Oceanside II Family Success Center 3201 Atlantic Avenue, Atlantic City, NJ 08401 609-594-4990

> atlanticoceanside2@gmail.com oceanside2fsc.org

facebook.com/oceanside2familysuccesscenter instagram.com/oceanside2 fsc/



Center is open:

Mon., Wed., Thur. & Fri.: 11-5 Tue.: 10-6 **Select Saturday**

	MON.	TUES.	WED.	THURS.	FRI.	SAT.
Res	2 spiratory Illness Prevention 2:30-3:30	3 Jiu Jitsu Self-Defense 4-5 Computer Literacy Class (make-up session) 5-6	4 <u>Winter Wonderland:</u> <u>Books, Balls & Blocks</u> 1:30-3 <u>Pokémon Club</u> 3:45-4:45	5 <u>Homework</u> <u>Completion Program</u> 3:30-4:30	6 <u>Yoga</u> 11:30-12:30	7 <u>Computer Literacy</u> <u>Class</u> 11-12 <u>Qigong</u> 12:15-1:15
	9 One Stop for nployment and Training 12-3	Pictures with Santa and Santa's Workshop 4-5:30	11 Toddler Time 3:30-4:30	12	13 <u>Yoga</u> 11:30-12:30	14 CLOSED
	CLOSED aff Training and Development	17 Diabetes Prevention Group 1-2 Parent & Community Advisory Board (PCAB) Meeting 2-3 Computer Literacy Class 4-5	18 <u>Zumba: Burn It Up!</u> 3:45-4:45	Minter Wonderland Family Paint Party 3-4:30	20 <u>Yoga</u> 11:30-12:30	CLOSED CLOSED
	23 One Stop for nployment and Training 12-3	24 Closing at 2PM	25 CLOSED	26	27 <u>Yoga</u> 11:30-12:30	28 CLOSED
	30 <u>Lotería</u> 3-4	Closing at 2PM	EVERYTHING IS FREE & OPEN TO ALL! FAMILY SUCCESS & CENTER OCEANSIDE II			

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December 2024

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Tue.: 10-6 Select Saturday

Center Highlights

<u>Pictures with Santa and Santa's Workshop</u> - Come out and bring the whole family to take pictures with Santa and build a Ginger Bread House at Santa's workshop! Use your phone to snap a holiday photo on a brand new, gorgeous winter backdrop.

<u>Respiratory Illness Prevention</u> - Every year, "flu season" results in increased illness among people of all ages. The common cold, influenza (flu), RSV, and COVID-19 are common respiratory illnesses and can be prevented. Learn how to keep yourself well during cold and flu season.

Homework Completion Program - The program offers a period of quiet homework time with Stockton University students. The primary goal is to engage youth in their schoolwork and offer them a vision into the potential of a future college education.

<u>Jiu Jitsu Self-Defense</u> - Learn practical techniques to defend against potentially dangerous real world situati<mark>ons.</mark>

Open to ages 12 and up. Wear comfortable workout attire. Sponsored by Chelsea Economic Development Corporation.

<u>Winter Wonderland: Books, Balls & Blocks</u> - A free, fun event to track your child's developmental milestones. Learn how your child learns though play!

Always Available

Computer Stations: Stop in anytime we are open! Computers are always available for your use.

Resources: Call or come in for any resources.

Volunteering: Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.

Seminars/Classes

<u>Parent & Community Advisory Board (PCAB)</u> - PCAB serves as a voice for the community. It advises Oceanside II FSC in the choices of programs, initiatives, and activities for families. Public is invited to attend the PCAB meetings and apply to join the PCAB. Youth are welcome! Please contact Oceanside II FSC staff for additional information.

Computer Literacy classes - Learn necessary computer skills for the digital age. Sponsored by Chelsea Economic Development Corporation.

Qigong - Reduce stress, improve balance and flexibility, heal body, mind and spirit through Qigong practice.

One Stop for Employment and Training - Atlantic County Workforce Development Office will provide job assistance, training, resume and job interviewing support as well as youth services.

<u>Diabetes Prevention Group</u> - Southern Jersey Family Medical Center will facilitate an in-person Diabetes Prevention group where you can learn the best ways to prevent or manage your diabetes.

Family Activities

"Winter Wonderland" Family Paint Party - Join us for a relaxing afternoon and create a winter themed painting! Invite a friend, neighbor, and family to paint with you or come in by yourself. Everyone is welcome!

Yoga - Join us for easy, family-friendly (10+ years old) yoga exercises to calm your mind and strengthen your body.

Pokémon Club - Join us to talk about your favorite Pokémon, trade cards, enjoy games and snacks.

Zumba: Burn It Up! - Join us for everyone's favorite dance party! This Zumba Nintendo Switch party brings the fun to fitness with high-energy routines and hip-shaking jams.

Toddler Time - Join childhood specialist from Southern Jersey Perinatal Cooperative for a fun activity and story time! Bring your toddlers out (up to age 4) and meet other parents!

Loteria - Come and join us for a fun night of traditional Loteria! Light refreshments will be provided and winners will win a free giveaway!

EVERYTHING IS FREE & OPEN TO ALL!

Registration is Required for PC appointments, Giveaways & Workshops!!

