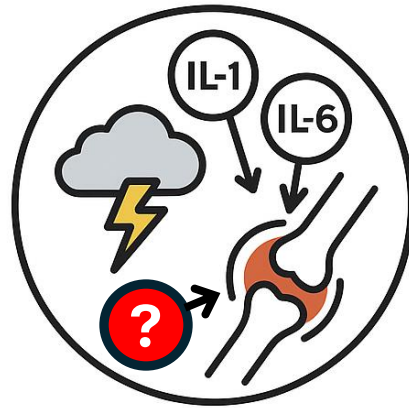
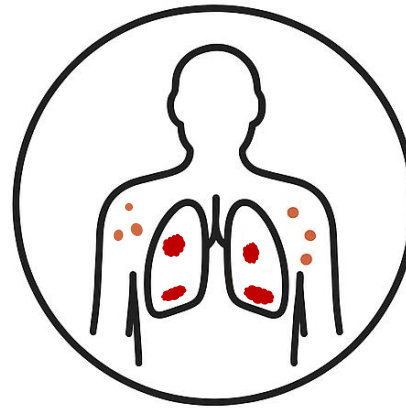


Still's Disease Across the Ages



**EVOLVING
THERAPIES**



**EMERGING
COMPLICATIONS**



**GENOMIC
INSIGHTS**



National Institute of
Arthritis and Musculoskeletal
and Skin Diseases

Michael J. Ombrello, MD

Principal Investigator
Translational Genetics and Genomics Section
Intramural Research Program, NIAMS, NIH

Disclosures

- I have no conflicts of interest to disclose
- I will discuss non-FDA approved therapies for Still's disease:
 - Anakinra
 - JAK inhibitors
 - mTOR inhibitors



Two faces of Still's disease

32-year-old female with AOSD

- Persistent polyarthritis, LAD, persistent inflammation, elevated LFTs and LAD
- Flares with MAS
- Infusion reactions
 - Tocilizumab, abatacept, infliximab
- Injection site reactions
 - Anakinra, adalimumab
- Treated with glucocorticoids and DMARDs



Two faces of Still's disease

- **5-year-old male with sJIA debut**
 - Prolonged fever, arthritis, rash, LAD
 - Flared during glucocorticoid taper
 - Remission on anakinra, occasional flares
- **4-year-old female with sJIA debut**
 - Prolonged fever, arthritis, LAD, myalgia
 - Clinical remission on glucocorticoids
 - No recurrence
- **12-year-old female with sJIA x 5 years**
 - Wheelchair bound, cushingoid
 - S/p multiple joint replacements
 - Many drug reactions, chronic steroids



Challenges in Still's disease

- **Problems**

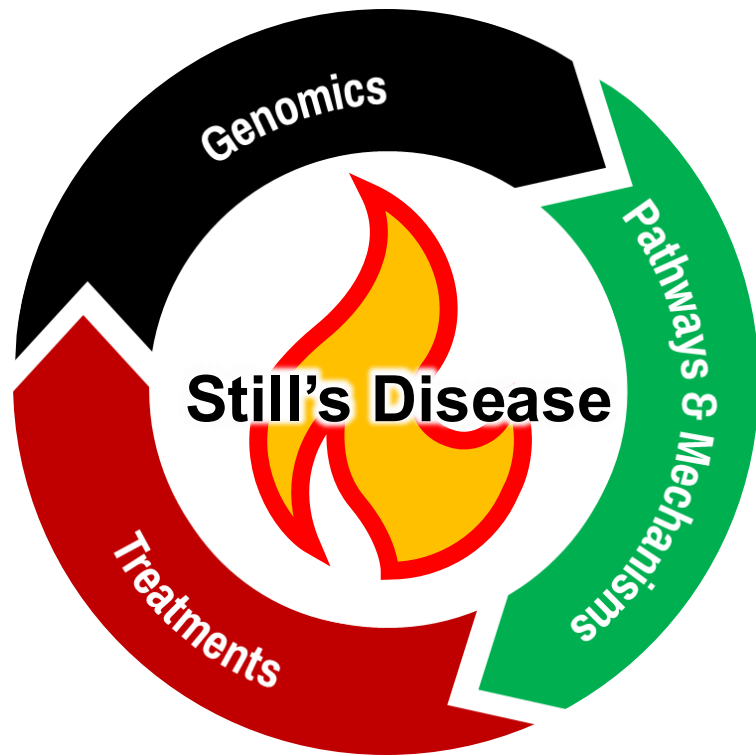
- Incomplete effectiveness
- Severe therapy-associated complications
- AOSD studies and care lag behind sJIA

- **Solutions**

- New therapeutic targets
- Personalized medicine approaches
- Education and collaboration among adult rheumatologists



The Ombrello Lab: Translational Investigations of Still's Disease



Collaborations/Consortia



INCHARGE sJIA cohort
CARRA (sJIA and sJIA-lung disease)
FROST Investigators (sJIA)
PLCG2 Immune Dysregulation Consortium

Clinical Center

NIAID IRP

NIAMS IRP

NHGRI IRP

SYNERGY

Local Study Cohort

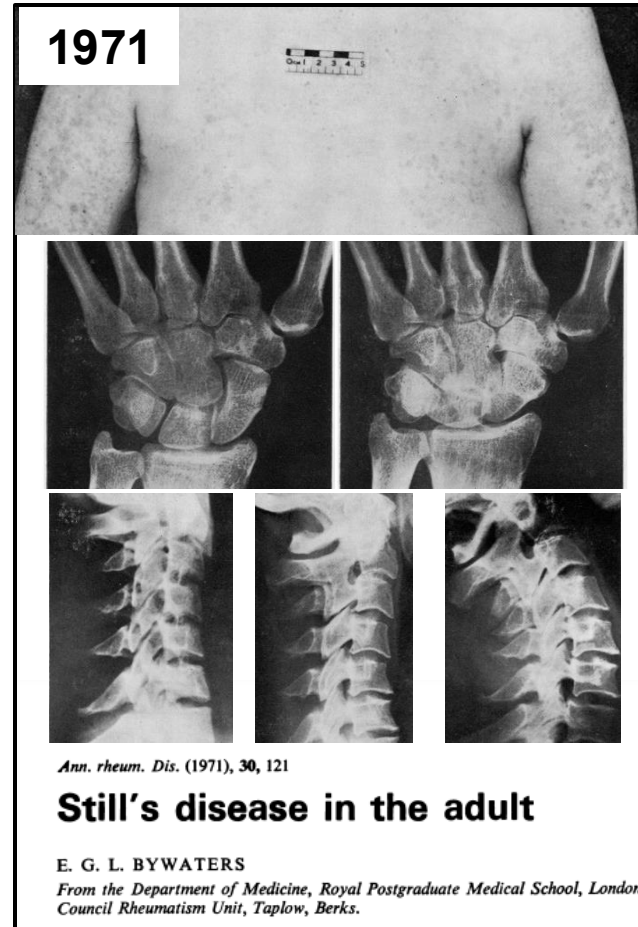
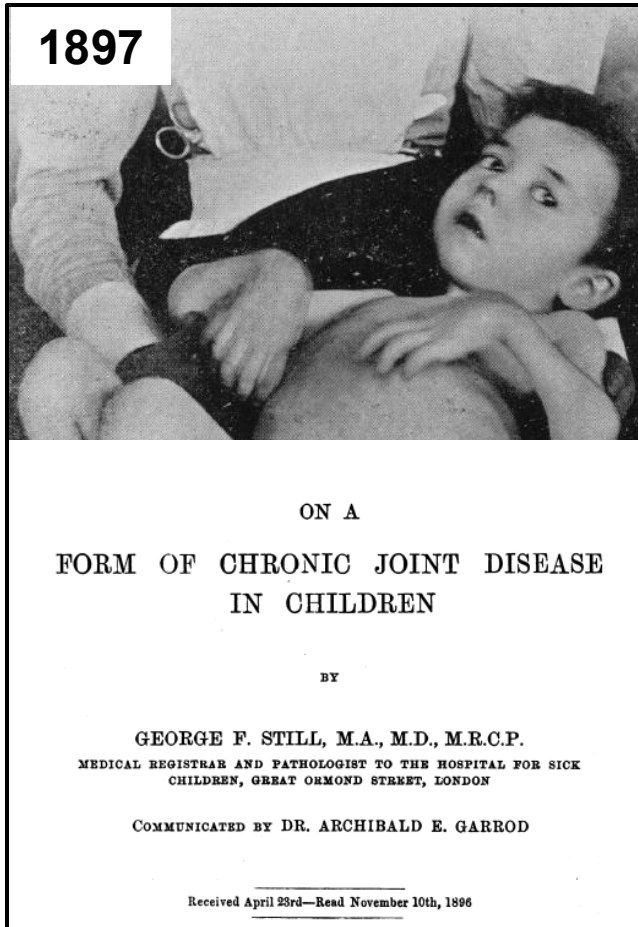


Still's disease in children and adults
PLCG2-associated immune dysregulation
Undiagnosed inflammatory disease



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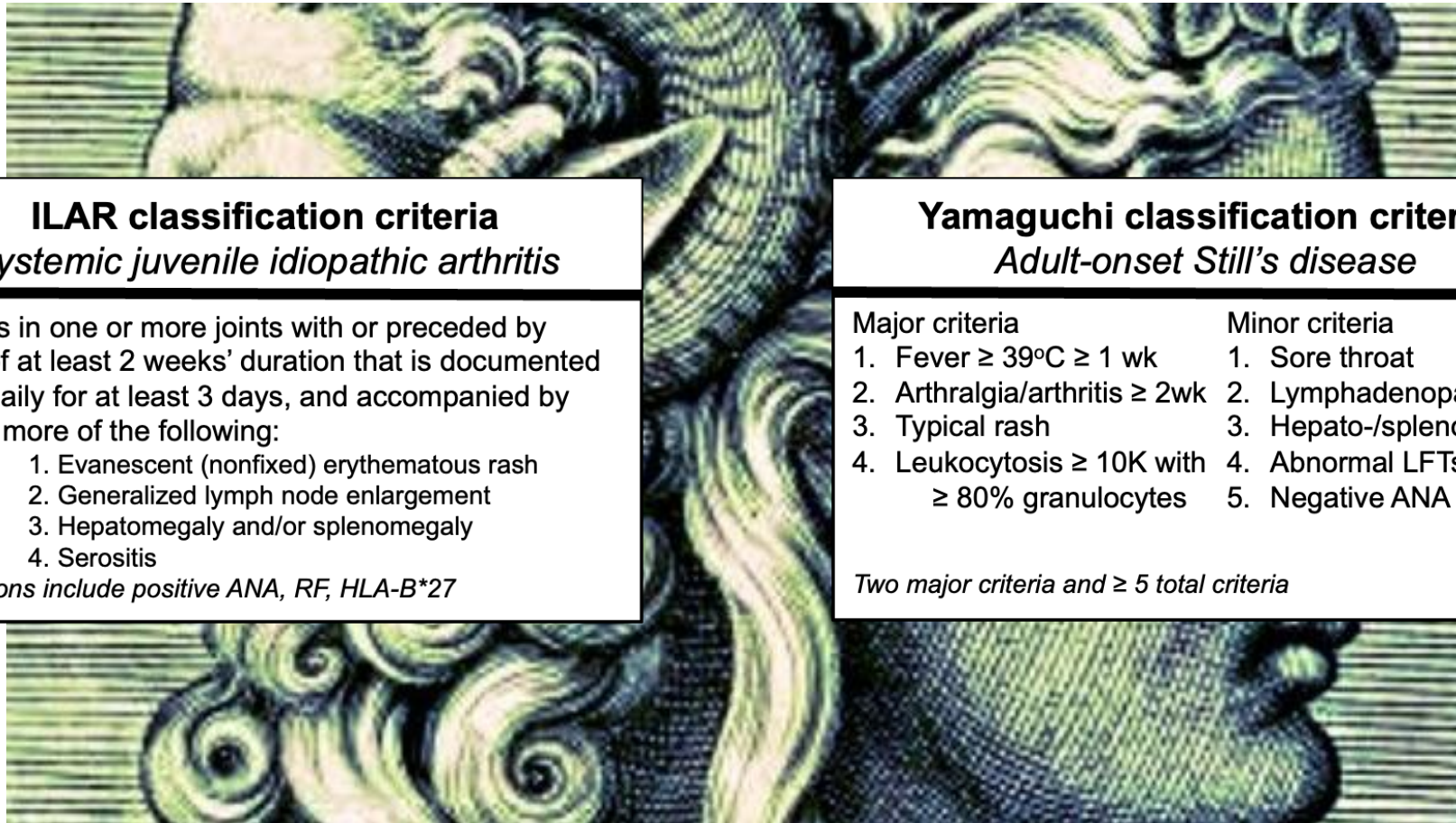
What is Still's disease?



Prototypic features of Still's disease in 22 children and 14 adults

- Fever
- Rash
- Severe, progressive arthritis
- Lymphadenopathy
- Serositis

What is Still's disease?



ILAR classification criteria *Systemic juvenile idiopathic arthritis*

Arthritis in one or more joints with or preceded by fever of at least 2 weeks' duration that is documented to be daily for at least 3 days, and accompanied by one or more of the following:

1. Evanescent (nonfixed) erythematous rash
2. Generalized lymph node enlargement
3. Hepatomegaly and/or splenomegaly
4. Serositis

*Exclusions include positive ANA, RF, HLA-B*27*

Yamaguchi classification criteria *Adult-onset Still's disease*

Major criteria

1. Fever $\geq 39^{\circ}\text{C}$ ≥ 1 wk
2. Arthralgia/arthritis ≥ 2 wk
3. Typical rash
4. Leukocytosis $\geq 10\text{K}$ with $\geq 80\%$ granulocytes

Minor criteria

1. Sore throat
2. Lymphadenopathy
3. Hepato-/splenomegaly
4. Abnormal LFTs
5. Negative ANA and RF

Two major criteria and ≥ 5 total criteria

Clinical features of Still's disease

Comparison of children and adults

Clinical Feature	ILAR	Yamaguchi	Children ^{1,2}	Adults ³
Fever	+	+	98-100%	91-100%
Lymphadenopathy	+	+	31-49%	28-64%
Pharyngitis		+		31-62%
Joint complaints	Arthritis	Arthralgia	80-88%	47-95%
Organomegaly	+	+	12-22%	25-60%
Rash	+	+	81-91%	62-80%
Leukocytosis		+	75%*	73-100%
Serositis	+		10-14%	25-60%
Transaminitis		+	25%*	50-62%



What is Still's disease?

