Oceanside II Family Success Center 3201 Atlantic Avenue, Atlantic City, NJ 08401 609-594-4990

atlanticoceanside2@gmail.com oceanside2fsc.org facebook.com/oceanside2familysuccesscenter instagram.com/oceanside2 fsc/

## November 2024

Center is open:

Mon., Wed., Thur. & Fri.: 11-5 Tue.: 10-6 Select Saturday

1	MON.	TUES.	WED.	THURS.	FRI.	SAT.
	Like us on Facebook Oceanside 2 Family Success Center  EVERYTHING IS FREE & OPEN TO ALL!  NEW! Homework Completion Program Tue., November 5th, Tue., November 12th Thur., November 14th, & Tue., November 26th  3:30-4:30  FAMILY SUCCESS CENTER OCEANSIDE II				1 <u>Yoga</u> 11:30-12:30 <u>NextGen</u> <u>Entrepreneurs</u> (week 1 of 8) 3:30-5	2 <u>Computer Literacy</u> <u>Class</u> 11-12 <u>Qigong</u> 12:15-1:15
	Living Your Best Life with Healthy Bones 2:30-3:30	5 Community Action Forum 12-1:30 Homework Completion Program 3:30-4:30 Winter Coat Drive 3-6	6 <u>Pokémon Club</u> 3:45-4:45	Prematurity Prevention 11:30-12:30	8	CLOSED
	CLOSED  Staff Training and Development	12 Child Passenger Safety 1-2 Homework Completion Program 3:30-4:30 Jiu Jitsu Self-Defense 4-5 Lotería 5-6	13 <u>Toddler Time</u> 3:30-4:30	14 One Stop for Employment and Training 12-3 Homework Completion Program 3:30-4:30 Book Club 4-5	15 <u>Yoga</u> 11:30-12:30 <u>NextGen</u> <u>Entrepreneurs</u> (week 3 of 8) 3:30-5	CLOSED
	18	19 Diabetes Prevention Group 1-2 Parent & Community Advisory Board (PCAB) Meeting 2-3 Computer Literacy Class 4-5 Financial Literacy 5:30-7	20 <u>Zumba: Burn It Up!</u> 3:45-4:45	Family Paint Party and Thanksgiving Potluck 3-4:30	22 <u>Yoga</u> 11:30-12:30 <u>NextGen</u> <u>Entrepreneurs</u> (week 4 of 8) 3:30-5	CLOSED
	One Stop for Employment and Training 12-3	26  Homework Completion Program 3:30-4:30  Happy 9th Bday, Oceanside II FSC! Birthday Celebration 4-5	Closing at 1PM	28 happy inauks CLOSED	29 CLOSED	30 CLOSED

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Center Highlights

Oceanside II FSC Birthday Celebration - Join us to celebrate our 9th birthday. Share your favorite memory about the center, play fun games, and enjoy a birthday dessert!

Living Your Best Life with Healthy Bones - Learn how to prevent osteoporosis, and what screening and treatment options are available. Strategies to prevent falls will also be discussed.

Prematurity Prevention - Please join Michaela Knoll, the Health Education Specialist with Prematurity Prevention Initiative, to discuss how to prevent prematurity in pregnancy. Come see ways on how to have a healthy baby and pregnancy!

NextGen Entrepreneurs – NextGen Entrepreneurs Program is an eight-week experience designed for young people ages 12 to 17, where they will learn the fundamentals of starting their own business. Through interactive workshops, market research, and business plan creation, participants will culminate their learning at a community business fair, where they can showcas<mark>e their ideas and products to</mark> the public. Inspire your entrepreneurial spirit and take the first step toward your business future!

Child Passenger Safety - This workshop is designed to help families understand which car seat is right for their child and to learn when car seats need to be switched. We also provide information on frequently asked questions about child passenger safety. Winter Coat Drive - Oceanside FSCs in collaboration with NJ4S will be hosting our first ever Winter Coat Drive. Jackets, coats, hats, scarves and gloves will be available. \*Registration is required. Children must be present to receive the requested items\* Homework Completion Program – The program offers a period of quiet homework time with Stockton University students. The primary goal is to engage youth in their scho<mark>olwork and offer them a vision into</mark> the potential of a future c<mark>ollege educ</mark>ation.

Always Available

**Computer Stations: Stop in** anytime we are open! **Computers are always** available for your use. Resources: Call or come in for any resources. **Volunteering: Want to** share your talents? Learn more about all the

wonderful volunteer

offer at the center.

opportunities we have to

## Seminars/Classes

Parent & Community Advisory Board (PCAB) - PCAB serves as a voice for the community. It advises Oceanside II FSC in the choices of programs, initiatives, and activities for families. Public is invited to attend the PCAB meetings and apply to join the PCAB. Youth are welcome! Please contact Oceanside II FSC staff for additional information.

Computer Literacy classes - Learn necessary computer skills for the digital age. Sponsored by Chelsea Economic Development Corporation.

Qigong - Reduce stress, improve balance and flexibility, heal body, mind and spirit through Qigong practice.

One Stop for Employment and Training - Atlantic County Workforce Development Office will provide job assistance, training, resume and job interviewing support as well as youth

Diabetes Prevention Group - Southern Jersey Family Medical Center will facilitate an in-person Diabetes Prevention group where you can learn the best ways to prevent or manage uour diabetes.

Financial Literacy - Join OceanFirst Bank for a series of these three financial literacy sessions that will cover budgeting, crediting, personal finance and more. Families/individuals who attend ALL 3 sessions (9/17/2024, 10/15/2024 and 11/19/2024) and demonstrate financial need will receive a stipend of \$125.00 \*\*MUST COMPLETE ALL SESSIONS AND DEMONSTARTE FINANCIAL NEED TO OUALIFY FOR STIPEND, SPACE IS LIMITED.\*\*

Family Activities

Loteria - Come and join us for a fun night of traditional Lotería! Light refreshments will be provided and winners will win a free giveaway!

Family Paint Party and Thanksgiving Potluck - Join us for a relaxing afternoon and create a lovely painting! Invite a friend, neighbor, and family to paint with you or come in by yourself. Bring a potluck snack to share if you like. Everyone is welcome!

Yoga - Join us for easy, family-friendly (10+ years old) yoga exercises to calm your mind and strengthen your body.

Pokémon Club - Join us to talk about your favorite Pokémon, trade cards, enjoy games and snacks.

Zumba: Burn It Up! - Join us for everyone's favorite dance party! This Zumba Nintendo Switch party brings the fun to fitness with high-energy routines and hip-shaking jams. Book Club: Today a Reader, Tomorrow a Leader! - Are you a book lover? Do you prefer to listen to someone else tell you about the book they read instead of reading it yourself? This book club is for all types of readers and all ages! Share what you are reading, hear what others say about their latest literary discovery, or select your next book from our free library. This book club is participant driven, and its success is a shared responsibility of its participants. \*\*Children who give a "book report" will receive a special prize\*\*

**EVERYTHING IS** FREE & OPEN TO ALL!

\*\*\*Registration is Required for PC appointments, Giveaways & Workshops!!\*\*\*

