Oceanside II Family Success Center
3201 Atlantic Avenue, Atlantic City, NJ 08401
609-594-4990

atlanticoceanside2@gmail.com oceanside2fsc.org facebook.com/oceanside2familysuccesscenter instagram.com/oceanside2\_fsc/



Center is open: Monday: 11-5 Tuesday: 11-6 Wednesday: 11-5 Thursday: 11-5 Friday: 10-3 Select Saturdays

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	MON.	TUES.	WED.	THURS.	FRI.	SAT.	
	SUCCESS & CENTER OCEANSIDE II		2	3 <u>Yoga</u> 11:30-12:30	4  On the second	5 CLOSED	
	Parenting Power-Up's 12-1 (in English) 1-2 (in Spanish)  Around the World: Japan 3:30-4:45	8  Focus Group: Conversation about Health 11-12:15 or 2-3:15	9 <u>Toddler Time</u> 3:30-4:30	10 <u>Yoga</u> 11:30-12:30	11	12 Office Hours By Appointment Only	
	14  One Stop for Employment and Training 12-3	15 Parent & Community Advisory Board (PCAB) Meeting 2-3 <u>Computer Literacy</u> <u>Class</u> 4-5	16 Food Distribution 1-2 <u>Dinner with Dad</u> 4-5	17 <u>Yoga</u> 11:30-12:30	18	19 CLOSED	
	21  Produce Still Life 3:30-4:30	22 <u>Computer</u> <u>Literacy Class</u> 4-5	23	24 <u>Yoga</u> 11:30-12:30	25	26  Community Potluck 11:30-12:30	
	28  One Stop for Employment and Training 12-3	29 <u>Bingo</u> 5-6	30	31 <u>Yoga</u> 11:30-12:30	Like us on Facebook Oceanside 2 Family Success Center  EVERYTHING IS FREE & OPEN TO ALL!		

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Center Highlights

<u>Parenting Power-Up's</u> - This is a hybrid workshop (virtual on Zoom and in-person at Oceanside II Family Success Center, 3201 Atlantic Avenue, Atlantic City, NJ 08401. This workshop will introduce positive parenting techniques and connect them to the No Hit Zone philosophy, offering a glimpse into our <u>Positive</u> and <u>Productive</u> Coaching group. Presented by Hackensack Meridian Health, Jersey Shore University Medical Center.

<u>Food Distribution</u> – Jewish Family Services will provide mobile food acc<mark>ess for residents of Atlantic City. The food truck will offer healthy options, including fresh produce, frozen proteins, and dry goods, all at no cost. First come, first serve. While supplies last. Location: Oceanside II Family Success Center, 3201 Atlantic Avenue, Atlantic City, NJ 08401, at the corner of Atlantic and Montpelier Avenues.</mark>

<u>Focus Group: Conversation about Health</u> - Hear about community health needs from residents and complete federal requirements for hospitals. Open to adults 18+ who live in Atlantic County. Participants will receive a \$40 gift card for their participation. Hosted by Rutgers - Camden Walter Rand Institute.

<u>Produce Still Life</u> - Join us to learn how to draw your own produce still life and paint using water color while learning the benefits of leafy greens. Registered participants will get to take their creations home as well as some fresh local produce to enjoy! Presented by CROPS in collaboration with Lena Di.

<u>Community Potluck</u> - A potluck is a meal that consists of food brought by the people who come to the meal. Come out to share a potluck lunch with your neighbors and friends! Bring your signature homemade meal, snack, or pick something up from your favorite store. Please bring a serving for 5-6 people to share.

## Always Available

Computer Stations: Stop in anytime we are open!
Computers are always available for your use.
Resources: Call or come in for any resources.
Volunteering: Want to share your talents? Learn more about all the wonderful volunteer opportunities we have to offer at the center.

## Seminars/Classes

<u>Parent & Community Advisory Board (PCAB)</u> - PCAB serves as a voice for the community. It advises Oceanside II FSC in the choices of programs, initiatives, and activities for families. Public is invited to attend the PCAB meetings and apply to join the PCAB. Youth are welcome! Please contact Oceanside II FSC staff for additional information.

<u>Computer Literacy classes</u> - Learn necessary computer skills for the digital age. Sponsored by Chelsea Economic Development Corporation. <u>One Stop for Employment and Training</u> - Atlantic County Workforce Development Office will provide job assistance, training, resume and job interviewing support as well as youth services.

## Family Activities

<u>Dinner with Dad</u> - Calling all dads, granddads, uncles, and father figures! Join us for a meal that kids want and dads love to cook. Cooking with Chef Ecstasy.

Around the World - Travel around the world by creating a STEM-themed project based on a different culture each month! Open to kids (8+ years old) and their families. July is for Japan! Sponsored by Exelon.

Toddler Time - Join childhood specialist from Southern Jersey Perinatal Cooperative for a fun activity and story time! Bring your toddlers out (up to age 4) and meet other parents!

<u>Bingo</u> - Come and join us for a fun night of Bingo! Light refreshments will be provided and winners will pick a prize!

<u>Yoga</u> - Join us for easy, family-friendly (10+ years old) yoga exercises to calm your mind and strengthen your body.

EVERYTHING IS FREE & OPEN TO ALL!

\*\*\*Registration is Required for PC appointments, Giveaways & Workshops!!\*\*\*

