









Mon	Tues	Wed	Thurs	Fri	Sat
		1 	2 Mother's Day Celebration: Mommy & Me Painting 5:30PM-7PM *Registration Required*	3 Walking Club <u>11:30AM-12:30PM</u> Cinco de Mayo Celebration 3:30PM-5PM	4 CLOSED
6 Utility Assistance Fair 11AM-4PM	7 ESL Class <u>5:30PM-7PM</u> Health Care Application Assistance 4:00PM-7:00PM	8 Tai Chi 11:30A-12:30P	9 Starting Your Own Small Business 5:30PM-7PM	10 Walking Club 11:30AM-12:30PM	11 CLOSED
13 Walking Club 11:30AM-12:30PM	14 ESL Class <u>5:30PM-7PM</u> Health Care Application Assistance 4:00PM-7:00PM	15 	16 Family Cooking Class: Honduran Dish 5:30PM-7PM *Registration Required*	17 	18 Crochet 11:30A-12:30P
20 Walking Club 11:30AM-12:30PM	21 ESL Class <u>5:30PM-7PM</u> Health Care Application Assistance 4:00PM-7:00PM	22 Kinship Caregiver's Brunch 11:30A-12:30P	23 Get Your Skinny On 5:30PM-7PM	24 	25 CLOSED
27 CLOSED 	28 ESL Class <u>5:30PM-7PM</u> Health Care Application Assistance 4:00PM-7:00PM	29 	30 Breast Health For Women 5:30PM-7PM	31 Walking Club <u>11:30AM-12:30PM</u> Crochet 11:30A-12:30P	



3201 Atlantic Ave, Atlantic City
(609) 594-4990



Walk-In Hours
M W F 11am—5pm
Tu Th 11am—7pm
Some Saturdays

Open to all and ALWAYS FREE!

atlanticoceanside2@gmail.com
oceanside2fsc.org

Center Highlights

Mother's Day Celebration: Calling all Moms with young kiddos! Bring out your little ones, ages 0-17 for a fun Mommy & Me painting activity to celebrate you and all you do!

Kinship Caregivers Brunch: Do you or someone you know care for your relative's children (Grandkids, siblings, nieces/nephews, cousins, etc.) Come learn about the support and resources available to you through the Kinship Navigator Program!

Starting Your Own Small Business:

Everyone has an entrepreneur in them! Attend this free seminar to learn how to apply the basic concepts of business to start your own and become your own boss!

Women's Breast Health: Be proactive about your breast health! Professionals from Shore Memorial will be discussing breast anatomy, breast cancer risk factors, screening (including mammograms), and teaching self-breast examination.

Seminars/Classes

Get Your Skinny On: Join us and a representative from Shore Medical to learn tips about nutrition, emotional health, pitfalls, & more! *Bingo games & prizes included!

Utility Bill Assistance Fair:

You may be eligible for a monthly discount on your gas, electric, & more—now is the time to find out! *Call today for more info & to Register!
**Please make sure to bring necessary documents!

ESL (English as a Second Language): A beginner's course. Language-Learning Computer Programs also available during walk in hours!

Health Care Application Assistance: Get one-on-one assistance with your healthcare application with an expert Healthcare Navigator.

Family Activities

Cinco de Mayo Celebration: Join us for some festive food & fun!

Family Cooking Class: Join your neighbors, family, and friends as we learn how to make an authentic Honduran dish! *Registration Required*

Mother's Day Celebration: See Description in Center Highlights

Walking Club: Join us as we embrace Spring and take steps on the journey to better health! We'll take a three-mile walk together on the boardwalk, and return to the center for some light refreshments.

Always Available

Computer Stations: Stop in anytime we are open! GED/SAT/ACT prep. Basic typing, Rosetta Stone, and tutoring software are always available for your use.

Resources: Call or come in for any resources

Volunteering: Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.