431 children vs. 579 adults

Inflammatory arthritis



OPEN ACCESS

CLINICAL SCIENCE

Systemic juvenile idiopathic arthritis and adult-onset Still's disease are the same disease: evidence from systematic reviews and meta-analyses informing the 2023 EULAR/PRoS recommendations for the diagnosis and management of Still's disease

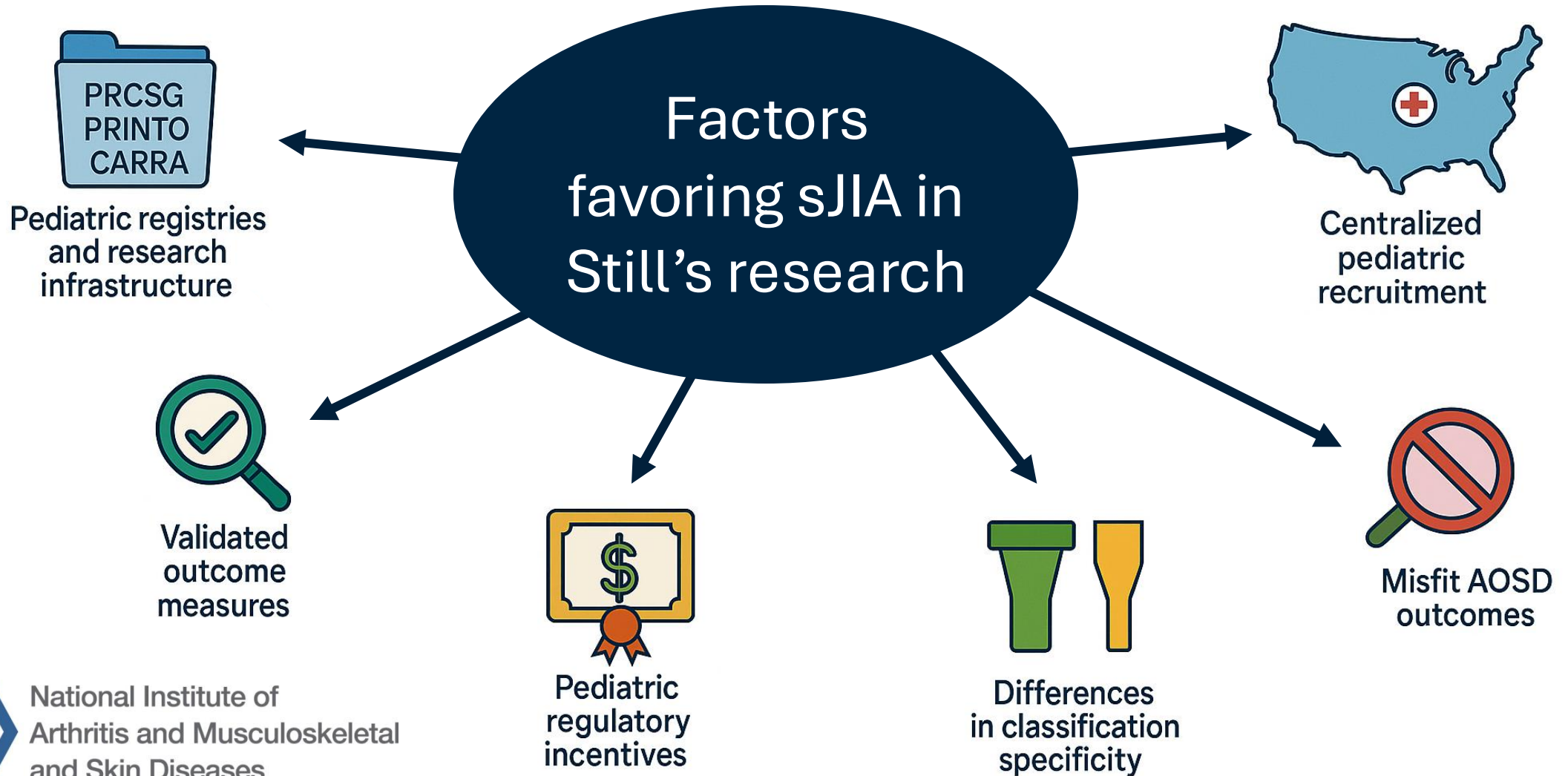
Arianna De Matteis ¹, Sara Bindoli ², Fabrizio De Benedetti ¹,
Loreto Carmona ³, Bruno Fautrel ^{4,5,6}, Stéphane Mitrovic ^{4,5}



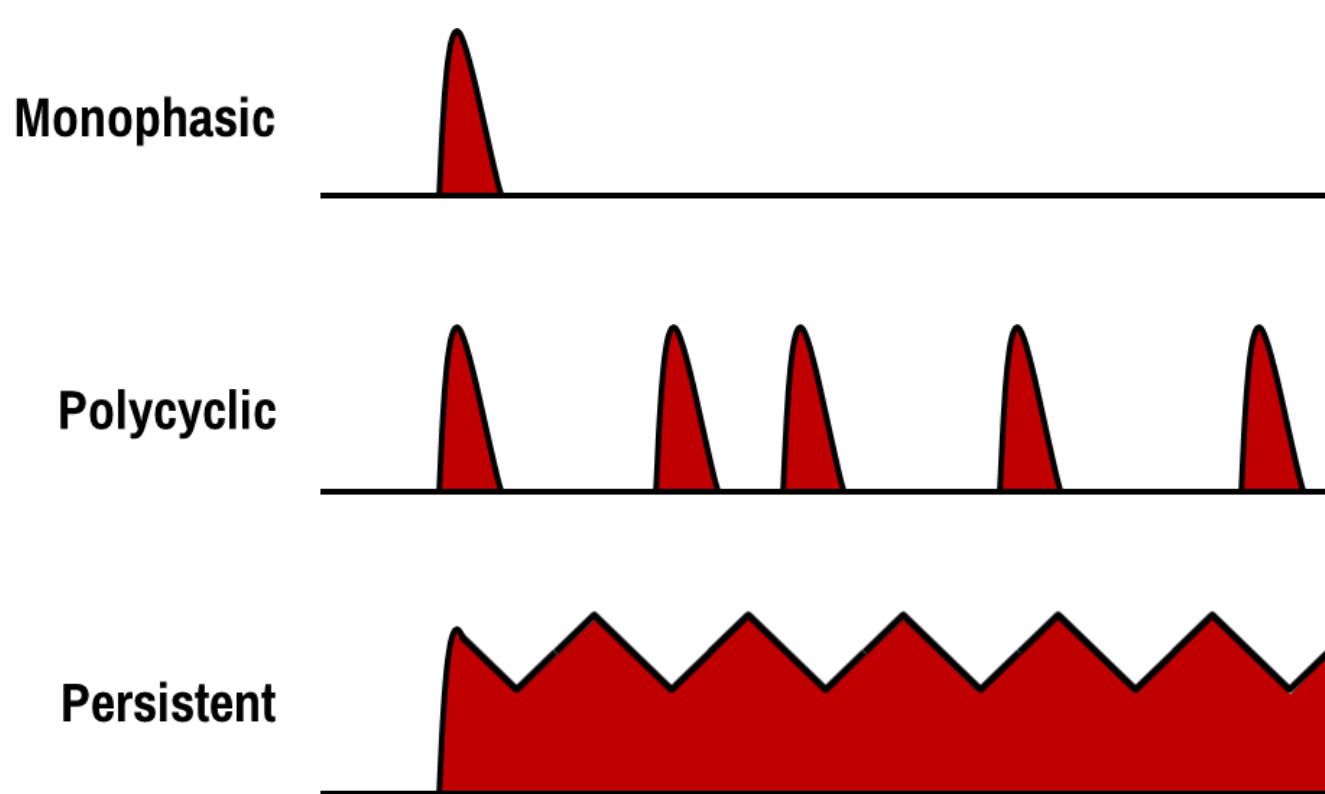
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De Matteis A et al, 2024 (PMID 39317414)

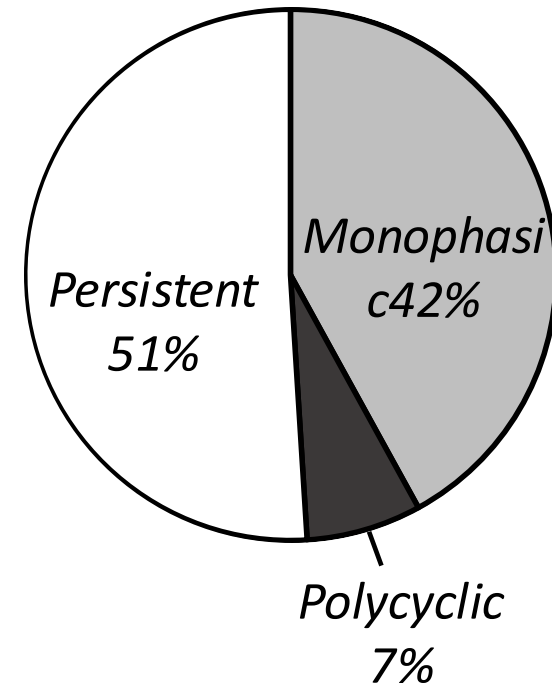
Still's research skewed toward sJIA



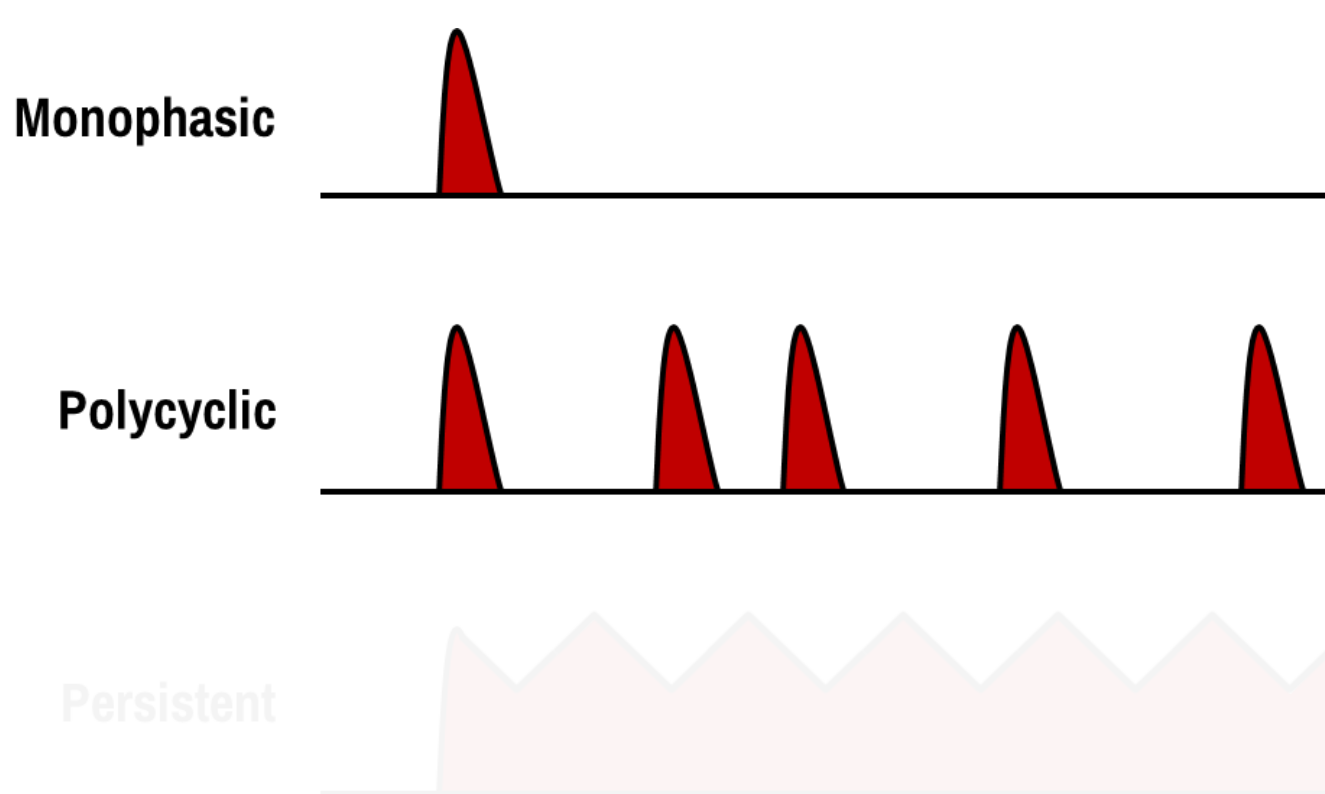
Heterogeneous disease courses in Still's disease



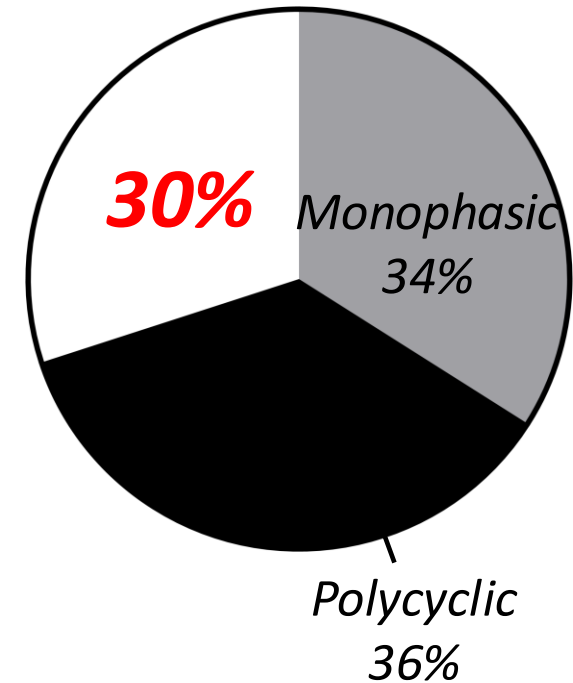
sJIA



Heterogeneous disease courses in Still's disease



AOSD

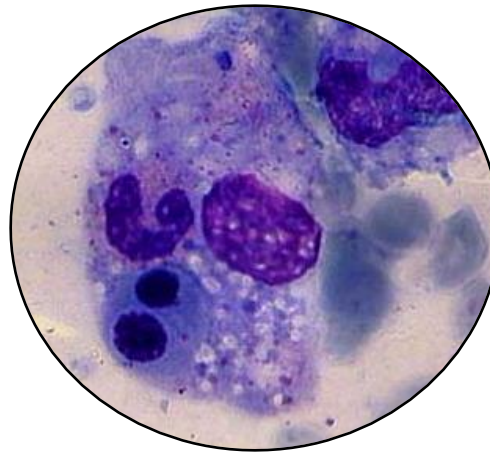


Heterogeneous complications of Still's disease



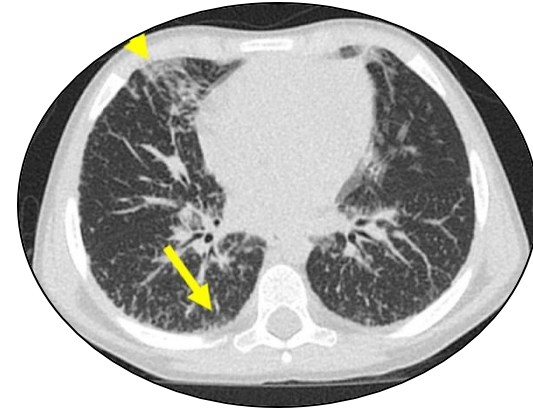
PERICARDIAL EFFUSION

- Occurs in up to 30% of AOSD
- May be recurrent
- Tamponade may be fatal



MACROPHAGE ACTIVATION SYNDROME

- Hyperinflammatory cytokine storm
- Occurs in up to 15% of AOSD
- Lethal if untreated



INTERSTITIAL LUNG DISEASE

- Multicentric, polymorphic histology
- Prominent alveolar proteinosis
- Rapidly progressive and lethal

What is not Still's disease?

