

The 8-Step

B.E.C.O.M.I.N.G. HER™

Framework

A MOTIVATIONAL GUIDE TO BECOMING HEALED. EFFECTIVE. REIGNING.™

A WORD BEFORE YOU BEGIN

There is a woman on the other side of this guide who is more free, more grounded, and more fully herself than the woman who picked it up.

This is not a checklist. It is not a performance plan. It is an invitation — to begin, to believe, and to become what you have always carried within you but not yet given yourself permission to be.

Each step in the B.E.C.O.M.I.N.G. HER™ Framework was built from the understanding that transformation is not a destination. It is a practice — a daily, courageous decision to choose yourself, not out of selfishness, but out of obedience to who you were created to be.

Take your time here. The reflection prompts at the end of each step are not decorative. They are the work.

*In wholeness and with intention,
Dr. Darcell L. Streeter*

B

Beginning Place

Every transformation begins where you are — not where you wish you were. This step invites radical honesty about what has kept you standing still. Courage is not the absence of fear. It is the decision to begin anyway.

Reflect: What is one honest truth I have been avoiding that my transformation requires me to face?

C

Cultivate Belief

You cannot lead beyond the boundaries of what you believe about yourself. Find yourself in God's Word and build new beliefs aligned with your divine identity — not your past performance or other people's projections.

Reflect: What limiting belief am I ready to replace with a truth rooted in who God says I am?

E

Embracing Trinity

Leadership rooted in faith does not begin in strategy — it begins in surrender. Deepen your walk with God, live with the intentionality of Christ, and trust the Holy Spirit to guide what your intellect cannot yet see.

Reflect: Where in my leadership have I been relying on my own strength instead of divine guidance?

O

Ownership

This is your declaration step. Affirm your intentions. Name your calling. Step boldly into the power of who you were created to be — not someday, but now. Ownership is not arrogance. It is obedience.

Reflect: What have I been waiting for permission to own that God has already assigned to me?

M

Momentum

Sustainable leadership is built on rhythm, not relentlessness. Create practices of radical rest. Move with purpose, not pressure. Momentum that costs you your health, peace, or presence is not momentum worth keeping.

Reflect: What rhythm of rest and movement would allow me to lead with consistency rather than crisis?

N

Navigate New Self

You are not becoming someone unrecognizable. You are becoming undeniably yourself. Walk fully as the new you — leading, living, and inspiring others not through performance, but through presence and authenticity.

Reflect: What does leading as my truest self look and feel like in my daily life and relationships?

I

Intentional Renouncing

The old self does not leave quietly. Name and release the patterns, identities, and narratives that no longer serve the woman you are becoming. You cannot pour new wine into old wineskins. Renewal requires room.

Reflect: What am I holding onto — a habit, a role, a story — that I need to intentionally release?

G

Give Back

Transformation that stays only with you is incomplete. This final step calls you into community — to multiply the grace you have received by walking alongside other women in their becoming. You rise. Then you reach back.

Reflect: Who is one woman I can walk alongside in her journey of becoming — and what do I have to offer her?

*You do not have to carry everything.
You need to carry yourself well.*

JOIN THE B.HER GLOBAL™ COMMUNITY

Experience ongoing sisterhood, accountability, and growth through transformative conversations, reflective practices, and leadership coaching designed for the woman in the middle of becoming.

BEGIN YOUR JOURNEY AT WWW.BHERGLOBAL.COM