



THEME – Through the Eyes of God

Subject: Developing a Healthy Self-Esteem (Jeremiah 1:5 KJV)

Scripture Passage:

“Before I formed thee in the belly I knew thee; and before thou camest forth out of the womb I sanctified thee, and I ordained thee a prophet unto the nations.”

Introduction:

In the scripture used for our lesson last week and this week, we hear the Lord saying to Jeremiah, “I knew you before I formed you in the womb, I set you apart, and I appointed you. Many people think when God speaks to them, they anticipate something negative concerning themselves will be discussed. More often the voice of God comes to encourage, direct, and reveal his plans to use us. It is just like teachers when they are called to the principal’s office!! Often their response is, “Oh my God what have I done?”

Our worth is tied to the fact that we were created by God and our value started before we were born. Each of us were born in the mind of God before we entered our mother’s womb, before the world began because we began in his mind and imagination. We are the product of his creativity and love. That is something that can never change or be taken away from us.

A tapestry is being woven of our life experiences, a beautiful piece of art that will tell the story of how we walked our path into our destiny.....

Scripture References:

Genesis 1:27, 2:7; Proverbs 11:2, 16:18; Isaiah 66:2; Jeremiah 1:4-10, 17:9, 29:11; Ezekiel 18:4; Matthew 11:29; Luke 12:7; John 15:5; Romans 3:23-24, 5:8, 8:17; Colossians 3:23-24; Philippians 2:3, 5-7, 4:13; I Corinthians 6:11, 15:10; 1 Peter 2:9

NOTE: Use the scriptures to help answer input along with your personal experiences and other scriptures.

“Pray for God’s help and guidance in applying these verses”.

Biblical Applications:

1. Where do you get your feelings of esteem and personal wealth when everything on which you have based your value has vanished?

2. How do we develop an accurate view of who we are?

3. How do we develop a humble view of who we are?

“Pray for God’s help and guidance in applying these verses”.

4. How do you see yourself?

Closing:

We are far more loved than we can imagine. Although we do not deserve it, Christ's death and resurrection secured on our behalf secures our true position in Him and secures our "identity" as sons and daughters of Almighty God. This should give us joy and meaning.

Finally, "Lord help me to receive your love today and relax in the confidence that you are pleased with me."

References:

- Johnson, K. (2018). *Identity: Self-Image, Self-Worth, and Self-Esteem*. <https://Faithlife.com>
- Notcheva, M. (1973). *Self-Esteem or Christ Esteem – Developing a View of God, A Biblical View of Others, and An Accurate View of Self*. Institute for Nouthetic.
- Meyers, J., (2019). *Receiving Daily Devotions*. Joyce Meyers Ministries. <https://joycemeyer.org/dailydevo>
- Clinton, T. (2001). *The Soul Care Bible – Experiencing and Sharing Hope God's Way*. Thomas Nelson Publishing

"Pray for God's help and guidance in applying these verses".