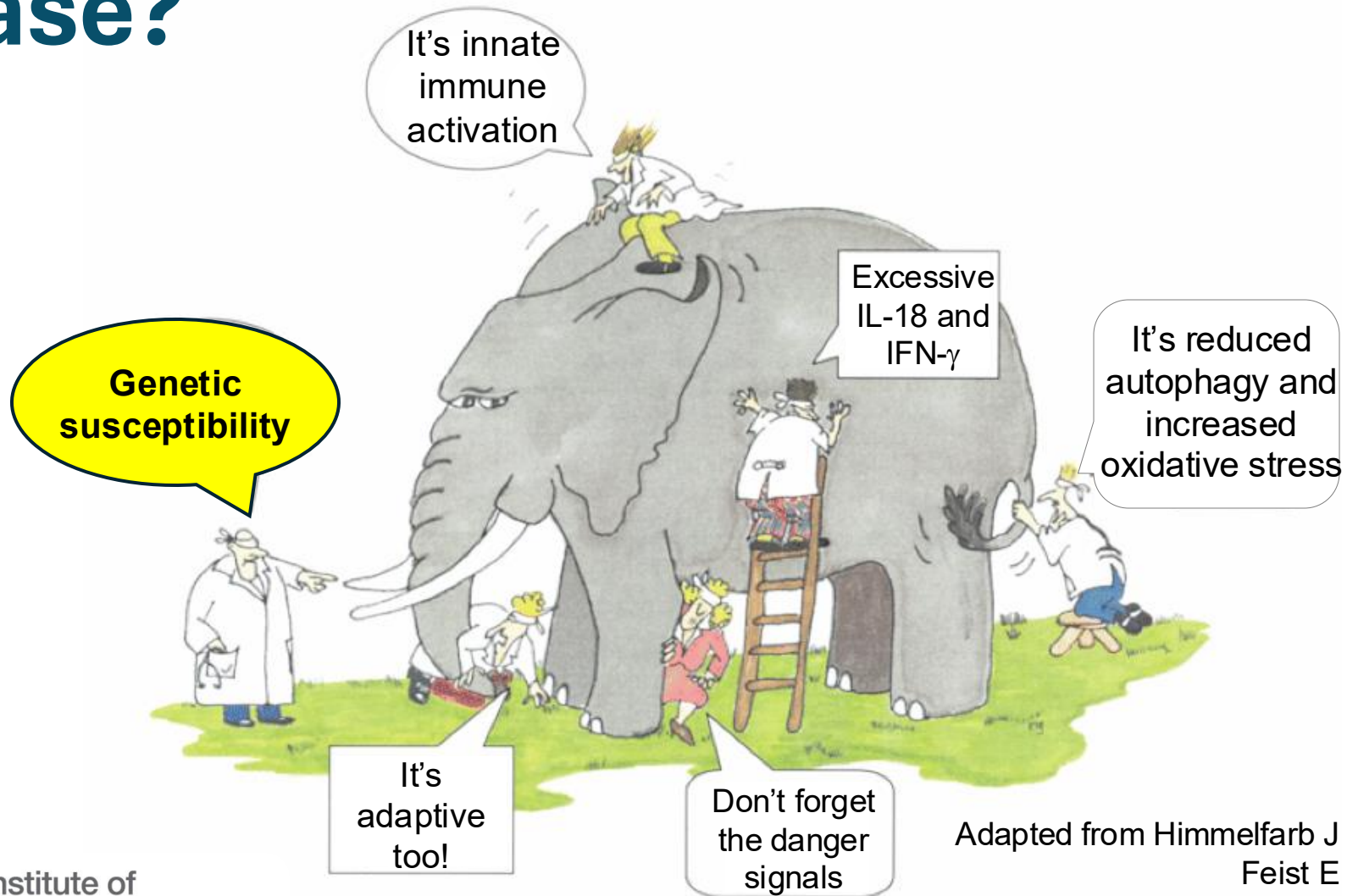


- Still's disease is NOT a:
 - Variant of a known monogenic autoinflammatory disease
 - Variant of a known form of arthritis (RA, SpA, PsA, etc.)
 - Autoimmunity with any specific autoantibodies
 - Subacute or chronic viral infection
 - Recurrent/chronic streptococcal infection with arthritis
 - Post-infectious autoimmunity
 - Lymphoproliferative disease
 - Paraneoplastic syndrome
 - Myelodysplastic syndrome

- Clinically, this is critical for optimal management
- Excluding disparate pathophysiology is also critical to successfully investigating Still's disease



What is the pathophysiology of Still's disease?



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Adapted from Himmelfarb J et al, 2002 (PMID 12371953)
Feist E et al, 2018 (PMID 30218025)
Kessel C et al, 2020 (PMID 31524322)
Ombrello MJ et al, 2014 (PMID 26598658)

Genetics and Still's disease

- **Candidate gene studies**
- **sJIA GWAS**
 - *HLA-DRB1*11*
 - Numerous other risk loci
 - *IL1RN* (low expression)
- **Rare variants**
 - HLH genes, *STXBP2*, *LYST*
- **Family-based studies**
 - *LACC1*

- **AOSD GWAS**
 - Multiple HLA alleles
 - *CSF1* (encoding M-CSF)

WHAT WE NEED:

- ✓ ***International AOSD genomics consortium***
- ✓ ***Combined studies of sJIA and AOSD***



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Ombrello MJ et al, 2015 (PMID 26598658)
Ombrello MJ et al, 2017 (PMID 27927641)
Arthur VL et al, 2018 (PMID 29609200)
Wakil SM et al, 2015 (PMID 25220867)
Li Z et al, 2020 (PMID 31471296)
Chen Y et al, 2020 (PMID 32149159)

The treatment of Still's disease

How did we treat Still's disease?

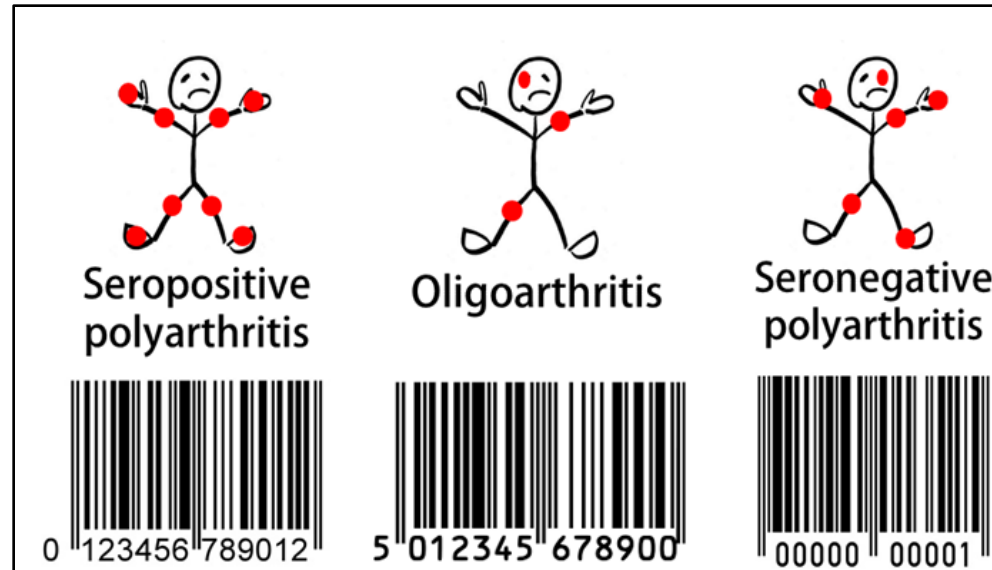
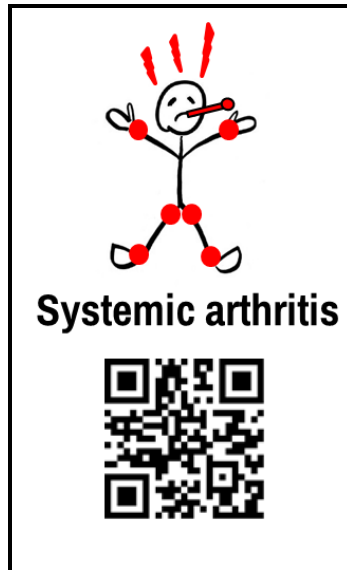
- No guideline figure from pre-biologic era!
- Repurposing from other conditions?
- NSAIDs, glucocorticoids, DMARDs, immunomodulators, IVIG, emerging biologics (TNF-blockers)?

NOT VERY WELL

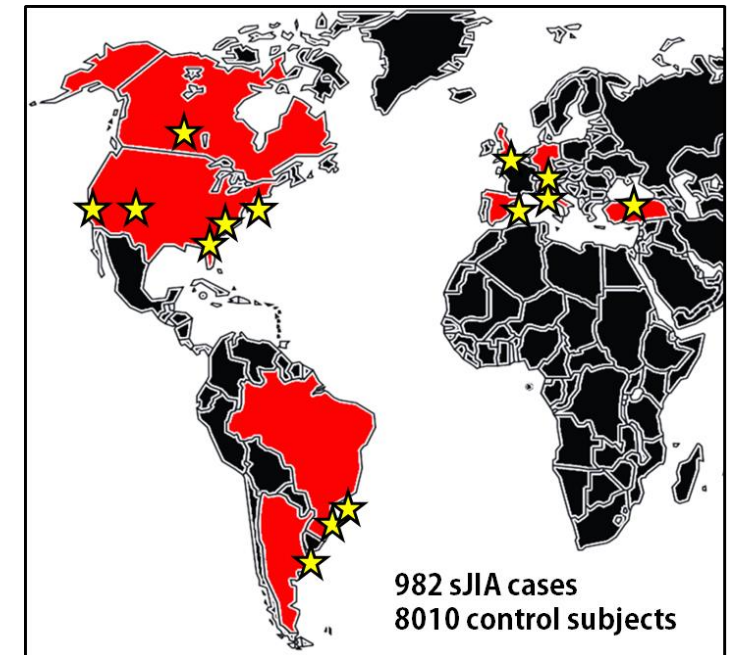


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Why hasn't drug repurposing been successful in Still's disease

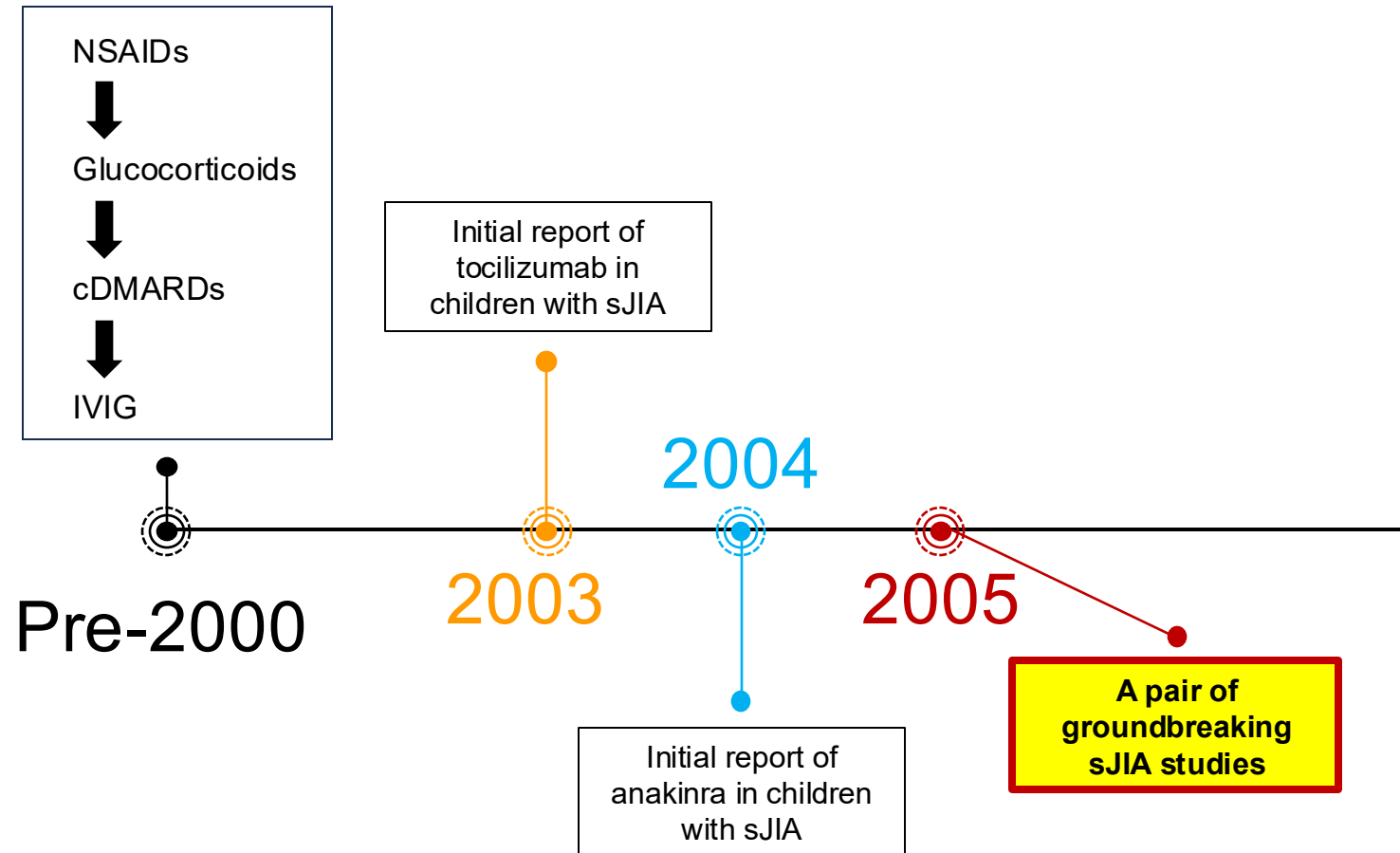


sJIA has a unique genetic architecture compared to other forms of JIA



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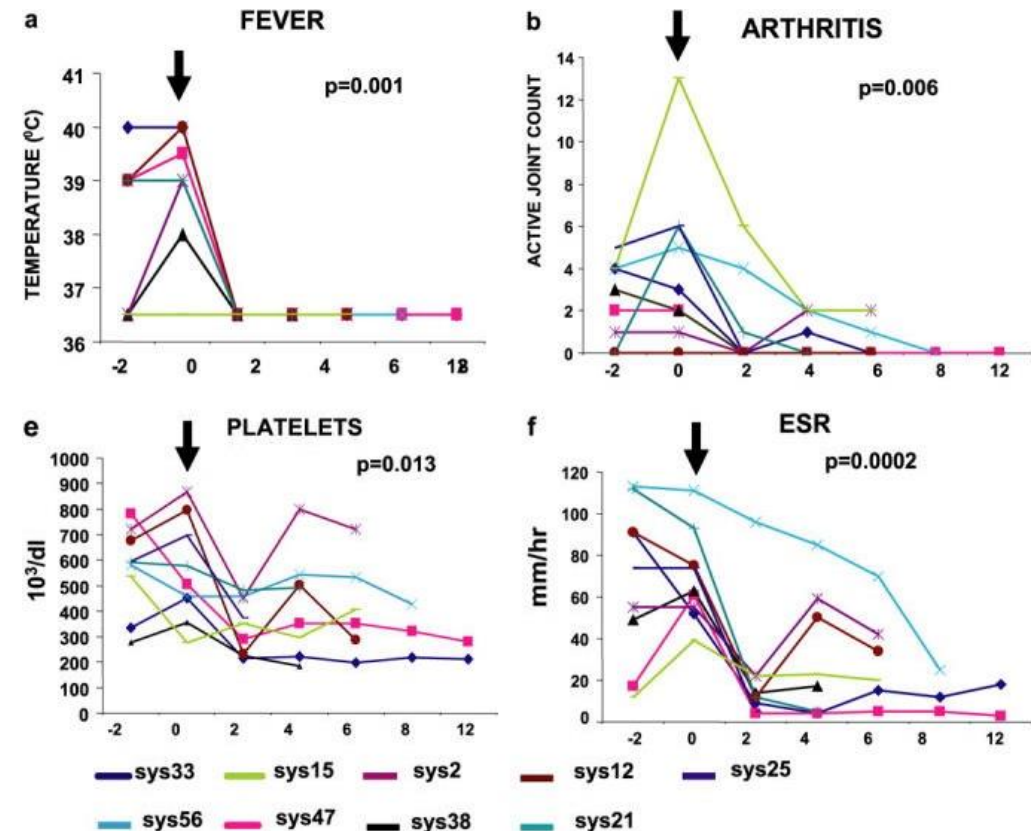
Evolution of Still's disease therapy



