

# FAMILIES FORMING DISCIPLES

## THE BIBLE

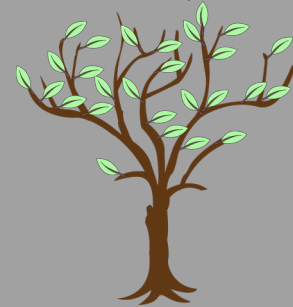
**TOPICS: THE BIBLE IS YOUR FAMILY'S STORY, TOO.  
WHO IS ON YOUR FAMILY FAITH TREE?**

### **OPENING PRAYER:**

Lord Jesus Christ,  
We entrust our family to you and ask for  
your blessing and protection. We love  
you Lord Jesus with all our hearts and we  
ask that you help our family become more  
like the Holy Family. Help us to be kind,  
loving, and patient with one another. Give  
us all the grace we need to become saints  
and your faithful disciples. Amen.

### **MATERIALS:**

- [Family Faith Tree cut out](#)
- Pens/markers/crayons
- M&Ms and chart (see ice breaker)



## **ICE BREAKER**

You'll need some bags of M & M's (miniature bags work great!) and a chart indicating what question to answer based on which color candy is drawn. Each person draws 1 or 2 candies from the bags and then answers the question next to the corresponding color on the chart. The game ends when everyone has had a chance to answer a few questions.

Here are some questions to use and a header for the top of the chart.

### **CANDY COLOR**

RED

BROWN

GREEN

ORANGE

YELLOW

BLUE

### **QUESTION**

SOMETHING ABOUT YOUR CHILDHOOD

FAVORITE MOVIE, FOOD, OR BOOK

SOMETHING YOU CAN'T LIVE WITHOUT

SOMETHING YOU LEARNED LAST WEEK

SOMETHING YOU DO WELL

SOMETHING ABOUT YESTERDAY

Adapted from [www.wehavekids.com](http://www.wehavekids.com) by Claudia Mitchell

## REVIEW MAIN CONCEPT

- The Bible is your family's story, too.
- Who is on your Family Faith Tree?

## FAMILY SHARING

Ask each family to share their experiences of their *At-Home Mission Week* activity.

# CONTENT

**Ask** families to review their answers to the Week 2 questions:

1. Who in your family or in your life was the first person that you know, knew or heard of, who had a strong faith in God and who handed it onto others?
2. To whom did he or she hand on the faith? Then, to whom did that person hand on the faith?
3. Do you have a picture of that first or second person, a sacramental or any other special object that belonged to him/her? If so, bring this item to the next gathering of families.
4. To whom do you want to hand on your faith?

**Provide** families with the Family Faith Tree cut out and pens, markers or crayons and ask them to complete.

**Ask:** Have you ever heard of a family tree? A family tree is a diagram that shows people you are related to, like your parents, grandparents, great-grandparents, etc... A Family Faith Tree is a diagram that shows the people that came before you, who have handed on their faith to you.

**Provide** directions on how to make the tree, write names on leaves and glue them onto the tree, etc.

### **Family Large Group Sharing**

**Ask** each family to share their Trees, describing one or two people who have impacted their faith, explaining how the person inspired faith in others, and whose faith they themselves hope to impact.

## CONTENT CONTINUED

**Explain:** We have shared stories of those who came before us and have helped us to grow spiritually. The Bible is filled with stories of our spiritual family members who came before us, and still today from Heaven they cheer us on!

**Ask** families to place their trees next to their Bibles on their family home altars.

## PRAY

Ask if anyone has anything specific for which they would like everyone to pray.

Lord, we ask you to receive these intentions, and we lift up all the sorrows and joys that we hold in the silence of our hearts.

We pray Philippians 4:4-7...

*Rejoice in the Lord always. I will say it again: Rejoice! ... Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## REMINDE

Remind families about the next meeting date and time.

