CHICKEN FAJITA BOWL

1 Serving Ingredients:

- 5 oz grilled chicken breast
- 1 cup sliced peppers & onions
- ¾ cup cooked jasmine rice
- 2 tbsp salsa
- 1/4 avocado, sliced

Directions:

- Sauté peppers and onions until tender.
- Grill or pan-cook chicken until fully cooked, then slice.
- Serve chicken and veggies over jasmine rice, topped with salsa and avocado.

Macros: 420 cal | 43C | 12F | 35P





