




Oceanside II Family Success Center
3201 Atlantic Avenue, Atlantic City, NJ 08401
609-594-4990
atlanticoceanside2@gmail.com
oceanside2fsc.org
facebook.com/oceanside2familysuccesscenter

May 2023

Center is open:
Mon., Wed. & Fri.: 11-5
Tue. & Thu.: 11-7
Select Saturdays

MON.	TUES.	WED.	THURS.	FRI.	SAT.
1 ESL class 11-1 Social Skills Group 4-5	2 Keeping a Healthy Home 4:15-5:15 ESL class 5:30-7	3 Crocheting 12-1 Nurtured Heart Approach Series 12-1	4 Community Conversations 11:30-1:30 Yoga 5:30-6:30	5 CINCO DE MAYO Walking Club 11-12 Teen Time 3:30-4:30	6 Qigong 11:30-12:30
8 ESL class 11-1 Social Skills Group 4-5	9 ESL class 5:30-7	10 Nurtured Heart Approach Series 12-1 Arts and Crafts with Noyes Museum of Art 2:00-3:30	11 One Stop for Employment and Training 12-3 Teen Speak for Parents (Part 1 of 2) 5-7	12 Walking Club 11-12 Teen Time 3:30-4:30	13 CLOSED
15 ESL class 11-1 Social Skills Group 4-5	16 ESL class 5:30-7	17 Nurtured Heart Approach Series 12-1	18 Family Paint Party 3-4:30 Teen Speak for Parents (Part 2 of 2) 5-7	19 Walking Club 11-12 Teen Time 3:30-4:30	20 Cooking Demo with AC Food Project 11:30-12:30
22 ESL class 11-1 Assisting Immigrant Families 1:30-3:30 Social Skills Group 4-5	23 Mommy Self-Love and Wellness 1-2 ESL class 5:30-7	24 Volunteer Info Session 1-1:30	25 One Stop for Employment and Training 12-3 Parents Support Group (Spanish) 5:45-6:45	26 Walking Club 11-12 Teen Time 3:30-4:30	27 CLOSED
29  CLOSED	30 Volunteer Info Session 3:30-4 ESL class 5:30-7	31 Lotería 4-4:45	Like us on Facebook Oceanside 2 Family Success Center  		



May 14, 2023

EVERYTHING IS
FREE & OPEN TO ALL!

Registration is Required for PC appointments, Giveaways & Workshops!!

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Center Highlights

Teen Speak for Parents - This 2-part workshop series will equip parents with strategies and answers they need to talk to their teen to reduce risks and build even stronger relationships.

Mommy Self-Care and Wellness - The Parents as Teachers program will offer a self-care afternoon in honor of mom. You and your child will have fun creating a sugar scrub for your skin. In addition, our SJFMC partners will be conducting free health screenings.

Community Conversations - Join us for a community conversation about safety and violence. Open to adults (18 years and older) who live or work in Atlantic County. As a thank you for participating, you will receive a \$30.00 Visa gift card. Presented by Rutgers University School of Social Work, Senator Walter Rand Institute for Public Affairs.

Assisting Immigrant Families - Join us for a brief presentation and Q&A session. We will discuss SNAP and WIC eligibility, especially for immigrant households. Our focus will be on public charge, language access, and the applications. One-on-one assistance to address any individual issues will be available. Presented by Legal services of New Jersey.

Social Skills Group - Join us for the Coloring Outside the Lines, an 8-week Social Skills Group for Children with Autism Spectrum Disorder. Prevent bullying and adverse childhood experiences for children 8-13 years old. Refreshments and incentives included.

Volunteer Info Sessions - Oceanside II Family Success Center is looking for dedicated individuals to join us in our mission to make a positive impact in our community. Join us at one of the volunteer info sessions to learn more about this exciting opportunity.

Always Available

Computer Stations: Stop in anytime we are open! Computers are always available for your use.

Resources: Call or come in for any resources.

Volunteering: Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.



Seminars/Classes

ESL class - Beginner ESL class with reading, writing, and speaking components. Choose morning and/or evening option.

Keeping a Healthy Home - This presentation is a discussion about lead and the dangers it possesses. Join us to learn the best ways to have a safe and healthy home and how to best protect our kids from lead and other contaminants. Presented by Southern New Jersey Perinatal Cooperative.

Nurtured Heart Approach - Join us for this Virtual Six Week (6) parenting series. Parents will receive a certificate of completion at the end of the course.

Walking Club - We will meet in front of the center and go on a morning walk on the Boardwalk. Remember to wear comfortable shoes and bring a bottle of water.

Crocheting - Interested in learning how to crochet? Join us for a beginner class to learn the basics of crocheting. All supplies will be provided.

Qigong - Reduce stress, improve balance and flexibility, heal body, mind and spirit through Qigong practice.

Parent Support Group - This is a peer driven parent support group for Spanish speaking parents. Facilitated by the Atlantic Cape Family Support Organization staff.

One Stop for Employment and Training - Atlantic County Workforce Development Office will provide job assistance, training, resume and job interviewing support as well as youth services.

Family Activities

Teen Time - This activity is open to youth 14+ years old. Come in to play table tennis and socialize with other teens. Signed parent permission form is required for attendance if not accompanied by an adult.

Yoga - Join us for easy, family-friendly (10+ years old) yoga exercises to calm your mind and strengthen your body.

Family Paint Party - Join us for a relaxing afternoon and create a lovely painting! Invite a friend, neighbor, and family to paint with you or come in by yourself. Everyone is welcome!

Arts and Crafts with Noyes Museum of Art - Come celebrate spring by creating special art masterpieces. Presented by Noyes Arts Garage of Stockton University.

Loteria - Come and join us for a fun night of traditional Lotería! Light refreshments will be provided and winners will win a free giveaway!

Cooking Demo with AC Food Project - Join us for a family-friendly cooking demonstration. Attendees will learn how to prepare a healthy meal and received a food box with ingredients used to recreate the recipe. Presented by the Atlantic City Food Project, Greens and Grains.

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FAMILY
SUCCESS CENTER
OCEANSIDE II