Cytokine inhibition in Still's disease

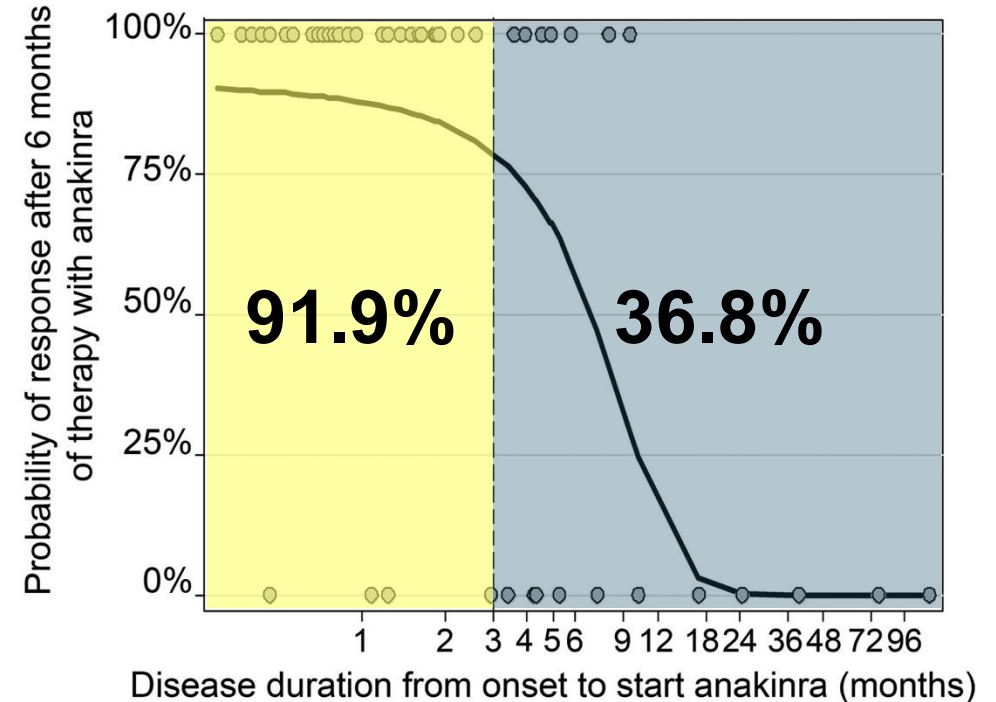
Interleukin-1 β targeting therapy in Still's disease

1. IL-1 β is elevated in Still's disease
2. Landmark mechanistic rationale
 - IL-1 β transcriptional signal
 - Reciprocal induction of IL-1 β ex vivo
 - Clinical proof of principle
3. Many clinical trials
 - Observational >> RCT



Anakinra in Still's disease

- Human recombinant IL-1Ra
- Highly effective, but not FDA approved
- AEs: Infection, injection site reaction, pruritic eruption, hepatic injury
- ***Early treatment improves prognosis***
- ***High expression IL1RN promoter variation may predict non-response***



Quartier P et al, 2010 (PMID 21173013)
Nigrovic PA et al, 2011 (PMID 21280009)
Vastert SJ et al, 2014 (PMID 24757154)
Vastert SJ et al, 2019 (PMID 31769856)
Pardeo M and Rossi MN et al, 2021 (PMID 33615724)
Arthur VL et al, 2018 (PMID 29609200)

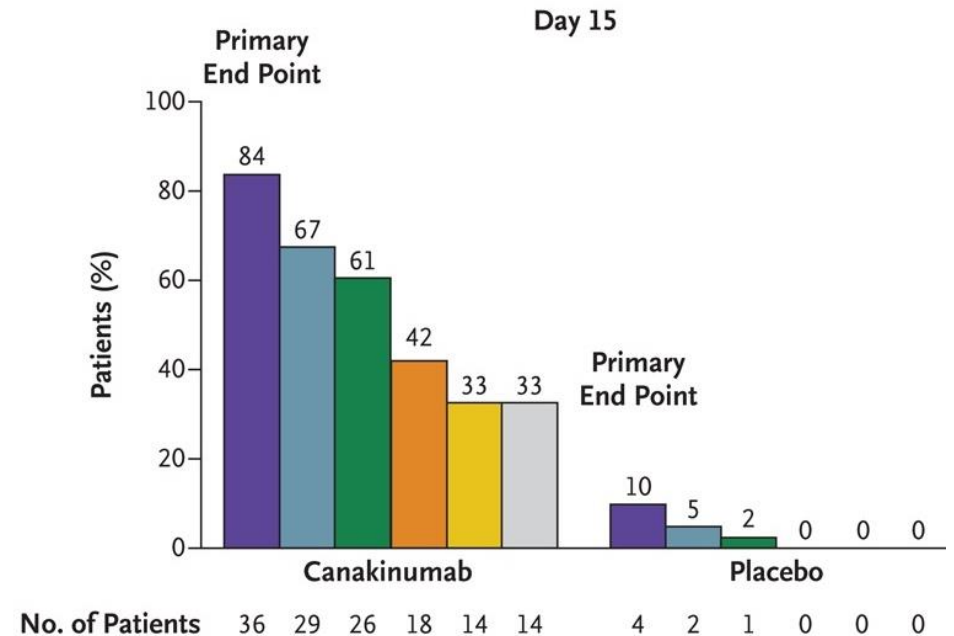


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Canakinumab in Still's disease

- Human IgG1 anti-IL-1 β mAb
- Highly effective in clinical trials
- FDA approved in sJIA and AOSD
- AE: infections, MAS, injection site reactions, pruritic eruptions

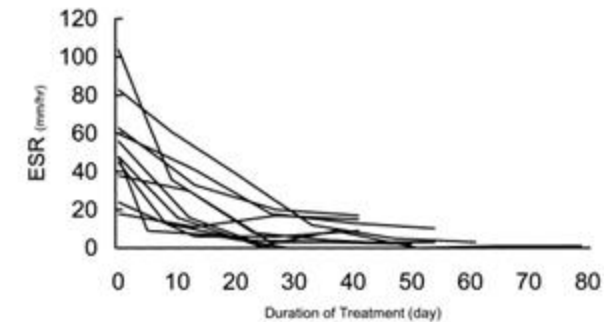
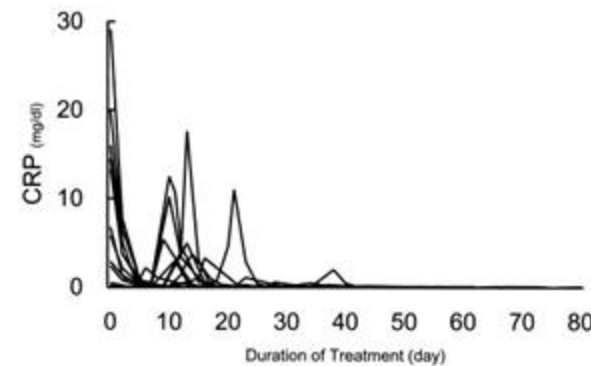
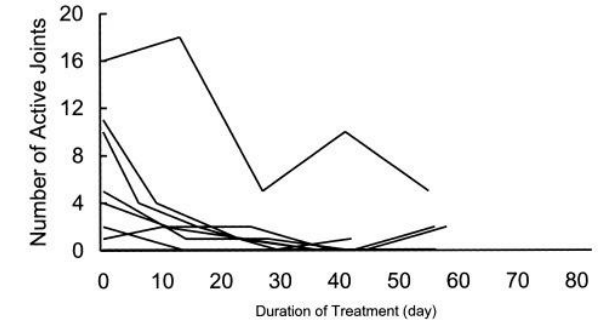
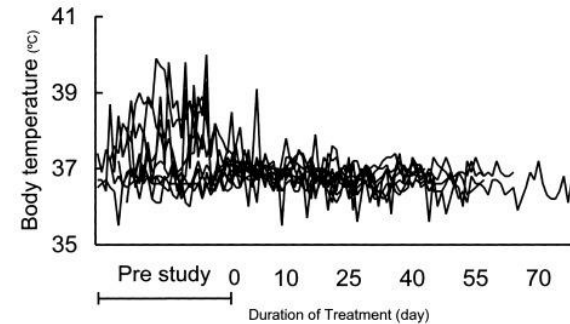
A Trial 1



Cytokine inhibition in Still's disease

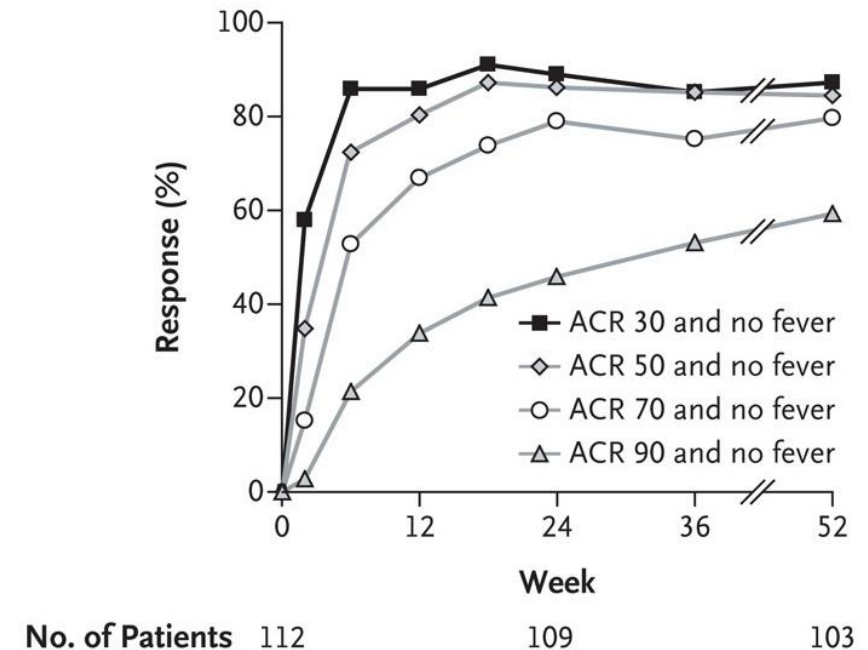
Interleukin-6 targeting therapy in Still's disease

- 1. IL-6 is elevated in Still's disease**
- 2. Strong clinical correlations with levels**
 - Fever, joint inflammation
 - CRP, ferritin
 - Clinical proof of principle
- 3. Many clinical trials**
 - Observational
 - RCT

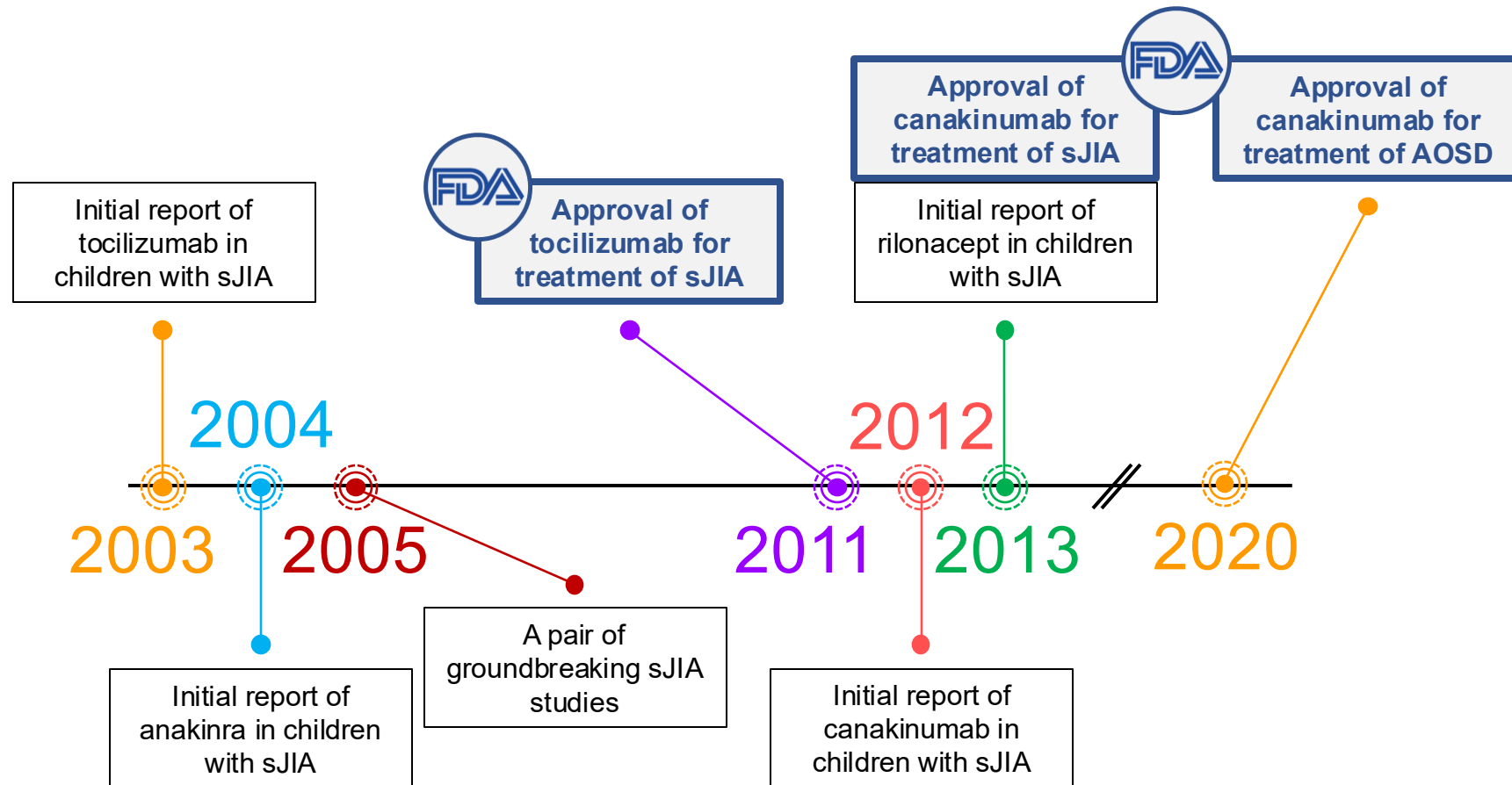


Tocilizumab in Still's disease

- Humanized IgG₁ anti-IL-6R mAb
- Highly effective in clinical trials
- FDA approval in sJIA
- AE: infection, MAS, elevated LFTs, anaphylaxis, hypercholesterolemia

