PALs Volunteer Hours Sign Off Sheet

Volunteering promotes leadership and awareness as students take an active role in their communities. Requiring community service allows students to become educated in how they can help others and the impact they can have in the community. PALs is run entirely by volunteers with a passion for helping the youth of our community. Volunteer hours earned at PALs events and while helping coach can be applied toward community hour requirements & scholarships. Please reach out to one of our board members to see how you can help. Gate keepers, trash clean up, concession, & coaching are just a few areas we always need help on. Current contact info can be found at www.ponderpals.com

Date	Location	Activity	Start Time	End Time	Total Hours	PALS Signature work completed
				Total hours		

Student name Signature Date

Authorized Pals Members:

President- Elizaberh Taft
Vice President- Amanda Richardson
Treasurer-Alana Reyna
Secretary- Heather Johnson

Baseball Commissioner- Tyler Appling
Softball Commissioner- vacant
Basketball Commissioner- Kramer Copp
Soccer Commissioner- Eddie Wolthausen

Football Commissioner- Lorenzo Lawson-Zigler
Cheer Commissioner- Julie Tipps
Volleyball Commissioner- Dave Meroney
Program Director- Jessica Galt