

VIRGINIA SOCIETY OF RHEUMATOLOGY



ANNUAL MEETING



OCTOBER 2-4, 2026

KINGSMILL RESORT | WILLIAMSBURG, VIRGINIA

CREDIT DESIGNATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Medical Society of Virginia and the Virginia Society of Rheumatology. The Medical Society of Virginia is accredited by the ACCME to provide continuing medical education for physicians.

The Medical Society of Virginia designates this activity for a maximum of 9.75 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

CREDIT CLAIM INSTRUCTIONS

Evaluations will be completed online. Scan the QR code to access the evaluation form and complete based on the extent of participation in each activity. At the conclusion of the meeting, be sure to submit the evaluation with all requested contact information. Your certificate will be emailed to you by the VSR after your evaluation has been submitted.



EXHIBITS

We extend our sincere appreciation to companies that have supported this conference. All refreshments will be served in the exhibit area. *Please visit the exhibitors!*

CASINO NIGHT | SATURDAY, OCTOBER 3RD | JAMES RIVER GRAND BALLROOM AB

Get ready for an evening of fun and excitement at Casino Night during the VSR meeting! This family-friendly event features classic casino games — all just for fun, with no real gambling or money involved. Bring the whole crew and test your luck at the tables, win chips, and trade them in for a chance to score prizes! Heavy appetizers will be served and each attendee will receive 2 drink tickets. All attendees and guests welcome, no additional registration required. Gold, Platinum, and Diamond level sponsors welcome.

PLAY TO WIN RAFFLE

All attendees receive a “Play to Win” raffle card in their registration packets. Visit at least 30 vendors and get a signature from each one. We will raffle off two Bose bluetooth speakers! Winners will be announced Saturday & Sunday after the morning networking breaks.

POSTER SESSION & THIEVES MARKET

Make sure to cast your votes to help select the winners for each!

VSR

Carly Miller | VSR Executive Director

2821 Emerywood Parkway, Suite 200 | Richmond, VA 23294

804.205.9774 | vsrdirector@ramdocs.org | www.vsronline.org

OUR SPEAKERS



**APRIL BINGHAM,
MD**

University of Virginia



**CLIFTON
BINGHAM, MD**

Johns Hopkins University



**ASHIRA BLAZER,
MD**

University of Maryland



SCOTT CASTRO

Medical Society of Virginia



**MEGAN CLOWSE,
MD**

Duke University



**HARRY GEWANTER,
MD**

Richmond



**THOMAS LEUNG,
MD**

Penn Medicine



**APOSTOLOS
PERELAS, MD**

Virginia Commonwealth
University



NEHAL SHAH, MD

Virginia Commonwealth
University



ARTHI VENKAT, MD

University of Virginia

AGENDA | FRIDAY, OCTOBER 2

- 10:00 a.m. – 5:00 p.m. **REGISTRATION & EXHIBITS**
- 12:00 – 12:50 p.m. **Buffet Lunch | Pre-function**
- 12:50 – 1:00 p.m. **Welcome Remarks and Announcements | James River Grand Ballroom AB**
- 1:00 – 1:45 p.m. **Inflammatory Eye Disease**
Arthi Venkat, MD
*Associate Professor, Ophthalmology Residency Program Director
University of Virginia | Charlottesville, VA*
- 1:45 – 2:40 p.m. **Gout Beyond Hyperuricemia and Episodic Arthritis: Insights into Metabolic Dysregulation and Integrated Comorbidity Management**
Nehal R. Shah, MD, RhMSUS
*Associate Professor of Medicine; Clinical Director, Rheumatology
Charles W. Thomas Professor of Medicine
Division of Rheumatology, Allergy, and Immunology
Virginia Commonwealth University | Richmond, VA*
- 2:40 – 3:10 p.m. **Break | Visit Exhibitors | Poster Session**
James River Grand Ballroom CD & Pre-function
- 3:10 – 3:55 p.m. **Standardizing Care in the Lupus Patient: Toward Treat to Target**
Ashira Blazer, MD
*Assistant Professor
University of Maryland, Division of Rheumatology | College Park, MD*
- 3:55 – 4:15 p.m. **Friday Speaker Panel**
- 4:30 – 5:15 p.m. **Thieves Market Presentations**
Case Presentations from VCU, UVA, Carilion and EVMS/ODU Fellows
- 5:15 – 6:15 p.m. **Welcome Reception | Pre-function**