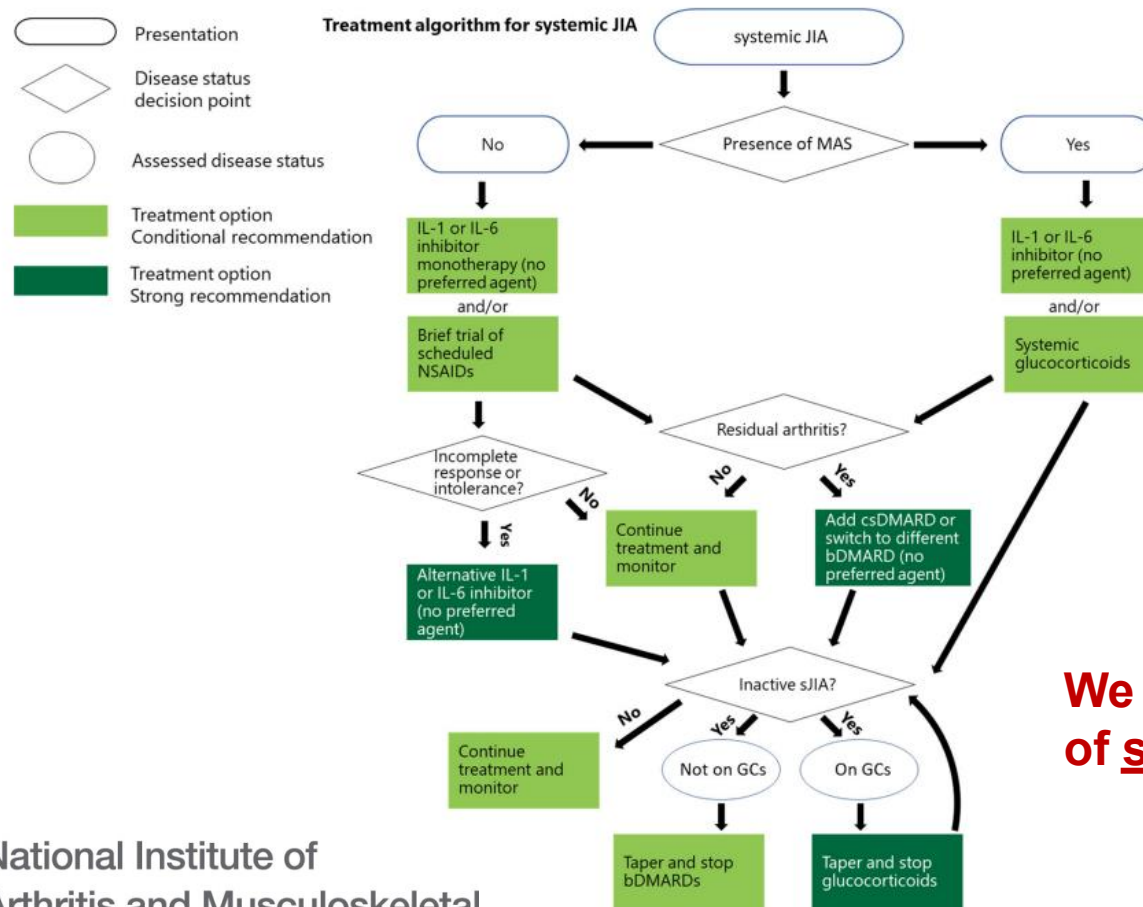


Evolution of Still's disease therapy



Treatment of Still's Disease

2021 ACR Guidelines for Management of sJIA



Summary of Recommendations

1. Brief NSAID monotherapy
2. Biologic DMARDS are priority
3. Minimize glucocorticoids

We should recalibrate our goal and treat to target of sustained, steroid-free clinical remission



Treatment of Still's Disease

Beyond clinical trials: real world experiences

- IL-1 and IL-6 blockade revolutionized Still's disease treatment
- Up to half continue to have active disease or require steroids despite the best available treatments
 - Need new treatments
 - Need optimized treatment strategies
- Sometimes treatments exacerbate disease activity



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Janow G et al, 2016 (PMID 27307527)
Horneff G et al, 2017 (PMID29166924)
Ter Haar N et al, 2019 (PMID 30848528)
Saper VE*, Ombrello MJ* et al, 2022 (PMID 31562126)

Treatment refractory Still's disease

- **Chronic arthritis**
- **Recurrent MAS**
- **Lung Disease**
- Many never achieve sustained steroid-free clinical remission
 - 20-35% of Still's disease cannot achieve sustained remission
 - Over 50% of Still's disease cannot taper steroids

These cases highlight the need for new therapies and subtype-specific precision medicine approaches



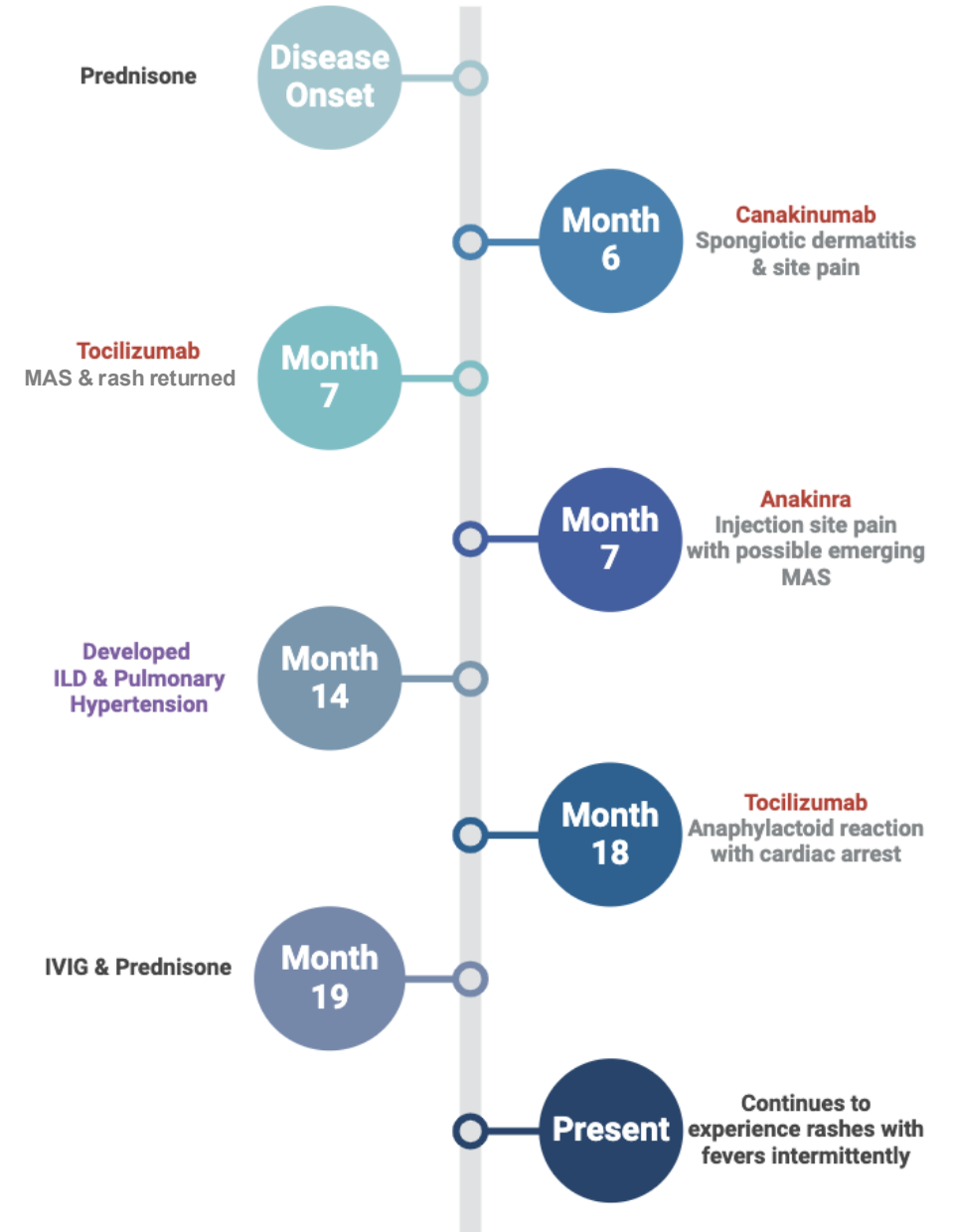
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Erkens R et al, 2021 (PMID 34635293)
Ambler W et al, 2022 (PMID 35786149)
Foley CM et al, 2024 (PMID 37780048)
Ruscitti P et al, 2024 (PMID 38302170)

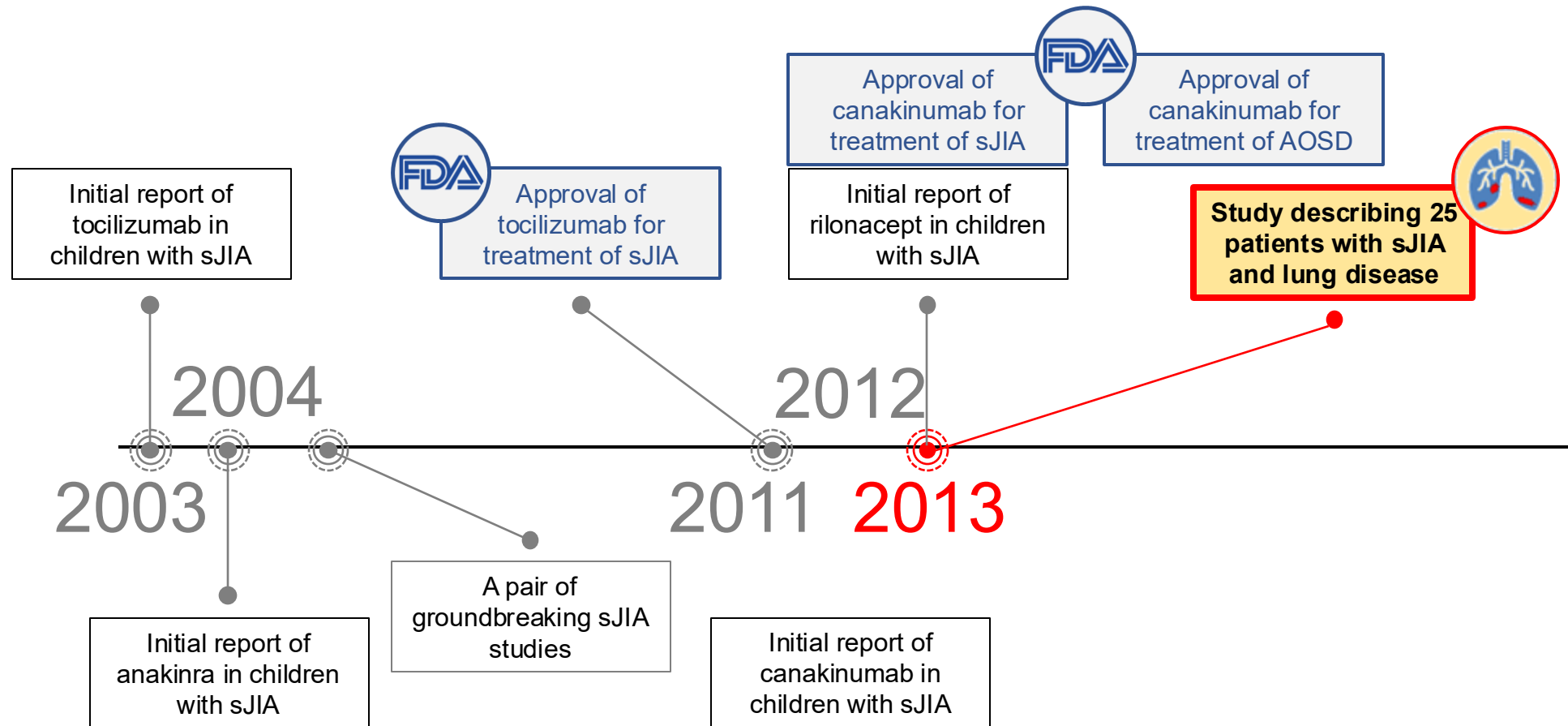


The Changing Face of Still's Disease

Case presentation



Emergence of Still's lung disease



Still's-associated lung disease

- **Series of sJIA with cardiopulmonary manifestations**
 - 6 had lung disease (PAP, ILD or both)
 - 12 had pulmonary arterial hypertension (PAH)
 - 7 had PAH & lung disease (PAP, ILD or both)

More severe disease (treatments, systemic symptoms)

88% had received IL-1 or IL-6 inhibition

Roughly 2X more than CARRA registry (n=389)



Is Still's lung disease emergent?

Pediatric reports

Two singleton reports of PAH

- Primary PAH without parenchymal lung disease

Three singleton reports of PAP

- Two cases exposed to anakinra

No other PubMed publications describing PAP/ELP-like lung disease or pulmonary hypertension in Still's disease until Kimura et al 2012.

