






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>2</u>  <b>CENTER CLOSED</b>  <u>LABOR DAY</u>	<u>3</u>  Flounder Cheesy Broccoli Hush Puppies Cake	<u>4</u>  Beef Stew Salad Cornbread Cookies	<u>5</u>  Baked Chicken Red Bliss Mashed Potatoes Green Beans Pie	<u>6</u>  Hamburger Potato Salad Zucchini Watermelon
<u>9</u>  Stuffed Peppers Rice Chef's Choice Veggie Cake	<u>10</u>  BBQ Chicken Mashed Sweet Potatoes Green Beans Fruit	<u>11</u>  Spaghetti & Meatballs Salad Garlic Bread Cookies	<u>12</u>  Pork Loin Scalloped Potatoes Yellow Squash Pie	<u>13</u>  Reuben Sandwich Tomato Soup Assorted Desserts
<u>16</u>  Salisbury Steak Oven Roasted Potatoes Brussels Sprouts Cake	<u>17</u>  Chicken Parmesan Penne Pasta Zucchini Jell-O	<u>18</u> <b>FEAST</b>  Crab Cake Hush Puppies Glazed Carrots Lemon Bars	<u>19</u>  Meatloaf Mashed Potatoes Corn Cookies	<u>20</u>  Taco Salad Assorted Desserts
<u>23</u>  Sloppy Joe Corn Nuggets Salad Brownie	<u>24</u>  Potato Bar with Toppings Pudding	<u>25</u>  Stuffed Cabbage Rice Mixed Veggies Cookies	<u>26</u>  Pot Roast Au Gratin Potatoes Peas & Carrots Birthday Cake Ice Cream <u>BIRTHDAY DAY</u>	<u>27</u>  Sweet 'n Sour Pork Fried Rice Asian Veggies Pie
<u>30</u>  Country Fried Steak Potato Pancakes Peas Cake		<u>PLEASE NOTE:</u> The Howard J. Weston Community and Senior Center, Inc. Nutrition Program does not discriminate on the basis of sex, creed, national origin, race or handicap.	<u>KITCHEN STAFF</u>  Mike Tedeschi Cook	<u>MENU FOR SEPTEMBER 2024</u> 

Although every effort will be made to serve the meals as indicated, the menu is, however, subject to change. Milk, juice and bread are available at all meals.

Approved \_\_\_\_\_  
 Nutritionist Date