AGENDA | SATURDAY, OCTOBER 3

- 7:00 – 7:50 a.m. **Sponsored Breakfast: A Clinical Review of SAPHNELO with DORIS Remission Data | AstraZeneca | Fairfax Room**
Steven J. Golombek, MD
- 7:00 – 7:55 a.m. **Exhibits Open | Continental Breakfast | Poster Session**
James River Grand Ballroom CD & Pre-function
- 7:55 – 8:25 a.m. **Welcome and Business Meeting | James River Grand Ballroom AB**
- 8:25 – 8:45 a.m. **Virginia MedMal Update: Protecting Physicians and the Future of Practice**
Scott Castro
Senior Director of Health Policy, Medical Society of Virginia | Richmond, VA
- 8:45 – 9:30 a.m. **Updates in Rheumatoid Arthritis**
Clifton O. Bingham III, MD
*Professor of Medicine, Director, Johns Hopkins Arthritis Center
Division of Rheumatology, Johns Hopkins University | Baltimore, MD*
- 9:30 – 10:15 a.m. **Where Two Worlds Collide: Interstitial Pneumonia with Autoimmune Features**
Apostolos Perelas, MD
*Associate Professor
Virginia Commonwealth University | Richmond, VA*
- 10:15 – 10:45 a.m. **Break | Visit Exhibitors | Poster Session**
James River Grand Ballroom CD & Pre-function
- 10:45 – 11:30 a.m. **Nuances in Lupus Nephritis: An APOL1 Story**
Ashira Blazer, MD
*Assistant Professor
University of Maryland, Division of Rheumatology | College Park, MD*
- 11:30 – 12:15 p.m. **The Challenges of Choosing Medications in Pregnancy**
Megan Clowse, MD
*Professor of Medicine, Population Health Sciences, & OBGYN
Department of Medicine, Duke University School of Medicine | Durham, NC*
- 12:15 – 12:45 p.m. **Saturday Speaker Panel**
- 12:45 – 1:35 p.m. **Sponsored Lunch: Unveiling New Evidence in PsA Joint Efficacy**
UCB Pharma | Fairfax Room
Brett Sohn, MD
Lunch on own for all other registrants
- Afternoon on your own**
- 6:00 – 8:00 p.m. **Reception & Casino Night**
James River Grand Ballroom AB & Pre-function space

AGENDA | SUNDAY, OCTOBER 4

- 7:00 – 7:50 a.m. **Sponsored Breakfast: The History, the Present, and the Future: KEVZARA in RA, PMR, and pJIA | Sanofi | Fairfax Room**
Gordon Lam, MD
- 7:00 – 7:50 a.m. **Exhibits Open | Continental Breakfast | Poster Session**
- 7:55 – 8:00 a.m. **Morning Announcements | James River Grand Ballroom AB**
- 8:00 – 8:45 a.m. **Neutrophilic Dermatoses**
Thomas Leung, MD, PhD
*Director, 4D Center for Human Skin Biology
University of Pennsylvania | Philadelphia, PA*
- 8:45 – 9:15 a.m. **Advocacy and Legislative Update**
Harry Gewanter, MD, FAAP, FACR
Retired Pediatric Rheumatologist | Richmond, VA
- 9:15 – 9:30 a.m. **Break | Visit Exhibitors | Poster Session**
James River Grand Ballroom CD & Pre-function
- 9:30 – 10:15 a.m. **Chronic Nonbacterial Osteomyelitis: Clinical Manifestations, Disease Associations, and Current Treatment Strategies**
April Bingham, MD
*Professor of Pediatrics, UVA School of Medicine
UVA Health Children's Hospital | Charlottesville, VA*
- 10:15 – 10:45 a.m. **Sunday Speaker Panel**
- 10:45 a.m. **Closing Remarks & Presentation of Awards**

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PRODUCT THEATERS

ALL SPONSORED MEALS WILL BE HELD IN THE FAIRFAX ROOM.
PRODUCT THEATERS DO NOT OFFER CME CREDITS.



