

# Mother's SUPPORT group

MONDAYS 6P-7:30P  
BEGINNING JAN 20TH, 2025

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UNIQUELY YOU COUNSELING  
6710 OLD TRAIL RD. FORT WAYNE, IN 46809

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Counseling intern Brooklyn Schoditsch will lead discussions about:

- "Mom Guilt" (Expectations vs. Reality)
- Relationships and Boundaries
- Self-Care
- And many more..

