



LIFEBUILDERS #0404 RELINQUISHING YOUR WILL (Ephesians 4:31-32 NKJV)

Scripture Passage: “Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.”

Introduction: Paul says to “*throw off everything that hinders us and the sin that so easily entangles us*” (Hebrews 12:1 NIV). Every day we have a chance to renew our mind in Christ. This allows Him to take all that hinders us so we can run “the race marked for us.” These hinderances become sin that trips us up and slows us down. **Giving it to God** may seem impossible because we have assumed the responsibility of “*working things out.*” This often encompasses ‘*hunkering down*’, ignoring, and/or isolating ourselves.

Expose everything to the **LIGHT** and relinquish control of anything that’s holding you back from seeing God’s mighty power at work in your life. Relinquishing brings freedom

Reference Scriptures: Isaiah 4:10, Matthew 26:39, Psalms 50:15, Proverbs 3:5-6, I Peter 5:6-10,

What are the main points of the scripture passage? (How would you describe them to someone?)

What’s the context? (writer, location, original audience, setting, etc.)

“Pray for God’s help and guidance in applying these verses”.

What are some points from related verses? (verses before/after, reference scriptures, scriptures above, any other sources)

What actions are needed after carefully considering the passage?

Closing: When you need to let go of something withholding you from doing the right thing, the Bible can offer powerful words of advice and encouragement. Scripture provides us the courage and wisdom to let go of the shame and guilt that can stop us from pursuing righteousness. It can also assist us to let go of the weakness we may feel at difficult times and become strengthened by the teachings of God.

“Pray for God’s help and guidance in applying these verses”.