Saturday Breakfast Program | 7:00 – 7:50 AM

A Clinical Evidence Review of SAPHNELO with DORIS Remission Data

Steven J. Golombek, MD



Saturday Lunch Program | 12:45–1:35 PM

Unveiling New Evidence in PsA Joint Efficacy

Bret Sohn, MD



Inspired by patients.
Driven by science.



Sunday Breakfast Program | 7:00 – 7:50 AM

The History, the Present, and the Future: KEVZARA in RA, PMR, pJIA

Gordon Lam, MD



POSTER HALL

Anasarca as a Presenting Symptom in Dermatomyositis

Alexandria Lucas, MD | University of Virginia

Behcet's Disease In An African American Female- An Underrecognized Diagnosis

Shrushti Dalal, MD | Eastern Virginia Medical School at Old Dominion University

Dupixent Associated ANCA Vasculitis

Vikasni Mohan, MD, MPH | University of Virginia

EBV-Positive Polymorphic B-Cell Lymphoproliferative Disorder in an Immunosuppressed Patient with RA-ILD

Barun Aryal, MD | Virginia Tech Carilion School of Medicine

Eosinophilia With Multisystem Involvement in Asthmatic Patient: What is on Your Differential Diagnosis List?

Anu Alvin Mathew, MD | Eastern Virginia Medical School at Old Dominion University

IL-1 Blockade for Recurrent Pleuropericardial Effusions in Good Syndrome: A Case Report

Jasmine Shrestha, MD | Virginia Tech Carilion School of Medicine

Improving Osteoporosis Screening in Patients on Chronic Glucocorticoid Therapy: A Quality Improvement Initiative in a Rheumatology Teaching Clinic

Rebekah Tanas, DO | Virginia Commonwealth University

It Took a Village: Unmasking Polyarticular CPPD in a Case of Presumed Septic Arthritis

Neusha Zadeh, DO | Riverside Regional Medical Center

Lungs Before Limbs: An Atypical Case of Rheumatoid Arthritis

Michael Martin, DO | Virginia Commonwealth University

Periorbital Swelling with Positive Lupus Serologies: A Diagnostic Challenge

Anu Alvin Mathew, MD | Eastern Virginia Medical School at Old Dominion University

Renal Involvement by Waldenström's Macroglobulinemia in a Patient with Systemic Lupus Erythematosus and Lupus Nephritis

Alberto Garcia Saucedo, MD | Atlantic Health

Sarcoidosis Status Post Lung Transplant: When Medical Management Reaches Its Limit

Emily Miller, DO | Virginia Tech Carilion School of Medicine

POSTER HALL

**Site-Specific Mucosal Candidiasis Associated with Bimekizumab, Secukinumab, and Guselkumab:
A Pharmacosurveillance Study of FDA Adverse Event Reportin**

Maria Shamsi, MD | Sovah Health

**The Great Imitator: A Diagnostic Odyssey in an Elderly Woman With Destructive
Seronegative Monoarthritis**

Sushil Pokharel, MBBS | Virginia Tech Carilion School of Medicine

The Plucker's Plight: Actinomyces Infection of the Hand

Dominic Gentile, MD | University of Virginia

**Nanoencapsulated Sirolimus Plus Pegadricase (NASP) Demonstrates Long Term Efficacy
and Safety in Patients with Uncontrolled Gout: Results from the 24-Week Double Blind
Extension of the Phase 3 DISSOLVE I Study**

Reema Sbitany, MSN, CRNP | Sobi

Obixelimab, a B-cell inhibitor, in IgG4-Related Disease: Results from the Phase 3 INDIGO Trial

Katie Springer, PA-C | Zenas BioPharma

**One Year Real-World Effectiveness & Safety With Avacopan in Granulomatosis With
Polyangiitis & Microscopic Polyangiitis in Two Large Healthcare System**

Jeffrey Barno, PharmD | Amgen



Submit your vote for the best
poster! Scan the QR code to
participate.

ANNUAL MEETING CONTRIBUTORS

The Virginia Society of Rheumatology wishes to recognize and thank the following companies for their support of the Annual Conference.

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