

# Spare Time Tavern

## At Metro Bowl

### Pizza

Our pizzas are hand-crafted with fresh dough made daily in house and topped with the freshest ingredients available

Large \$13.00 Small \$9.00

Onions, Peppers, Mushrooms, Pineapple, Hot Peppers, Olives, Tomatoes add \$1.00 each

Buffalo Chicken, Pepperoni, Sausage, Meatball, BBQ Chicken, Bacon, Anchovy add \$2.00 each

### Gourmet Pizza

Chicken Scampi Pizza - chicken, garlic and scampi sauce Large \$14.00 Small \$11.00  
Shrimp Scampi Pizza - shrimp, garlic and scampi sauce Large \$16.00 Small \$13.00  
Margarita Pizza - buffalo mozzarella, fresh basil leaf Large \$14.00 Small \$11.00  
Matteo's Thick Crust Pizza - Sicilian Style thick crust pizza One size \$13.00

### Stromboli (strum-BOWL-lee)

House-made dough stuffed with the freshest ingredients, layered with sauce and mozzarella, baked to a golden perfection. Delizioso!

Festa - house-made meatballs, Bianco sausage and pepperoni \$14.00  
Chicken Parmesan - hand-breaded cutlets with Italian spices, sauce and cheese \$14.00  
Meatball - hand rolled, slow cooked, authentic Italian style meatballs. Mama Mia! \$14.00  
North-Ender - grilled Bianco's jumbo BBQ sausage, sautéed peppers and onions \$14.00

### Appetizers

Our appetizers are made fresh in house! No boxes...no bags...no microwave!

Parmesan peppercorn bread sticks \$8.00  
Fresh baked dough with a blend of Italian cheeses and house seasoning, served with parmesan peppercorn sauce

**Golden Tenders** Full order \$13.00 Half Order \$7.00  
Batter fried chicken tenders, tossed in your choice of buffalo or sweet chili sauce or served with hickory BBQ or honey mustard

**Chicken Quesadilla** \$11.00  
Freshly grilled chicken with peppers and onions, layered with cheese and grilled on a soft flour tortilla

**Mozzarella Wedges** \$10.00  
Imported mozzarella cheese in a light breading, friends to a gooey perfection and served with marinara sauce

**Onion Ring Basket** \$8.00  
Golden brown and delicious, hand-cut, deep fried onion rings

**Haddock Bites** \$9.00  
Hand breaded, fresh fish nuggets, deep fried and served with lemon tartar sauce

**Fried Pickles** \$8.00  
Crinkle cut dill chips with a ranch dipping sauce

## House Specialities (cooked to order)

**Surf & Turf** \$22.00  
Petite New York Sirloin served with a Seafood Casserole with choice of side and Cole slaw

**Fish 'n chips** \$16.00  
Fresh native scrod, golden brown and delicious. Topped with hand cut onion rings and served with fresh slaw

**Sunday Dinner** \$16.00  
Just like Mama made (seriously!) Chicken parmesan and meatballs served over linguine, topped with marinara sauce and shaved parmesan cheese

**Mixed Grill** \$16.00  
Bianco's jumbo sausage and BBQ chicken breast, served with coleslaw and choice of house rice or fries

**Baked Haddock Dinner** \$16.00  
Oven baked with seasoned bread crumbs, served with house rice and coleslaw

**Chicken Stir-Fry** \$16.00  
Pan-fried, boneless chicken with fresh cut julienne vegetables in a light teriyaki glaze served over house rice

## Sandwiches

All sandwiches served with coleslaw or French fries. Substitute onion rings for \$2.00

**Haddock Sandwich** \$12.00

Fried to golden perfection and served with lemon tartar sauce

**Metro Burger** \$12.00

Half-pound of lean, ground beef, grilled to order, served with lettuce, tomato, pickles and onion

**Thanksgiving Sandwich** \$12.00

Slow cooked and hand carved breast of turkey, savory stuffing, cranberry dressing and mayonnaise. A classic!

**Sausage and Cheese** \$12.00

Bianco Italian jumbo sausage, charbroiled, topped with grilled onions, provolone cheese and a side of hot peppers

**Grilled Portobello Mushroom Sandwich** \$12.00

Marinated Portobello, charbroiled, topped with grilled peppers, onions and provolone cheese. Served on a toasted brioche roll with French fries

**Too Hot Pastrami** \$12.00

Thin sliced pastrami, hot off the griddle. Choice of dark rye or brioche roll  
A real bowlers' sandwich!

**Chicken Sandwich** \$12.00

Charbroiled or batter fried chicken, served with lettuce, tomato, pickle, onion and a side of mayo

**Turkey BLT** \$12.00

Slow roasted in-house turkey breast, topped with bacon, lettuce, tomato and mayonnaise on a grilled brioche roll

**Bowler's Special** \$8.00

House made chicken salad on a toasted bun served with French Fries

Sautéed peppers, sautéed onions, sautéed mushrooms or bacon Add \$1.00

## Soup and Salad

**Grandma's Turkey Rice Soup** \$6.00

Homemade stock, fresh roasted turkey with garden vegetables. Served with Oyster crackers

Classic Garden Salad \$8.00  
Mixed greens, tomatoes, cucumbers, onions and black olives

Caprese Salad \$8.00  
Sliced tomatoes, fresh basil, fresh Buffalo mozzarella with a Balsamic drizzle

Caesar Salad \$8.00  
Romaine lettuce, hand cut croutons, shaved parmesan, tossed with a creamy Caesar dressing

Add grilled chicken \$5.00  
Add grilled shrimp \$6.00

## Side Dishes

Rice \$4.00  
Rustic Fries \$4.00  
Side Salad \$5.00  
Linguine Marinara \$6.00  
Meatballs \$6.00  
Char-grilled Sausage \$8.00

## Dessert

Dough Pillows \$6.00  
Mini fried dough nuggets, coated with sugar, served with chocolate or caramel dipping sauce

Thank you for your patronage

- \* Consuming undercooked meat, poultry, or seafood may pose a risk to your health
- \* Before placing your order, please inform your server if a person in your party has a food allergy