3201 Atlantic Ave Atlantic City, NJ 08401 609-594-4990 atlanticoceanside2@gmail.com oceanside2fsc.org

September 2021

Appointment Only! Call to make your appointment today. M-F, 9:30AM-4:30PM

MON.	TUES.	WED.	THURS.	FRI.	SAT.
		1	2 Virtual ESL - Level 2, 3 & 5	3	CLOSED
CLOSED	7 Just Say Yes to Fruits & Veggies 2-3PM Virtual ESL Level 2 - 10AM-12PM Level 3 6:30-8:30PM Level 5 - 6:30-8:30PM	8	9 Virtual ESL Level 2 - 10AM-12PM Level 3 6:30-8:30PM Level 5 - 6:30-8:30PM	10	CLOSED
Tai Chi 2PM - 3PM Virtual ESL - Level 1 6:50-8:50pm	14 Active Parenting 10 AM-12PM Virtual ESL Level 2 - 10AM-12PM Level 3 6:30-8:30PM Level 5 - 6:30-8:30PM	15 Active Parenting 10 AM-12PM	16 Active Parenting 10 AM-12PM Virtual ESL - Level 2, 3 & 5	17	CLOSED (
20 Virtual ESL - Level 1 6:50-8:50pm	21 Walking Club 11:30am-12:30pm Virtual ESL Level 2 - 10AM-12PM Level 3 6:30-8:30PM Level 5 - 6:30-8:30PM	22	23 Virtual ESL - Level 2, 3 & 5	24 DIY Kids Stress Less Buddy 3:30-4:30PM	25 CLOSED
27 Virtual ESL – Level 1 6:50-8:50pm	28 Active Parenting (Spanish) 10 AM-12PM Virtual ESL Level 2 - 10AM-12PM Level 3 6:30-8:30PM Level 5 - 6:30-8:30PM	29 Active Parenting (Spanish) 10 AM-12PM	30 Active Parenting (Spanish) 10 AM-12PM Fall into Crafting 4PM-5PM	Open to all & ALWAYS FREE! OCEAN FANT Success	SIDE II LY CENTETZ

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<u>Center Highlights</u> <u>DIY Kids Stress Less Buddy</u> - Make your own cool

<u>DIY Kids Stress Less Buddy</u> - Make your own cool stress buddy & learn how to relax after a long day at school.

Fall into Crafting – Join us for this fun autumn craft as we make mason jar luminaries just in time for fall.

Active Parenting – 3 part parenting series that will help you communicate and enforce rules with your children. Must participate in full 6 hours to receive certificate.



Always Available

Computer Stations: Computers will be available by <u>appointment only.</u> Resources: Call or email for any resources.

Volunteering: Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.



Seminars/Classes

Virtual ESL – In partnership with LiteracyNJ, Oceanside II presents a course for people beginning to learn English and who would like more conversational skills. Level 1 meets Mondays, 6:50–8:50pm. Level 2 meets Tuesdays & Thursdays, 10am–12pm. Level 3 & 5 meet Tuesdays & Thursdays, 6:30–8:30pm.

Tai Chi - Enhance your overall health with beginner's Tai Chi. A great way to de-stress and unwind!

Walking Club - Join us on the Atlantic City boardwalk for some fresh air and socialization. Water will be provided.

Just Say Yes to Fruits & Veggies - NJ-SNAP will teach you about nutrition and how to incorporate healthy eating into your everyday choices. Learn more by joining us! *No actual food items will be given away during this workshop.



ACCESSIBLE BY PHONE & EMAIL 9AM-5PM. MASKS ARE REQUIRED.