Adult reports

Pleuritis and ARDS have been described

- “Parenchymal” LD, not PAP/ELP pattern

Two singleton reports of PAH

- Primary PAH without parenchymal lung disease

One singleton report of ILD

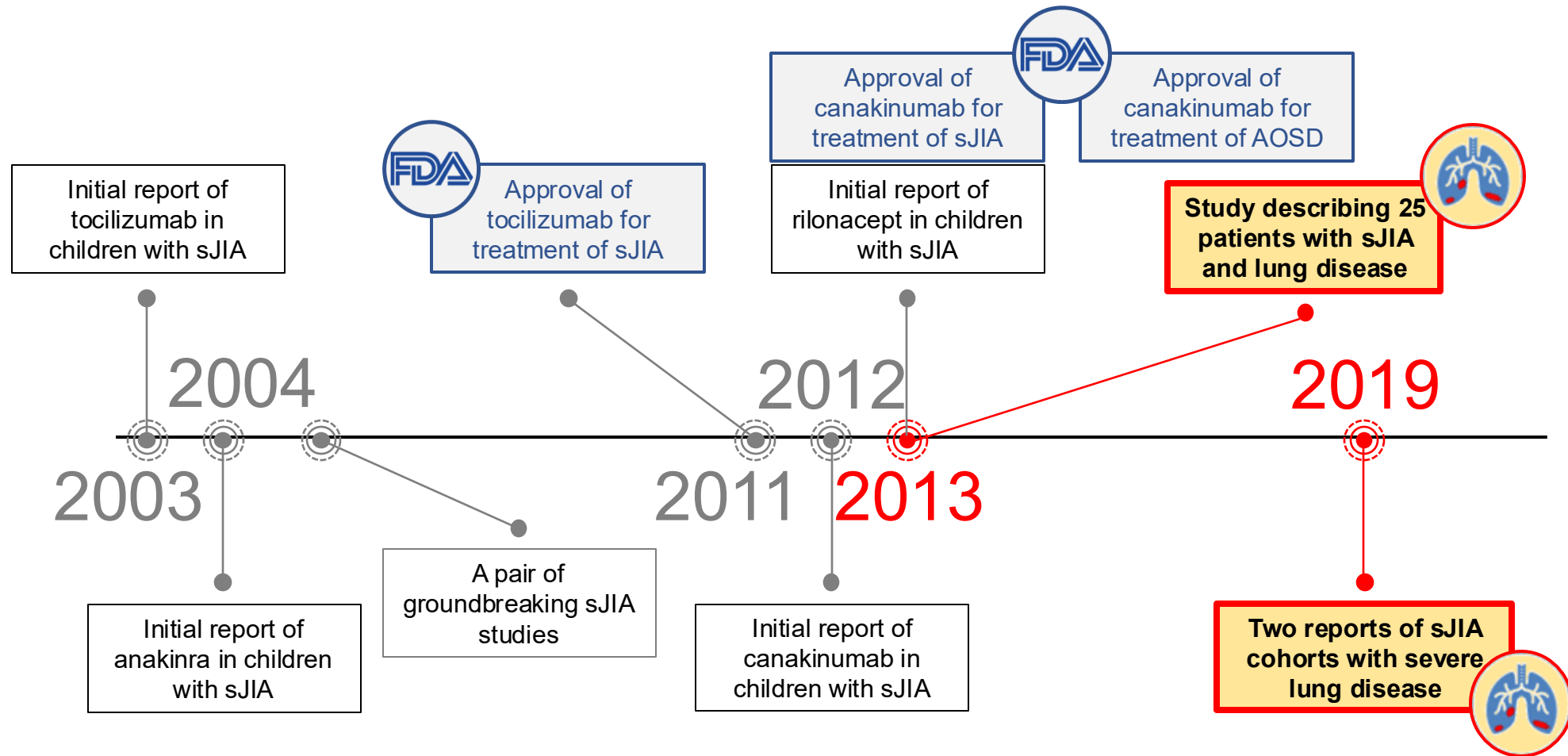
- PAP-like pattern

Padeh S et al 1991 (PMID 1747143)
Schultz R et al, 2001 (PMID 11596165)
Nolan PK et al, 2005 (abstract CHEST 2005)
Weiss JE et al, 2008 (abstract ACR 2008)
Dharia S and Noe J, 2010 (doi:10.1378/chest.9858)
Zen A et al, 1990 (PMID 2377940)
Cheema GS and Quismorio FP, 1999 (PMID 27472698)
Van Hoeyweghen RJ et al, 1993 (PMID 8258247)
Mubashir E, et al 2007 (PMID 16871352)



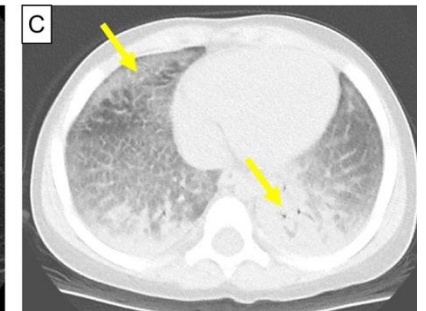
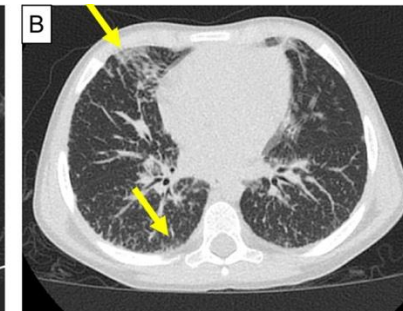
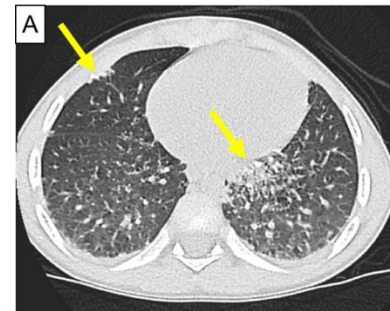
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Emergence of Still's lung disease



Still's-associated lung disease

- Pulmonary Alveolar Proteinosis
- Unusual features
 - Eosinophilia
 - Atypical skin rash
 - Anaphylaxis to tocilizumab
 - Injection site reactions
- Risk factors
 - Young age (<2 years)
 - Trisomy 21
 - Recurrent MAS
 - High IL-18



Initial cohorts had mortality > 50%



Still's-associated lung disease is associated with HLA-DRB1*15

47 Still's LD patients (42 sJIA, 5 AOSD)

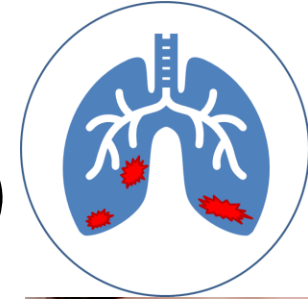
HLA-DRB1*15 allele frequencies:

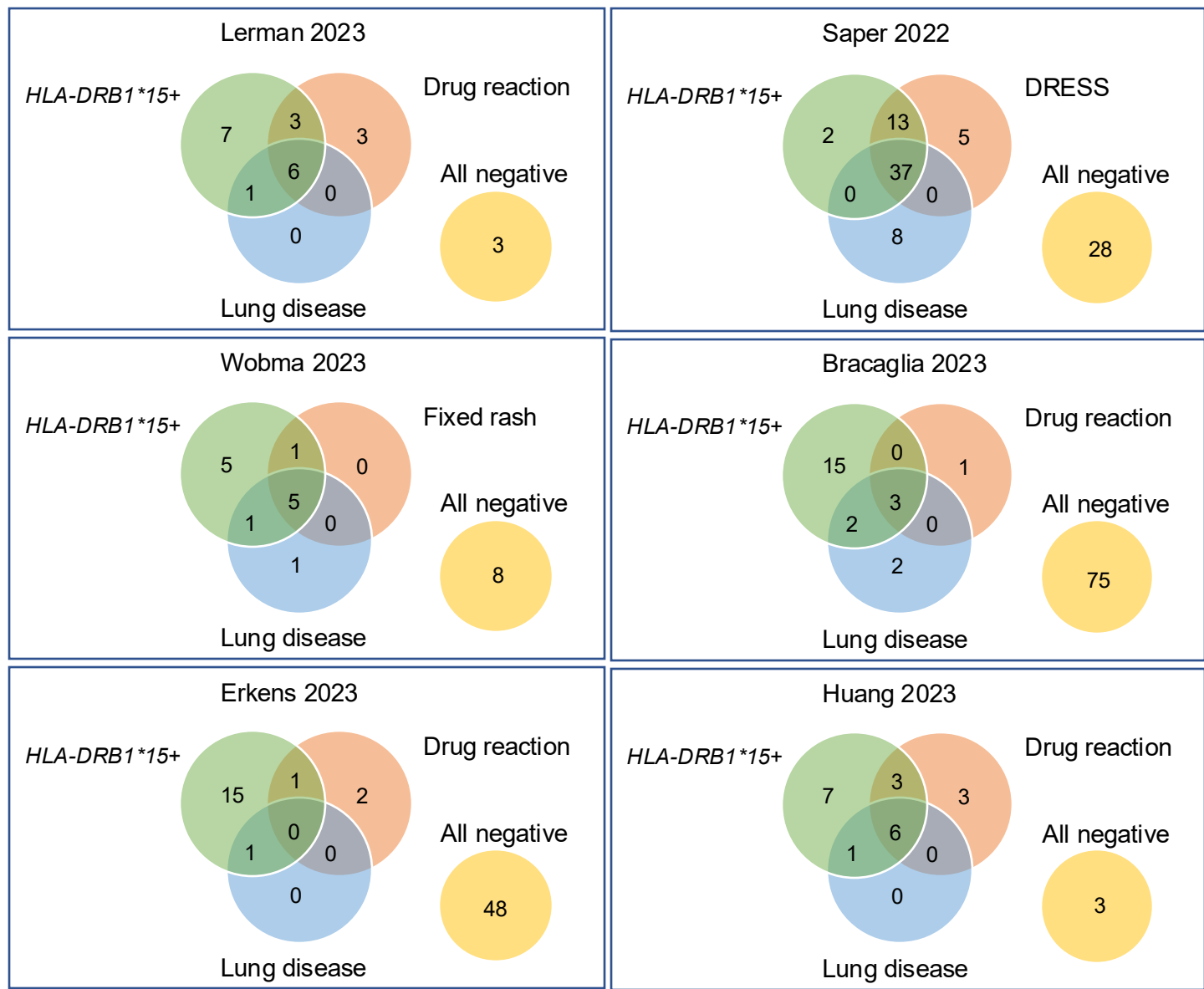
Still's-LD (0.82) vs. INCHARGE sJIA (0.26)

OR of 14.1 [6.4, 31]

Still's-LD (0.82) vs. "drug tolerant" sJIA (0)

OR 57.6 [11.5, 288]





Still's-associated drug reactions (DRESS) associates with HLA-DRB1*15

18 Still's with drug reactions, no LD

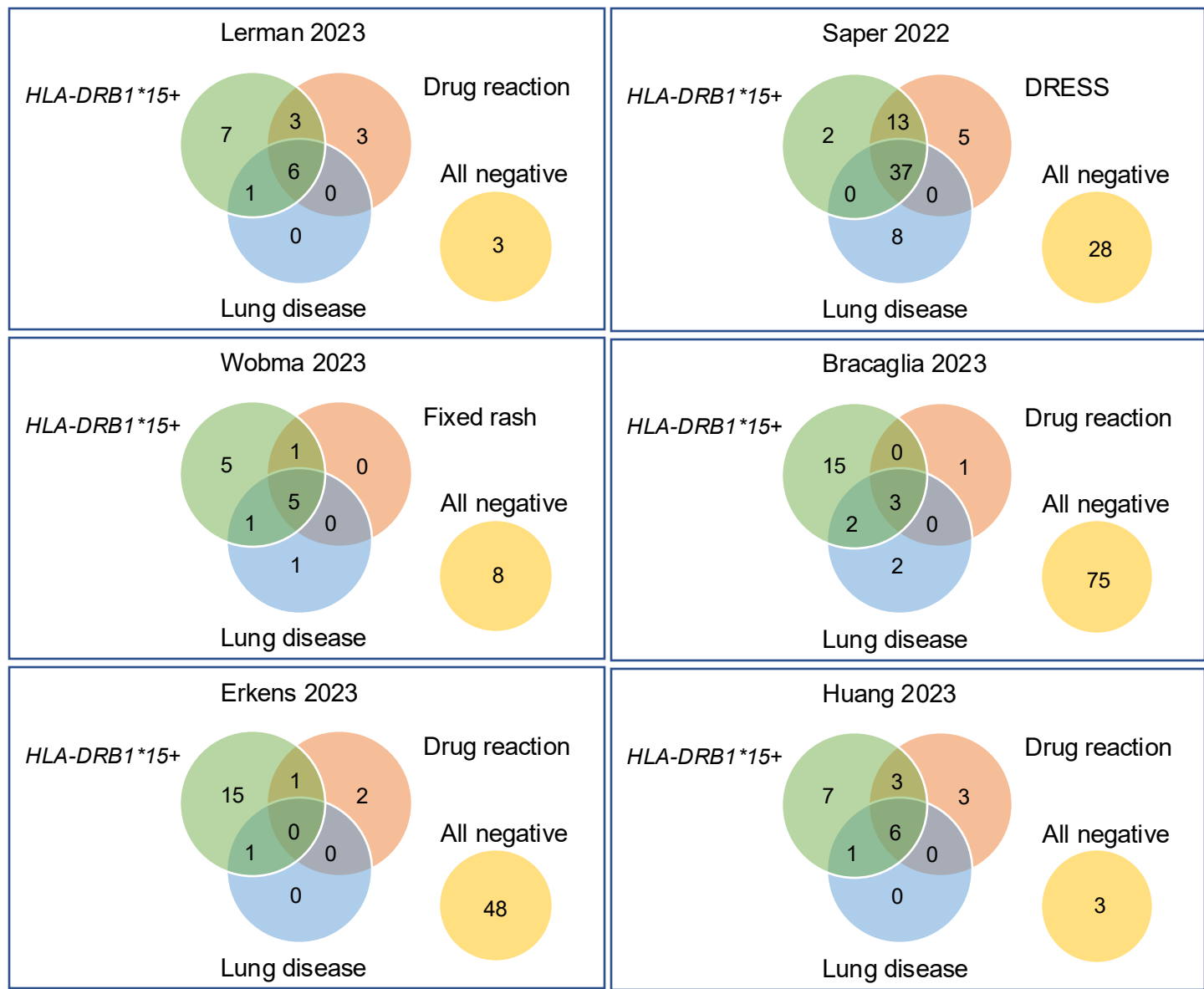
HLA-DRB1*15 allele frequencies:

Still's DR no LD (0.82) vs. INCHARGE sJIA (0.26)
OR 11.0 [4, 30.1]

Still's DR + LD (0.82) vs. "drug tolerant" sJIA (0)
OR 54.9 [11.6, 261]

- 1. Unique combination of immediate and delayed-type reactions**
- 2. Reactions induced by multiple different drugs**
- 3. Reactions relatively specific to Still's disease**





The changing face of Still's disease

More than lung disease...

- **Schulert 2013** “adverse reactions to biologic therapy” or “immune-mediated reactions”
- **Saper 2013:** “atypical features” or “unusual clinical features”
- **Saper and Ombrello 2022:** “Hypersensitivity” or “DRESS”
- Binstadt and Nigrovic 2022 (accompanying editorial)
 - *Not DRESS, what about a compensatory cytokine shift?*



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Schulert GS et al, 2019 (PMID 31379071)
Saper VE et al, 2019 (PMID 31562126)
Saper VS*, Ombrello MJ* et al, 2022 (PMID: 34789453)
Binstadt B, Nigrovic P 2022 (PMID 35413159)

What connects HLA-DRB1*15 with Still's LD and drug reactions?

