Oceanside II Family Success Center 3201 Atlantic Avenue, Atlantic City, NJ 08401 609-594-4990

atlanticoceanside2@gmail.com oceanside2fsc.org facebook.com/oceanside2familysuccesscenter instagram.com/oceanside2_fsc/

7ebruary 2025

Center is open:

Mon., Wed., Thur. & Fri.: 11-5
Tue.: 10-6
Select Saturdays

MON.	TUES.	WED.	THURS.	FRI.	SAT.
EVERYTHING IS FREE & OPEN TO ALL! Like us on Facebook Oceanside 2 Family Success Center					1 <u>Computer</u> <u>Literacy Class</u> 11-12 <u>Qigong</u> 12:15-1:15
3	Your Legal Rights as a Renter in NJ 10:30-12:30 Homework Completion Program 3:30-4:30	Staff Training and Development CLOSED	6 <u>Yoga</u> 11:30-12:30 <u>Homework</u> <u>Completion Program</u> 3:30-4:30	7 Around the World: France 3:30-4:45	CLOSED
10 One Stop for Employment and Training 12-3	11 <u>Diabetes Prevention</u> <u>Group</u> 1-2 <u>Self-Love Journaling</u> 3:30-4:30 <u>Lego Group</u> 4:30-5:30	12 Volunteer Info Session 11:30-12:30 Toddler Time 3:30-4:30	13 <u>Yoga</u> 11:30-12:30 <u>Homework</u> <u>Completion Program</u> 3:30-4:30	14	15 Open by Appointment 11-1
17 <u>First Aid/CPR</u> <u>Training</u> 11-3	18 Parent & Community Advisory Board (PCAB) Meeting 2-3 Homework Completion Program 3:30-4:30 Computer Literacy Class 4-5	19 <u>Fire Safety</u> 1-2	20 <u>Yoga</u> 11:30-12:30 <u>Family Art Club:</u> <u>Polymer Clay</u> 3:30-4:30	21 Financial Aid and FSA ID Registration workshop 12-2	CLOSED CLOSED
24 <u>One Stop for</u> <u>Employment and</u> <u>Training</u> 12-3	25 <u>Homework</u> <u>Completion Program</u> 3:30-4:30 <u>Lotería</u> 5-6	26 <u>Family Cooking</u> <u>Matters</u> 3:30-4:30	27 <u>Yoga</u> 11:30-12:30 <u>Homework</u> <u>Completion Program</u> 3:30-4:30	28	

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Center Highlights

First Aid/CPR Training - This training is designed to help participants (ages 15+) recognize and respond appropriately to first aid emergencies. It provides the knowledge and skills needed to give immediate care to an injured or ill person when minutes matter and to decide whether advanced medical care is required. Training participants will be eligible for the American Red Cross CPR certification. Sponsored by Chelsea Economic Development Corporation.

Your Legal Rights as a Renter in NJ - This presentation will cover the most common problems faced by renters in New Jersey, and what renters can do to respond back. The presentation will be given in English and Spanish, with time for questions and answers at the end. Presented by Legal Services of Northwest Jersey.

Volunteer Info Session - Oceanside II Family Success Center is looking for dedicated individuals to join us in our mission to make a positive impact in our community. If you have a passion for helping families and want to make a meaningful difference in your community, we want to hear from uou!

Financial Aid and FSA ID Registration workshop - Are you interested in completing a college degree in New Jersey? Learn more about NJ State Grants and Scholarships for college, including financial aid information and tips for completing the FAFSA or the NJ Alternative Financial Aid Application.

Fire Safety – Learn about fire safety from the experts! Workshop participants will receive smoke alarms. Presented by the Atlantic City Fire Department.

Self-Love Journaling - In this Valentine's Day self-love themed workshop, participants will create personal journals and collages to reflect their dreams for the future and relationship with the self. Importance of nutritious food to nurture self-love will also be discussed! Presented by the C.R.O.P.S.

Always Available

Computer Stations: Stop in anytime we are open! Computers are always available for your use. Resources: Call or come in for any resources. Volunteering: Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.

Seminars/Classes

Parent & Community Advisory Board (PCAB) - PCAB serves as a voice for the community. It advises Oceanside II FSC in the choices of programs, initiatives, and activities for families. Public is invited to attend the PCAB meetings and apply to join the PCAB. Youth are welcome! Please contact Oceanside II FSC staff for additional information. Homework Completion Program - The program offers a period of quiet homework time with Stockton University students. The primary goal is to engage youth in their schoolwork and offer them a vision into the potential of a future college education.

Computer Literacy classes - Learn necessary computer skills for the digital age. Sponsored by Chelsea Economic Development Corporation.

Qigong - Reduce stress, improve balance and flexibility, heal body, mind and spirit through Qigong practice.

One Stop for Employment and Training - Atlantic County Workforce Development Office will provide job assistance, training, resume and job interviewing support as well as youth services.

Diabetes Prevention Group - Southern Jersey Family Medical Center will facilitate an in-person Diabetes Prevention group where you can learn the best ways to prevent or manage your diabetes.

<u>Family</u> <u>Activities</u>

<u>Around the World</u> - Travel around the world by creating a STEM-themed project based on a different culture each month! Open to kids (8+ years old) and their families. February is for France! Sponsored by Exelon.

Family Cooking Matters - Join a Community Food Bank of NJ nutrition educator and bring the whole family out for a fun hour of cooking together! Lego Group - Open to children 7+ years old. Working individually and in small groups, children will build various models using LEGO® bricks and learn social-emotional skills.

Toddler Time - Join childhood specialist from Southern Jersey Perinatal Cooperative for a fun activity and story time! Bring your toddlers out (up to age 4) and meet other parents!

Loteria - Come and join us for a fun night of traditional Loteria! Light refreshments will be provided and winners will pick a prize!

Family Art Club - Join us for a relaxing afternoon to create beautiful art! Bring friends, neighbors, and family to explore with you or come in by yourself. Sponsored by the Noues Art Garage at Stockton University.

Yoga - Join us for easy, family-friendly (10+ years old) yoga exercises to calm your mind and strengthen your body.

EVERYTHING IS FREE & OPEN TO ALL!

Registration is Required for PC appointments, Giveaways & Workshops!!

