

## Sick Child Policy

**Policy Created: 4th June 2024**

This policy will be reviewed on an annual basis. To be reviewed by June 2025

I understand that as a parent you will have obligations that you must fulfill including attending work and/or college.

If your child becomes ill in my care I will ring you or your emergency contacts and request that the child is collected within a reasonable time (up to 1 hour) to be taken home. Obviously if there is difficulty, please let me know.

All children that attend, must always be well enough to engage within daily activities, both indoors and outdoors. It is not good practice for children to be excluded from playing outdoors, so parents must give careful consideration about whether their child will be able to fully participate in the day. This must also be considered when a child has a mild illness or is recovering from an illness. Please consider that if I or a member of my family become ill as a result then I may have to close while I (or they) recover.

If you are in any doubt about whether or not to bring your child to my home then please call me first to discuss the situation.

Whilst it is not appropriate to care for sick children within the day, who should be at home until they are well enough to return to the setting, we recognise that there are times where it will be necessary to administer medication as part of maintaining children's health and well-being or when they are recovering from an illness (see 'Administration of Medicine Policy')

I have set out my own exclusion periods for some common illnesses below:

**Suspected or confirmed Coronavirus** - You should keep your child at home if they have a temperature and feel unwell. Once the temperature has gone and the child is feeling well in themselves with no other symptoms, the child can return to the setting. In cases of confirmed Coronavirus it is still suggested that the child remains at home for 5 days.

**High temperature** - You should not bring your child to the setting if they are suffering from a fever. Please keep them at home until the temperature has gone and they feel well enough to return.

**Flu** - 5 days

**Sickness & diarrhoea** - 48 hours from last occurrence

**Chicken pox** - Until spots have crusted over (this is usually around 5 days after spots have appeared)

**Conjunctivitis** - Until discharge has gone from the eyes

**Ear infection** - If your child has a high temperature or severe earache, keep

them at home until they no longer have a temperature or the earache has gone.

**Impetigo** - If a child has impetigo, they'll very likely need antibiotics from your GP. Please keep them at home until all the sores have crusted over and healed, or for 48 hours after they start antibiotics.

**Please check regularly for headlice and nits and make sure they are treated before your child returns after catching them.** We would need to be informed so that we can all be checked.

Please let us know if your child is suffering with:

- slapped cheek syndrome
- threadworms
- ringworm
- hand foot and mouth disease

If they feel unwell, please keep them at home. Sometimes children just need to rest in their own home.

**More information is available on this link**  
[Is my child too ill for school](#)