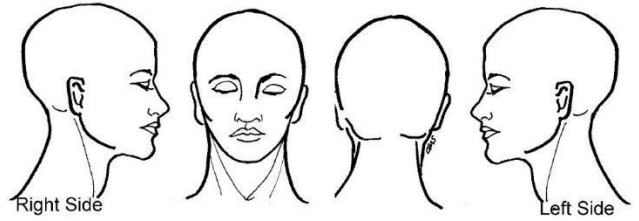


When did your headache first start? _____

How many **types** of headaches do you have? _____

Site of the pain: 



Type of pain: (circle) Pounding, squeezing, throbbing, dull aching, tightness, constant, pressure, stabbing, exploding, imploding, burning, lancinating, electric, spasms, pain behind eyes

Can you tell that you are about to get a headache? How? (Aura) _____

How long does it take for the headache to reach its worst since onset of headache? _____

Typically, how long does your headache last? _____

Typically, how frequent do you have headaches? _____

My headache is associated with (circle)

Nausea	Vomiting	Light sensitivity	Noise sensitivity
Irritability	Worsening with physical activity		Menstrual cycle (female)
Numbness	Runny nose/eyes	Sneezing	One sided weakness

What triggers (precipitates) your headache? _____

What makes the headaches better? Sleep / dark quiet room _____

Have you ever been on a medication every day to prevent headaches? If so, what was it? _____

What medicines have you tried to stop a headache? (Prescribed and over the counter) and how often do you take them?
For e.g. Excedrin Migraine 1 pill 2 times a day _____

What type of work up has been done so far for evaluation of your headache? (E.g. CT head, MRI brain etc) {If you had previous brain scan done – it is very important to bring them for your clinic visit, radiology report is not enough} _____

Which other doctors have you seen for your headache? _____

Have you gone to the emergency room with your headache? (If yes, how often and when): _____

Do you suffer from depression? _____ Do you suffer from Obstructive Sleep Apnea? _____

Do you suffer from anxiety? _____ Are you overweight or obese? _____

Have you ever had significant head trauma? _____ Involved in any legal matter due to medical condition? _____

Have you ever been involved in any type of abuse? Yes No I will talk to physician personally

Anybody in your family has headaches (If yes, whom) _____

More information you would like to provide about your headache? _____

 TMJ Myofascial refraction BP hormonal