## Foraging Toys Homemade

We have all experienced the novelty of buying cat toys only to have them play with the packaging rather than the toy. So as we work on changing your cat's behavior don't be shy about making your own. Remember to start out easy and then offer more challenging toys. The goal with foraging toys is to keep your cat active, engaged, and reduce anxiety through the release of dopamine in their kitty brains. So here are a few ideas to get you started!

Feel free to be creative. No idea's perking ...no worries. Checkout: Food Puzzles For Cats on the web at : <a href="http://foodpuzzlesforcats.com/">http://foodpuzzlesforcats.com/</a>



Paper towel rolls and toilet paper rolls. Simply cut holes in them and fold down the ends. Viola you have a simple yet effective foraging feeder for full meals or treats. Cut them and hot glue them together into a box and you have a puzzle feeder! Any empty tissue box is a great digger type feeder. Even the shipping paper can become a novel foraging toy for a few days.

## Foraging Toys To Buy

One of the more effective ones is Doc & Phoebe's Mice. Designed to deliver your cat's entire meal. No more food bowls. Great for activating the hunting and foraging instinct in your cat.

- The small Kong Dog Toy
- PetSafe SlimCat Interactive Toy and Food Dispenser
  - Catit Hagen Treat Ball
  - Trixie Cat Activity Board



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