- ***Coexistent LD and drug reaction with shared HLA association suggests shared pathophysiology, but a specific mechanism unclear***
 1. Reaction to the drug (active ingredient)
 2. Reaction to the drug (not active ingredient)
 3. Still's disease-specific compensatory shift (biologic effect of drug)
 4. Related to viral infection, exogenous modifier or new exposure
 5. Related to another gene co-inherited on DR15 haplotype
 6. Something beyond the bounds of my imagination

**Imperfect screening tool →
but is it better than running blind?**



Still's LD with DAIR in adults associates with HLA-DRB1*15

- **AOSD cases with cardiopulmonary manifestations**
 - 16 had PAH, 12 with coexistent LD (PAP or ILD)
 - *Only 1 case developed before 2010*

Compared 16 PAH to 111 AOSD patients:

Female sex	100% vs 67%
MAS	62.5% vs 14.4%
Eosinophilia	69% vs 7%
Drug reactions	38% vs. 7%
Mortality	37.5% vs 0.9%
HLA-DRB1*15	73% vs. 30%



How can we predict who will develop Still's-LD?

Predictive clinical features?

- Macrophage activation syndrome (after starting meds)?
- Early age of onset (in children)?
- Eosinophilia?
- Drug reactions?



How should we treat new Still's disease? How do we screen?

Boston Children's Hospital sJIA Pulmonary Screening Algorithm

Baseline cardiac and pulmonary evaluation

Check red flags (including HLA typing)

Treat with IL-1 or IL-6 directed therapies

Careful monitoring Q6 months

If they develop it, consider more aggressive therapy

~~**No recommendation to stop or avoid~~

We disagree

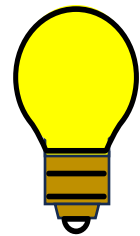


Does Still's LD improve if IL-1/IL-6 inhibitors are discontinued?

Observation	Stopped inhibitor group (n = 52)	Continued inhibitor group (n = 37)	P-value
Pulmonary complication at first reaction	75% (39/52)	76% (28/37)	NS
Resolution of pulmonary complications	67% (26/39)	0% (0/28)	$p = 1.5 \times 10^{-8}$
Survival / mortality improvement	8% (4/52)	41% (15/37)	$p = 0.005$ (MV regression)
Rates of macrophage activation syndrome (MAS) while on inhibitor	51 in 29,295 person-days	36 in 28,511 person-days	$p = 0.169$
Rates of macrophage activation syndrome (MAS)	Pre-stop: 51 in 29,295 Post-stop: 1 in 19,441		$p < 0001$ RR 33.8 (95% CI 5.81–1363)

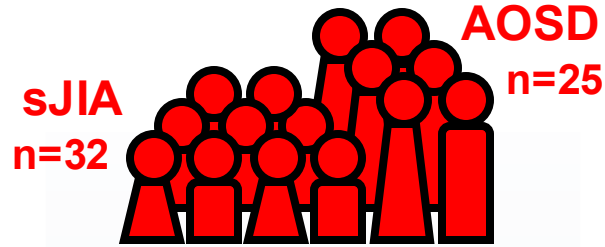


We need a biomarker to identify or predict lung disease and drug reactions in Still's disease?



Type I interferon signature?

Study Design



*Consecutive Still's
disease patients*

Measure whole blood ISG expression (ISG-28 score)

Custom Nanostring nCounter Assay

Stratify patients by ISG-28 score

Compare top ISG-28 quartile with larger population

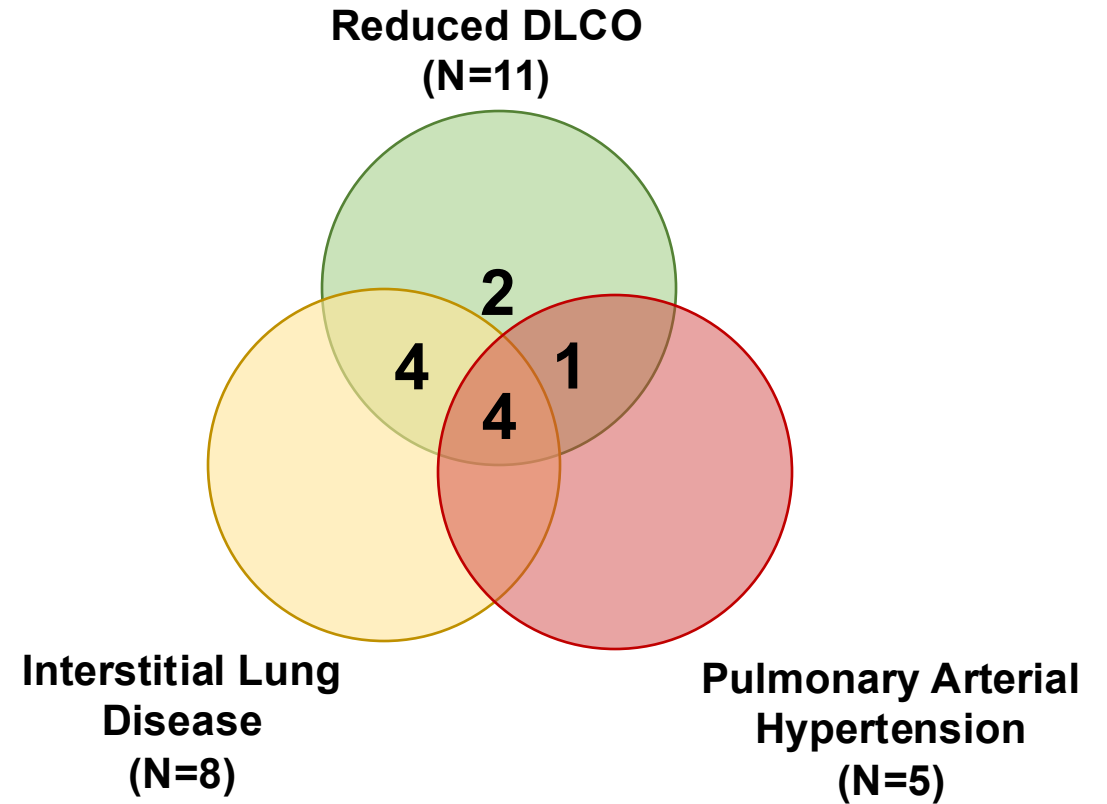
- 1. Demographics and features (Age, sex, treatments, HLA-DRB1*15)*
- 2. Historical complications (MAS, DHR, LD)*
- 3. Candidate genes (with rare recessive, X-linked or de novo variants)*



Still's-associated lung disease in NIH Still's disease cohort

Still's Lung Disease	n (of 11)
Interstitial Lung Disease	4
Pulmonary Arterial Hypertension	1
ILD + PAH	4
Isolated reduction in DLCO	2

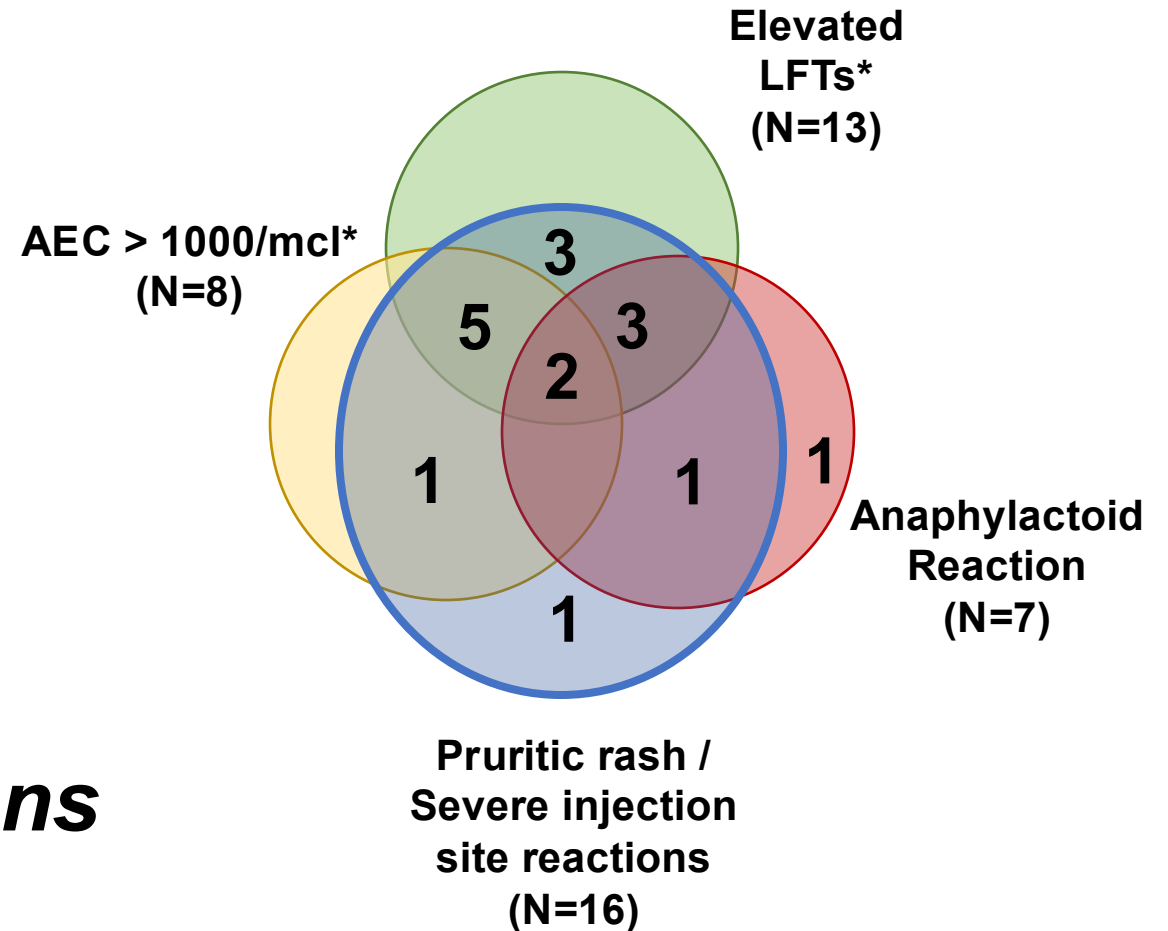
19% of cohort have lung disease



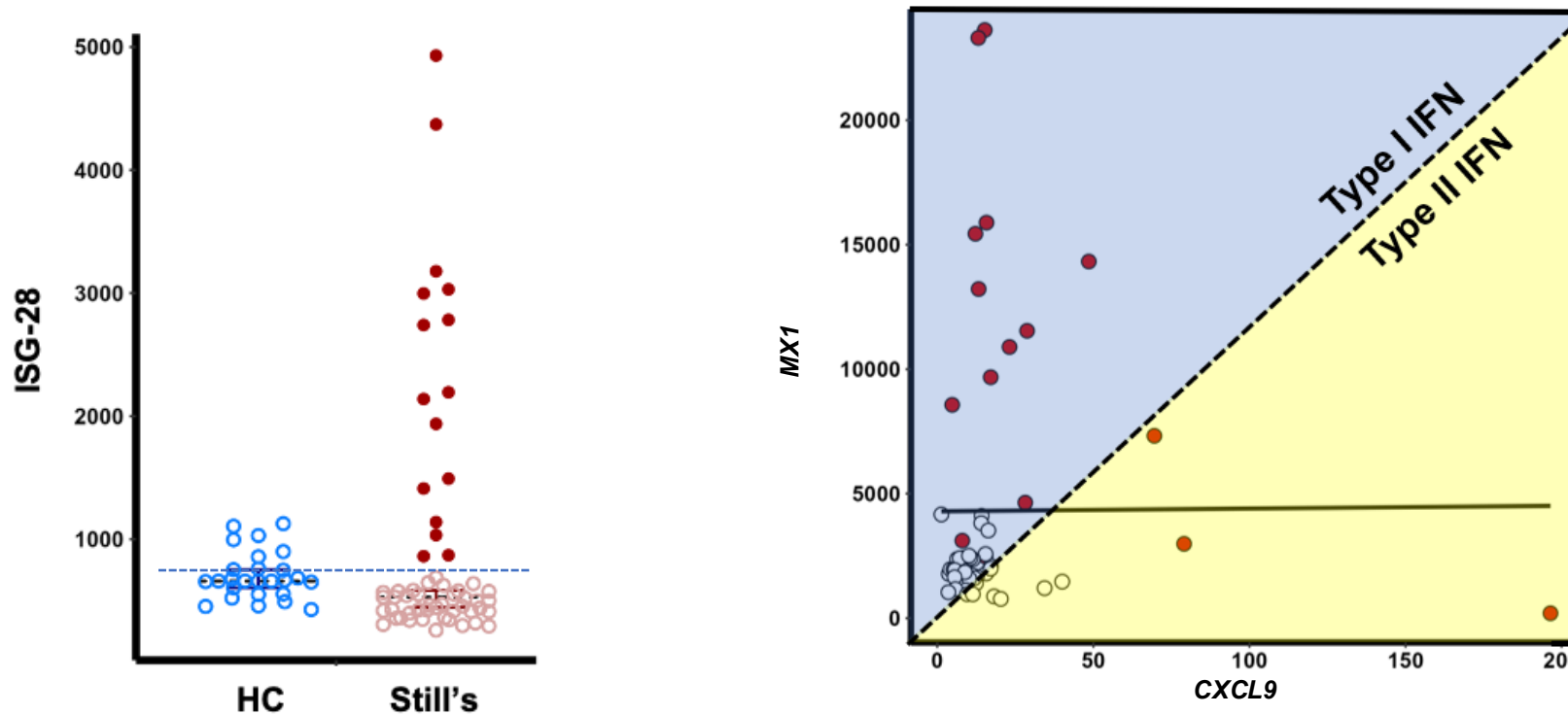
Drug-associated immune reactions in NIH Still's disease cohort

Hypersensitivity	n (of 17)
Pruritic rash	16
Elevated LFTs > 2.5x ULN	13
Peripheral eosinophilia > 1K	8
Anaphylactoid reaction	7
Two or more above features	15
<i>MAS with med change</i>	12

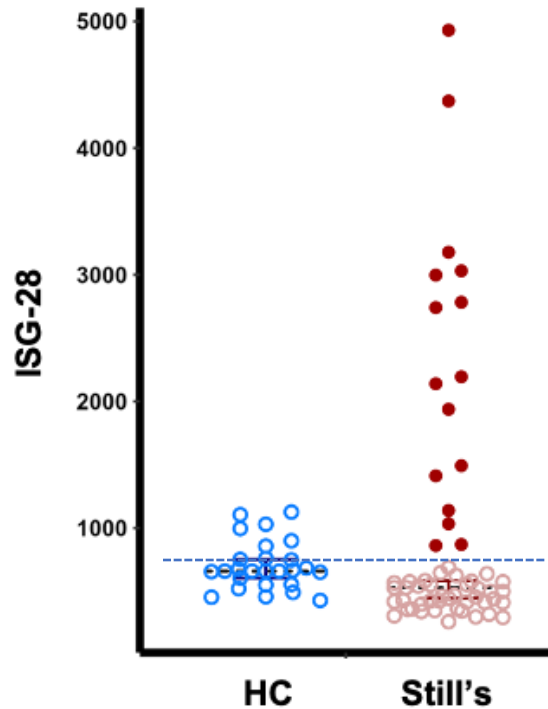
30% of cohort had drug-associated immune reactions



