



3201 Atlantic Ave, Atlantic City
(609) 594-4990



Walk-In Hours
M W F 11am—5pm
Tu Th 11am—7pm
Some Saturdays

Open to all and ALWAYS FREE

atlanticoceanside2@gmail.com
oceanside2fsc.org

Mon	Tues	Wed	Thurs	Fri	Sat
					1 CLOSED
3 CLOSED	4 ESL Class <u>5:30PM-7PM</u> Health Care Application Assistance 4:00PM-7:00PM	5 Financing & Budget Seminar For Small Businesses 12PM-1:30PM *Available in Spanish Only	6 Kids Bike & Pedestrian Safety Course 5:00PM-6:30PM	7 Computer Class 11:00AM-12:00PM	8 CLOSED
10 Healthy Snack Creation Station 3:30PM-4:30PM	11 ESL Class <u>5:30PM-7PM</u> Health Care Application Assistance 4:00PM-7:00PM	12 Family Game Time 3:30P-4:30P	13 Pre-Teen Hygiene 5:30PM-7PM	14 CLOSED	15 Tai Chi 11:30A-12:30P
17 Healthy Snack Creation Station 3:30PM-4:30PM	18 ESL Class <u>5:30PM-7PM</u> Health Care Application Assistance 4:00PM-7:00PM	19 Learn English On Rosetta Stone! 11AM-2PM	20 Utility Assistance Fair 3:00PM-6:00PM	21 	22 CLOSED
24 Healthy Snack Creation Station 3:30PM-4:30PM	25 ESL Class <u>5:30PM-7PM</u> Health Care Application Assistance 4:00PM-7:00PM	26 	27 Temper Tamers 5:30PM-7:00PM	28 Ladies Craft Time 3:00PM-4:30PM	29 Walking Meditation 11:00A-12:00P



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Featured Events

Kids Bike & Pedestrian Safety Course:

Bicycling & Walking Safety Instruction will be provided by a NJDOT-Trained Professional, along with hands-on safety activities for kids to reinforce skills! *Fun safety give-a-ways

Pre-Teen Hygiene:

As our kids get older, their hygiene needs change! Join us and our friend from Horizon as she teaches them to look at new ways to stay healthy and presentable.

Utility Assistance Fair:

Now is the time to get the help you need with your utility bills, all in one place! *Call today for more info & to Register!

Healthy Snack Creation Station:

Come create some yummy & delicious after noon snacks with us! First up, we will be making & trying Sweet Potato Hummus!

Seminars/Classes

Walking Meditation: Join us for a graceful form of exercise that cultivates mindfulness and wakeful presence!

ESL (English as a Second Language): A beginner's course. Language-Learning Computer Programs also available during walk in hours!

Health Care Application Assistance: Get one-on-one assistance with your healthcare application with an expert Healthcare Navigator.

Tai Chi: Enhance your overall health with beginner's Tai Chi. A great way to de-stress and unwind!

Ladies Craft Time: Create Your Own Scrapbook while enjoying some delicious desserts!

Family Activities

Temper Tamers: Bring out your kids, ages 3-12, as we learn from a professional about expressing our feelings and emotions and see an exploding soda or volcano demonstration!

Family Game Time: Join us for an afternoon of family fun with board games & other activities!

Kids Bike & Pedestrian Safety Course: See Description in Featured Events!

Pre-Teen Hygiene: See Description in Featured Events!

Always Available

Computer Stations: Stop in anytime we are open! GED/SAT/ACT prep. Basic typing, Rosetta Stone, and tutoring software are always available for your use.

Resources: Call or come in for any resources

Volunteering: Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.

