latest Tejas member!"

To receive a copy of the rules and requirements of the essay contest or to get more information about it, email Patricia Leopold at CSM\_essay\_contest@hughes.net.



### Crooked Fence

Acres wants to know if you are looking for a great ride for 2010? If someet Sweet Pea (HOA 1553), foaled 3-17-2005, lovely coming 5 yr old mare, strawberry roan, possible limited sabino. Well started under saddle, has rare salmon gait. Out of Wind Blown Flame, HOA 1124/SMR 2578/ AIHRO-2871 by Dancin Fire HOA1021



# CBOOKED FENCE ACRES

Tom and Della Norush 2295 E. 230 N. Attica, ID 47918

Phone: 765-762-6628 email: norushins@sbcglobal.net

Standing "Dancing Fire" by Pucinwah out of Shady Lady. Sire of color, temperament and conformation. Great kid's horse, too!

For sale: "Sweet Pea", flaxen strawberry roan gaited mare ready to ride. See page 15 for pics (made on 1/5/10 in 9 degrees F. temperature) and more info!





## IF IT IS EXPIRED, THIS IS YOUR LAST HOA NEWSLETTER. PLEASE CHECK YOUR EXPIRATION DATE ON LABEL.

Colonial Spanish-- AMERICA's First Horse 2295 E. 1230 N. Attica, IN 47918