IFN signature in NIH Still's cohort



IFN signature in NIH Still's cohort



High ISG-28 score did not associate with

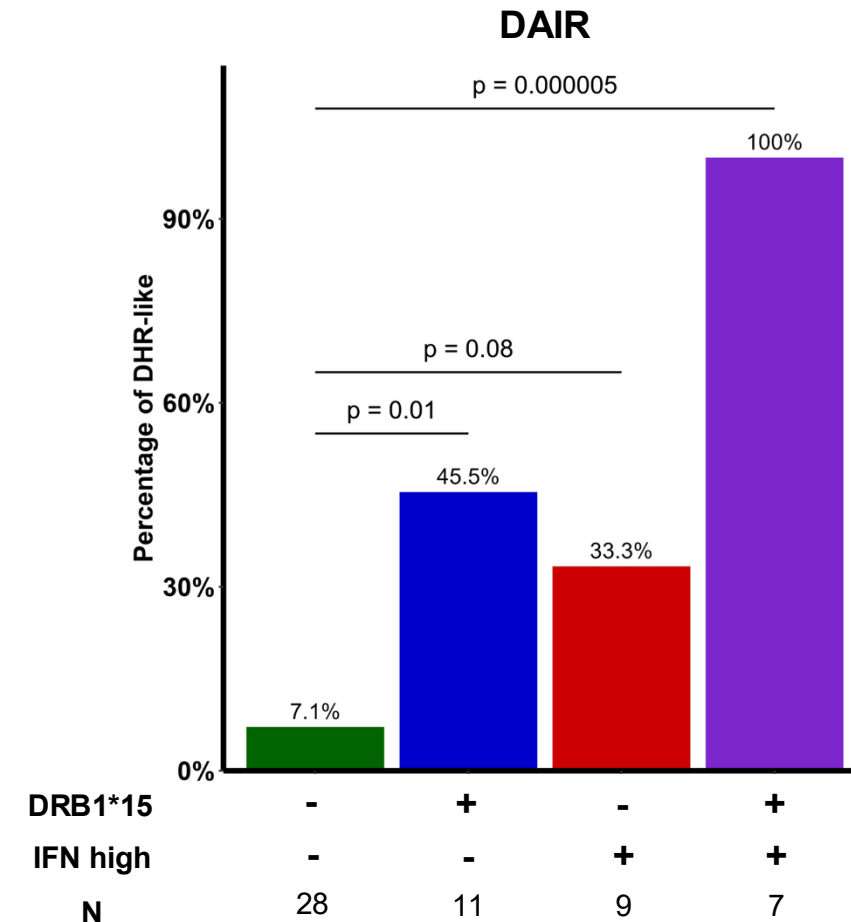
1. Disease activity
2. IL-18 levels
3. Any specific treatments

High ISG-28 score correlated with

1. Lung disease
2. Drug reactions

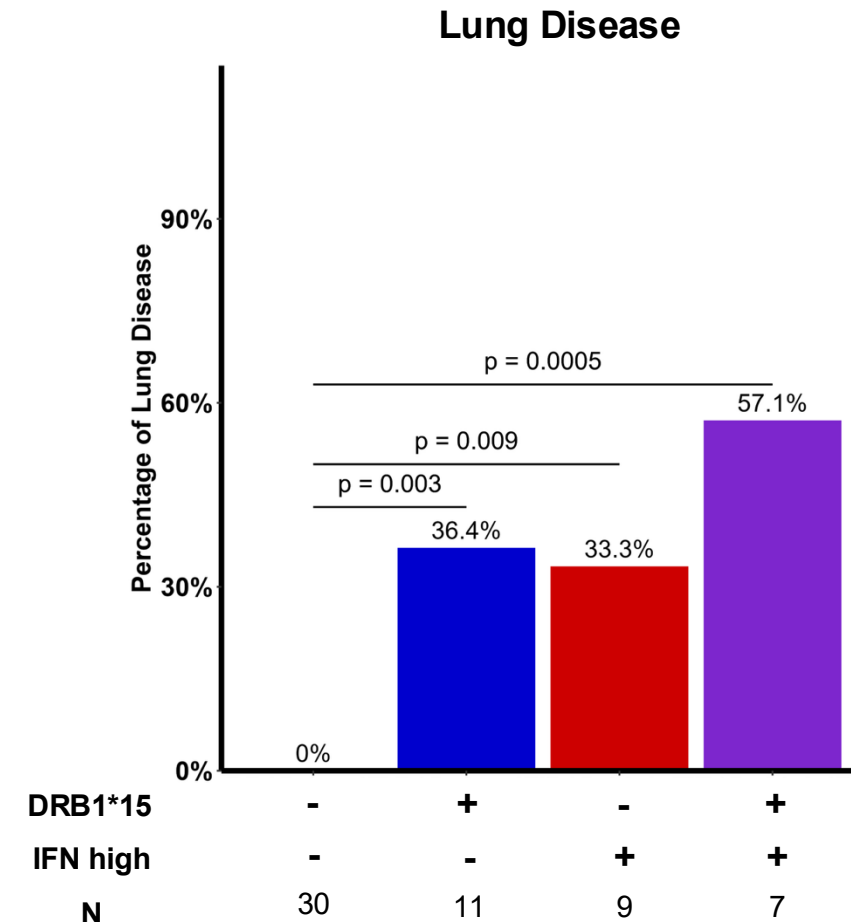
High ISG-28 Score + HLA-DRB1*15 Identify Highest and Lowest Risk DAIR Subgroups

	DR15+	IFN high	DR15+ & IFN high	DR15+ or IFN high
Sens.	0.71	0.59	0.41	0.88
Spec.	0.84	0.84	1.00	0.68
PPV	0.67	0.63	1.00	0.56
NPV	0.86	0.82	0.79	0.93



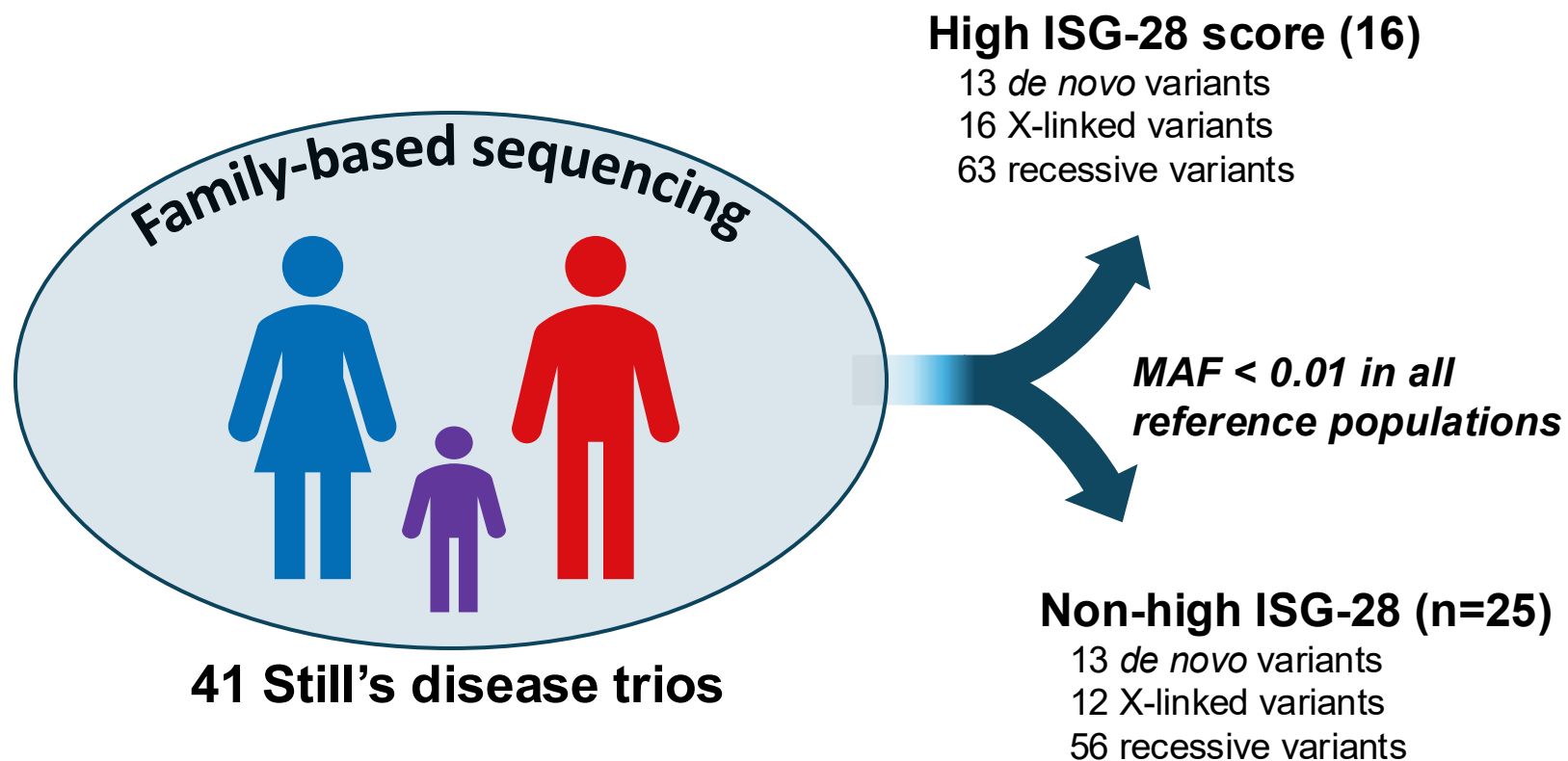
High ISG-28 Score + HLA-DRB1*15 Identify Highest and Lowest Risk LD Subgroups

	DR15+	IFN high	DR15+ & IFN high	DR15+ or IFN high
Sens.	0.73	0.64	0.36	1.00
Spec.	0.78	0.80	0.93	0.65
PPV	0.44	0.44	0.57	0.41
NPV	0.92	0.90	0.86	1.00



IFN signature in Still's disease

Is there a genetic contribution?



***Pathway
enrichment?***



GSEA of candidate genes from Still's disease with high IFN score

Gene Set	Description	Enrichment Ratio	P Value	FDR
GO:0031347	Regulation of defense response	4.0	1.05E-05	0.013
GO:0006954	Inflammatory response	3.7	2.12E-05	0.017
GO:0006914	Autophagy	4.2	6.27E-05	0.029
GO:0042116	Macrophage activation	10.4	1.21E-04	0.038
GO:0007010	Cytoskeleton organization	2.6	1.27E-04	0.040
GO:0140895	Cell surface toll-like receptor signaling pathway	13.0	2.52E-04	0.052
GO:0032606	Type I interferon production	9.0	2.44E-04	0.052

No enrichment in non-high ISG-28 group



How should we treat this endotype?

- **Stop medications linked with DAIRs**
- **Published case report and series using JAKi**
 - 8 French cases of sJIA with LD
 - 4 with clinical remission (2 off steroids)
 - 2 went on to BMT, 1 died, 1 partial response
- **Based on our observations and experience**
 - High dose steroids with slow taper + JAK inhibition
 - Type I IFN blockade, mTOR inhibition?
 - Allogeneic transplant?



TAKE HOME POINTS ABOUT STILL'S DISEASE IN 2025

10. Still's disease is the same condition in children and adults
9. Early treatment of Still's disease leads to better long-term outcomes
8. Still's disease is unique and drug repurposing is unsuccessful
7. IL-1 and IL-6 directed therapies are highly effective in many patients
6. Life-threatening LD and DAIR to IL-1/IL-6 inhibitors develop in some patients
5. HLA-DRB1*15 alleles is the strongest risk factor for Still's LD and DAIR
4. Discontinuing IL-1/IL-6 directed may improve clinical outcomes in Still's-LD
3. JAKi is promising in refractory Still's disease, but novel therapies are needed
2. Careful screening and early recognition of Still's LD are critical
1. We need to work together to better understand and treat Still's disease

How can we improve the care of people with Still's disease?

Make partnerships and work together

- Pediatric and adult rheumatologists
- On the regional, national and international level

I want to improve the care of Still's disease and I want to partner with you!

Michael.Ombrello@nih.gov

Office phone: (301) 435-4037

Cell phone: (301) 768-8066



National Institute of
Arthritis and Musculoskeletal
and Skin Diseases

Acknowledgements

Translational Genetics and Genomics Section, NIAMS

Mariana Correia Marques, MD	Chris Felicelli, MD
Krisztian Csomos, PhD	Alexis Bailey, MD
Dale Kobrin, MD	Andrew Patt, PhD
Paul Panipinto, PhD	Brooke Boyd
Anthony Cruz	Mallika Datta
Emily Rosenbaum	Elizabeth Schmitz
Aditi Kodali	Alana Platukus
Hiroto Nakano, MD PhD	Hannah Marcy
Kathleen Baysac, PhD	Danielle Rubin
Ann Marie Szymanski, MD	Charles Fisher
Navid Choudhury, MD	Emily Shuldiner
Victoria Arthur, PhD	Elizabeth Baskin



THANK
You!

We appreciate the selfless contributions of our patients and their families to our studies of sJIA and AOSD.

Office of the Clinical Director, NIAMS

Michelle Millwood
Carol Lake
Ly-Lan Bergeron
Estefania De Los Santos

Biodata Mining Section, NIAMS

Zuoming Deng, PhD
Stephen Brooks, PhD

Inflammatory Disease Section, NHGRI

Amanda Ombrello, MD
Elaine Remmers, PhD
Daniel Kastner, MD PhD

University of Cincinnati/ CCHMC

Grant Schulert, MD PhD
Alexei Grom, MD PhD

Stanford University

Elizabeth Mellins, MD PhD
Vivian Saper, MD

Children's Hospital of Philadelphia

Scott Canna, MD

University of California San Francisco

Jill Hollenbach, PhD

Boston Children's Hospital

Lauren Henderson, MD

INCHARGE Consortium

Jordi Anton, MD PhD
John Bohnsack, MD
Dirk Föll, MD
Marco Gattorno MD
Alexei Grom, MD
Johannes-Peter Haas MD PhD
Cladio Len MD
Alberto Martini MD
Kirsten Minden, MD
Elizabeth Mellins MD
Sheila Oliveira, MD PhD
Seza Ozen, MD PhD
Sampath Prahalad, MD
Elaine Remmers, PhD
Angela Rosen-Wolff, MD PhD
Alan Rosenberg, MD
Klaus Tenbrock, MD
Susan Thompson, PhD
Wendy Thomson, PhD
Lucy Wedderburn, MD PhD
Patricia Woo, MBBS PhD
Rae Yeung, MD PhD



National Institute of
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and Skin Diseases



National Institute of
Arthritis and Musculoskeletal
and Skin Diseases

Still's disease Clinical Team



**Michelle Millwood, BSN
Research Nurse**



**Carol Lake, FNP
Nurse Practitioner**



**Ly-Lan Bergeron, PA
Physician Assistant**



**Mariana Correia Marques, MD
Lawrence Shulman Scholar in
Translational Research**



**Dale Kobrin, MD
Rheumatology Fellow**



**Estefania De Los Santos
Patient Care Coordinator**

Thank you for your attention!

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Michael.Ombrello@nih.gov

Office phone: (301) 435-4037

Cell phone: (301) 768-8066



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Arthritis and Musculoskeletal
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