

Spare Time Tavern

At Metro Bowl

Pizza

Our pizzas are hand-crafted with fresh dough made daily in house and topped with the freshest ingredients available

Large \$13.00 Small \$9.00

Onions, peppers, mushrooms, pineapple, hot peppers, olives, tomatoes add \$1.00 each

Buffalo chicken, pepperoni, sausage, meatball, BBQ chicken, bacon, anchovy add \$2.00 each

Gourmet Pizza

Chicken Scampi Pizza - chicken, garlic and scampi sauce Large \$14.00 Small \$11.00

Shrimp Scampi Pizza - shrimp, garlic and scampi sauce Large \$16.00 Small \$13.00

Margarita Pizza - buffalo mozzarella, fresh basil leaf Large \$14.00 Small \$11.00

Celio's Pizza - spicy banana peppers and crispy bacon Large \$14.00 Small \$11.00

Stromboli (strum-BOWL-lee)

House-made dough stuffed with the freshest ingredients, layered with sauce and mozzarella, baked to a golden perfection. Delizioso!

Festa - house-made meatballs, Bianco sausage and pepperoni \$14.00

Chicken Parmesan - hand-breaded cutlets with Italian spices, sauce and cheese \$13.00

Meatball - hand rolled, slow cooked, authentic Italian style meatballs. Mama Mia! \$13.00

North-Ender - grilled Bianco's jumbo BBQ sausage, sautéed peppers and onions \$13.00

Appetizers

Our appetizers are made fresh in house! No boxes...no bags...no microwave!

Parmesan peppercorn bread sticks \$8.00

Fresh baked dough with a blend of Italian cheeses and house seasoning, served with parmesan peppercorn sauce

Golden Tenders Full order \$13.00 Half Order \$7.00
Batter fried chicken tenders, tossed in your choice of buffalo or sweet chili sauce or served with hickory BBQ or honey mustard

Chicken Quesadilla \$11.00
Freshly grilled chicken with peppers and onions, layered with cheese and grilled on a soft flour tortilla

Mozzarella Wedges \$10.00
Imported mozzarella cheese in a light breading, friends to a gooey perfection and served with marinara sauce

Onion Ring Basket \$8.00
Golden brown and delicious, hand-cut, deep fried onion rings

Haddock Bites \$9.00
Hand breaded, fresh fish nuggets, deep fried and served with lemon tartar sauce

Fried Pickles \$8.00
Crinkle cut dill chips with a ranch dipping sauce

House Specialities (cooked to order)

Fish 'n chips \$16.00
Fresh native scrod, golden brown and delicious, topped with hand cut onion rings and served with fresh coleslaw

Sunday Dinner \$16.00
Just like Mama made (seriously!) Chicken parmesan and meatballs served over linguine, topped with marinara sauce and shaved parmesan cheese

Mixed Grill \$16.00
Bianco's jumbo sausage and BBQ chicken breast, served with coleslaw and choice of house rice or fries

Baked Haddock Dinner \$16.00
Oven baked with seasoned bread crumbs, served with house rice and coleslaw

Chicken Stir-Fry \$16.00
Pan-fried, boneless chicken with fresh cut julienne vegetables in a light teriyaki glaze served over house rice

Sandwiches

All sandwiches served with coleslaw or French fries. Substitute onion rings for \$2.00

Haddock Sandwich \$12.00

Fried to golden perfection and served with lemon tartar sauce

Metro Burger \$12.00

Half-pound of lean, ground beef, grilled to order, served with lettuce, tomato, pickles and onion

Thanksgiving Sandwich \$12.00

Slow cooked and hand carved breast of turkey, savory stuffing, cranberry dressing and mayonnaise. A classic!

Sausage and Cheese \$12.00

Bianco Italian jumbo sausage, charbroiled, topped with grilled onions, provolone cheese and a side of hot peppers

Grilled Portobello Mushroom Sandwich \$12.00

Marinated Portobello, charbroiled, topped with grilled peppers, onions and provolone cheese. Served on a toasted brioche roll with French fries

Too Hot Pastrami \$12.00

Thin sliced pastrami, hot off the griddle. Choice of dark rye or brioche roll
A real bowlers' sandwich!

Chicken Sandwich \$12.00

Charbroiled or batter fried chicken, served with lettuce, tomato, pickle, onion and a side of mayo

Turkey BLT \$12.00

Slow roasted in-house turkey breast, topped with bacon, lettuce, tomato and mayonnaise on a grilled brioche roll

Add \$1.00 for sautéed peppers, sautéed onions, sautéed mushrooms or bacon

Soup and Salad

Grandma's Turkey Rice Soup \$6.00

Homemade stock, fresh roasted turkey with garden vegetables. Served with Oyster crackers

Classic Garden Salad \$8.00

Mixed greens, tomatoes, cucumbers, onions and black olives

Caprese Salad \$8.00

Sliced tomatoes, fresh basil, fresh Buffalo mozzarella with a Balsamic drizzle

Caesar Salad \$8.00
Romaine lettuce, hand cut croutons, shaved parmesan, tossed with a creamy Caesar dressing

Add grilled chicken \$5.00
Add grilled shrimp \$6.00

Side Dishes

Rice \$4.00
Rustic Fries \$4.00
Side Salad \$4.00
Linguine Marinara \$5.00
Meatballs \$5.00
Char-grilled Sausage \$8.00

Dessert

Dough Pillows \$6.00
Mini fried dough nuggets, coated with sugar and drizzled with chocolate

Thank you for your patronage

- * Consuming undercooked meat, poultry, or seafood may pose a risk to your health
- * Before placing your order, please inform your server if a person in your party has a food allergy