

Client Rights in Counseling

Your Rights As A Client.

- Communication. Right to request how I contact you to maintain your confidentiality.
- Suggestions. You are invited to suggest changes in any aspect of the services provided.
- Civil Rights. Your civil rights are protected by federal and state laws.
- Cultural/Spiritual/Gender Issues. You may request services from someone with training or experiences from a specific cultural, spiritual, or gender orientation. If these services are not available, I will help you in the referral process.
- Treatment. You have the right to take part in formulating your treatment plan.
- Denial of services. You may refuse services offered to you and be informed of any potential consequences.
- Medical/Legal Advice. You may discuss your counseling with your doctor or attorney.

Your Rights To Receive Information.

- Risks and benefits. You have the right to be informed of the risks and benefits associated with counseling.
- Costs of services. I will inform you of how much you will pay before your first visit.
- Termination of services. You will be informed as to what behaviors or violations could lead to termination of services.
- Confidentiality. You will be informed of the limits of confidentiality and how your protected health information will be used.
- Policy changes.

My Ethical Obligations.

- I dedicate myself to serving the best interest of each client.
- I will not discriminate between clients or professionals based on age, race, creed, disabilities, handicaps, preferences, or other personal concerns.
- I maintain an objective and professional relationship with each client.
- I respect the rights and views of other mental health professionals.
- I will appropriately end services or refer clients to other programs when appropriate.
- I will evaluate my personal limitations, strengths, biases, and effectiveness on an ongoing basis for the purpose of self-improvement. I will continually attain further education and training.
- I hold respect for various institutional and managerial policies, but will help improve such policies if the best interest of the client is served.

Client's Responsibilities.

- You are responsible for taking an active role in the counseling process.
- You are responsible for your financial obligations as outlined in the Payment Contract for Services.
- You are responsible for following the policies of this office.
- You are responsible to treat staff and fellow clients in a respectful, cordial manner in which their rights are not violated.
- You are responsible to provide accurate information about yourself.