

3201 Atlantic Avenue, Atlantic City, NJ 08401

609-594-4990

atlanticoceanside2@gmail.com

oceanside2fsc.org



facebook.com/oceanside2familysuccesscenter



# August 2022



Appointment Hours:  
Mon., Tue., & Wed.: 10-5  
Thu.: 11-7  
Walk-Ups for Copy/Fax  
Fri.: 11-3

MON.	TUES.	WED.	THURS.	FRI.	SAT.
1 <u>Yoga</u> 10-11  Computer Appointments 10-5	2 <u>Grandparents Raising Grandchildren</u> 12-2 <u>Diabetes Prevention Group</u> (English) 2:30-3:30 (Spanish) 3:30-4:30  <u>National Night Out!</u> 5-8	3 <u>Crocheting</u> 12-1  Got Stress? Support Group 2:30-3:30  Computer Appointments 10-5	4 <u>Family Movie Night</u> 5-7  <u>Women's Empowerment Group</u> 6-7  Computer Appointments 11-7	5 <u>Walking Club</u> 10-11  Walk-Ups 11-3	6  <b>CLOSED</b>
8 <u>Yoga</u> 10-11  Computer Appointments 10-5	9  Computer Appointments 10-5	10 <u>Conversation about Health</u> 12-1  Computer Appointments 10-5	11 <u>One Stop for Employment and Training</u> 12-3  <u>Summer Craft with Noyes Museum of Art</u> 5:30-6:30  Computer Appointments 11-7	12 <u>Walking Club</u> 10-11  Walk-Ups 11-3	13  <b>CLOSED</b>
15 <u>Yoga</u> 10-11  Computer Appointments 10-5	16 <u>Grandparents Raising Grandchildren</u> 12-2  <u>Eviction Protection &amp; Rental Assistance Workshop</u> 4-5:30  Computer Appointments 10-5	17 <u>Summer Craft with Noyes Museum of Art</u> 10-11  Got Stress? Support Group 2:30-3:30  Computer Appointments 10-5	18 <u>Family Paint Party</u> 3-4:30  <u>Women's Empowerment Group</u> 6-7  Computer Appointments 11-7	19 <u>Walking Club</u> 10-11  Walk-Ups 11-3	20  <b>CLOSED</b>
22 <u>Yoga</u> 10-11  Computer Appointments 10-5	23 <u>Health Screenings</u> 1-2 <u>Diabetes Prevention Group</u> (English) 2:30-3:30 (Spanish) 3:30-4:30  Computer Appointments 10-5	24 <u>Toddler Time</u> 12:30-1:30  Computer Appointments 10-5	25 <u>One Stop for Employment and Training</u> 12-3  <u>Parent Support Group</u> 6-7  Computer Appointments 11-7	26 <u>Walking Club</u> 10-11  Walk-Ups 11-3	27  <b>CLOSED</b>
29 <u>Yoga</u> 10-11  Computer Appointments 10-5	30 <u>Summer Craft with Noyes Museum of Art</u> 2-3  Computer Appointments 10-5	31  Computer Appointments 10-5	 <p>Like us on Facebook Oceanside 2 Family Success Center</p> 		



\*Registration is Required for PC appointments, Giveaways & Workshops!!\*

**EVERYTHING IS  
FREE & OPEN TO ALL!**

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## Center Highlights

**Family Movie Night!** - Join us for a Family Movie Night. We will be watching Disney's "Inside Out."

Presented by Rutgers Southern Regional Child Care Resource & Referral Agency.

**Eviction Protection and Rental Assistance Workshop:** Learn how you can protect yourself from eviction and qualify for the Department of Community's Affairs Rental relief program!

**One Stop for Employment and Training** - Atlantic County Workforce Development Office will provide job assistance, training, resume and job interviewing support as well as youth services.

**Grandparents Raising Grandchildren** - Join other grandparents to discuss triumphs and challenges of raising grandchildren. Facilitated by the Atlantic Cape Family Support Organization staff.

**Parent Support Group** - This is a peer driven parent support group for Spanish speaking parents. Facilitated by the Atlantic Cape Family Support Organization staff.

## Always Available

**Computer Stations:** Stop in anytime we are open! Computers are always available for your use.

**Resources:** Call or come in for any resources.

**Volunteering:** Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.



## Seminars/Classes

**Conversation about Health** - Participate in a focus group discussion about health and health related concerns. receive \$25 gift card for your participation. Facilitated by the Senator Walter Rand Institute for Public Affairs. Refreshments will be served.

**Got Stress? Support Group** - Mental Health Association of Atlantic County will facilitate this bi-weekly support group.

**Women's Empowerment Group** - Join us to discuss any issues, concerns, ask questions, and receive support and encouragement.

**Walking Club:** We will meet in front of the center and go on a morning walk on the Boardwalk. Remember to wear comfortable shoes and bring a bottle of water.

**Diabetes Prevention Group:** Southern Jersey Family Medical Center will facilitate in-person group(s) where you can learn the best ways to prevent and/or manage your diabetes.

**Health Screenings:** Southern Jersey Family Medical Centers staff will perform on the spot health screenings.

## Family Activities

**Summer Craft with Noyes Museum of Art** - Join us for interactive arts and crafts events throughout the month. Presented by Noyes Arts Garage of Stockton University.

**Yoga:** Join us for easy, family-friendly (10+ years old) yoga exercises to calm your mind and strengthen your body.

**Toddler Time:** Join childhood specialist from Southern Jersey Perinatal Cooperative for a fun summer activity and story time! Bring your toddlers out (up to age 4) and meet other parents!

**Crocheting:** Interested in learning how to crochet? Join us for a beginner class to learn the basics of crocheting. All supplies will be provided.

**Family Paint Party** - Join us for a relaxing afternoon and create a lovely painting! Invite a friend, neighbor, and family to paint with you or come in by yourself. Everyone is welcome!

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