



Oceanside II Family Success Center
 3201 Atlantic Avenue, Atlantic City, NJ 08401
 609-594-4990
atlanticoceanside2@gmail.com
oceanside2fsc.org
facebook.com/oceanside2familysuccesscenter
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October 2024

Center is open:
 Mon., Wed., Thur. & Fri.: 11-5
 Tue.: 10-6
 Select Saturday

MON.	TUES.	WED.	THURS.	FRI.	SAT.
Like us on Facebook Oceanside 2 Family Success Center 	1 <u>Teen to Young Adult Project: Week 1 of 4</u> 3:45-5	2 <u>Pokémon Club</u> 3:45-4:45	3	4 <u>Yoga 11:30-12:30</u> <u>Personalized Door Sign</u> 3:30-4:45	5 CLOSED
7 <u>One Stop for Employment and Training 12-3</u> <u>Let's Get Cancer Off Our Chests!</u> 2:30-3:30	8 <u>Coffee with a Cop 10-11</u> <u>Concussion in Youth Sports 1-2</u> <u>Teen to Young Adult Project: Week 2 of 4</u> 3:45-5	9 <u>Toddler Time</u> 3:30-4:30	10 <u>Book Club: Today a Reader. Tomorrow a Leader!</u> 4-5	11 <u>Yoga</u> 11:30-12:30	12 CLOSED
14 <u>Qigong</u> 2-3	15 Parent & Community Advisory Board (PCAB) Meeting 2-3 <u>Teen to Young Adult Project: Week 3 of 4</u> 3:45-5 <u>Financial Literacy</u> 5:30-7	16 <u>Zumba: Burn It Up!</u> 3:45-4:45	17 <u>Family Paint Party</u> 3-4:30	18 <u>Yoga</u> 11:30-12:30	19 <u>Computer Literacy Class 11-12</u>
21 <u>One Stop for Employment and Training 12-3</u> <u>Family Planning</u> 3:30-4:30	22 <u>Diabetes Prevention Group 1-2</u> <u>Teen to Young Adult Project: Week 4 of 4</u> 3:45-5 <u>Lotería 5-6</u>	23 <u>Lead Poisoning Screenings</u> 3-5	24	25 <u>Yoga</u> 11:30-12:30 <u>Halloween Party</u> 5-7	26 CLOSED
28	29 <u>Computer Literacy Class 4-5</u>	30	31	<div>  </div> <div> EVERYTHING IS FREE & OPEN TO ALL! </div>	

Registration is Required for PC appointments, Giveaways & Workshops!!

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Center Highlights

Teen to Young Adult Project - Do you want to learn how to tie a tie, write in cursive and gain skills to help you become independent? We're calling 12 to 17 year-olds to join us in a 4-week Teen to Young Adult program to learn skills they will use for a lifetime.

Concussion in Youth Sports - Join us and the Brain Injury Alliance of New Jersey for a hybrid workshop (virtual on Zoom and in-person at Oceanside II Family Success Center, 3201 Atlantic Avenue, Atlantic City, NJ 08401) designed to educate participants on the impact of concussion, identify concussion signs and symptoms and take appropriate precautions to properly manage and prevent concussion.

Lead Poisoning Screenings - Do you know your child's lead level? All children should have a blood lead test at age 1 and 2 or ages 3-6 if never tested before. If interested in having a blood lead test on your child, please bring your ID and your child's birth certificate to complete registration.

Book Club: Today a Reader, Tomorrow a Leader! - Are you a book lover? Do you prefer to listen to someone else tell you about the book they read instead of reading it yourself? This book club is for all types of readers and all ages! Share what you are reading, hear what others say about their latest literary discovery, or select your next book from our free library. This book club is participant driven, and its success is a shared responsibility of its participants. ****Children who give a "book report" will receive a special prize****

Coffee with a Cop - Join Atlantic City Police Department's officers for "Coffee with a Cop," a community event that brings police officers and the community members they serve together—over coffee. Enjoy conversations, build relationships, and become the change you want to see in your community! Free coffee and lite breakfast will be served.

Halloween Bash - Join us for a spooky night of tricks or treats, fun activities and more! Costumes for both children and adults are encouraged, the best costumes win a prize! SPACE IS LIMITED.

Always Available

Computer Stations: Stop in anytime we are open! Computers are always available for your use.

Resources: Call or come in for any resources.

Volunteering: Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.



Seminars/Classes

Family Planning - Join Planned Parenthood for a workshop about sexual and reproductive healthcare, why it is important, and what to expect when you go to a sexual health appointment. We will touch on topics such as birth control, pregnancy testing, STI testing, wellness exams, and more.

Let's Get Cancer Off Our Chests! - Finding breast cancer in the beginning stages is critical because when it is found early, it is easier to treat. This program covers the common symptoms to look for, how to do a self-exam, and the resources available.

Parent & Community Advisory Board (PCAB) - PCAB serves as a voice for the community. It advises Oceanside II FSC in the choices of programs, initiatives, and activities for families. Public is invited to attend the PCAB meetings and apply to join the PCAB. Youth are welcome! Please contact Oceanside II FSC staff for additional information.

Computer Literacy classes - Learn necessary computer skills for the digital age. Sponsored by Chelsea Economic Development Corporation.

Qigong - Reduce stress, improve balance and flexibility, heal body, mind and spirit through Qigong practice.

One Stop for Employment and Training - Atlantic County Workforce Development Office will provide job assistance, training, resume and job interviewing support as well as youth services.

Diabetes Prevention Group - Southern Jersey Family Medical Center will facilitate an in-person Diabetes Prevention group where you can learn the best ways to prevent or manage your diabetes.

Financial Literacy - Join OceanFirst Bank for a series of these three financial literacy sessions that will cover budgeting, crediting, personal finance and more. Families/individuals who attend ALL 3 sessions (9/17/2024, 10/15/2024 and 11/19/2024) and demonstrate financial need will receive a stipend of \$125.00 ****MUST COMPLETE ALL SESSIONS AND DEMONSTRATE FINANCIAL NEED TO QUALIFY FOR STIPEND. SPACE IS LIMITED.****

Family Activities

Personalized Door Sign - Bring your family to make a charming personalized décor for your front door.

Lotería - Come and join us for a fun night of traditional Lotería! Light refreshments will be provided and winners will win a free giveaway!

Family Paint Party - Join us for a relaxing afternoon and create a lovely painting! Invite a friend, neighbor, and family to paint with you or come in by yourself. Everyone is welcome!

Yoga - Join us for easy, family-friendly (10+ years old) yoga exercises to calm your mind and strengthen your body.

Pokémon Club - Join us to talk about your favorite Pokémon, trade cards, enjoy games and snacks.

Zumba: Burn It Up! - Join us for everyone's favorite dance party! This Zumba Nintendo Switch party brings the fun to fitness with high-energy routines and hip-shaking jams.

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**FAMILY
SUCCESS CENTER**
OCEANSIDE II