nla.h.k.Ap.m.nh
Language Program

WORK BOOK
Level 2 Language Package

2007
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This Work Book covers the following information below for the LEVEL 2 Language package. The information is listed in this order in the book:

1. Greetings
   Unit 1

2. Counting
   Unit 1 - 16--20
   Unit 2 - 21--29
   Unit 3 - 30-40-50-60-70-80-90-100

3. Animals
   Unit 1 - cat, mouse, rat, cougar, chipmunk
   Unit 2 - eagle, grouse, goose, small bird, crow, hummingbird
   Unit 3 - mountain sheep, mountain goat, mule deer

4. Insects
   Unit 1 - mosquito, bee, ant, woodworm, spider

5. Reptiles
   Unit 1 - snake, rattlesnake, frog, lizard, something puffs itself, salamander

6. Colors
   Unit 1 - blue, pink, yellow
   Unit 2 - silver grey, light grey, yellow, grass green, dark green
   Unit 3 - purple, dark brown

7. Clothing
   Unit 1-clothes, hunting clothes, ripped clothes, to wash clothes
   Unit 2-night clothes, new clothes, ripped clothes, put on extra clothes
   Unit 3- overalls, pants
8. Nature
   Unit 1 - hay, wild potatoes, wild celery, avalanche lily, tiger lily, Saskatoon berries, leaves
   Unit 2 - tree branch, root of tree, bark, birch bark
   Unit 3 - chokecherries, nuts, sagebrush, leaves coming out, buds opening

9. Time
   Unit 1 - dawn, noon, evening, night
   Unit 2 - to sleep, wake up, lie down

10. Weather
    Unit 1 - rain, cloudy, sunny, sun comes through clouds, sun, blue sky
    Unit 2 - winter, snow, rain, ice, wind, cold

11. Halloween Vocabulary
    - ghost, bat, witch, spider, candy, night time scared, walk, spooky

12. School Vocabulary
    Unit 1 - door, window, floor, toilet, outhouse, wall, ceiling
    Unit 2 - sit, listen, write, mark/draw something

13. Health / Self
    Unit 1 - born, die, bathe
    Unit 2 - soap, water, to wash, to dry, to braid, to cut, to comb, to wipe
    Unit 3 - to clean, to wash, to run, to jump, to crawl, to walk, to stretch

14. Human Body
    Unit 1 - cheek, chin, eyelash, neck, whiskers
    Unit 2 - shoulder, armpit, arm, elbow, chest, wrinkled face
    Unit 3 - thigh, knee, ankles, toe
15. **Family**
   Unit 1 - big family, give a name, name ceremony
   Unit 2 - step-child, step mother, mother-in-law
   father-in-law, daughter-in-law, son-in-law,
   sister-in-law, brother-in-law
   Unit 3 - youngest child, first born, first time
   pregnant, stop having children

16. **Foods**
   Unit 1 - fish soup, soup made from bitterroot, butter
   Unit 2 - to roast, roast beef, potatoes, carrots
   Unit 3 - onion, apple, cherry, nuts, pine cones,
   seeds, dessert, tea

17. **Objects**
   Unit 1 - dishes, fork, ladle, cup
   Unit 2 - to stir, pot, frying pan, basket, fridge, stove
   Unit 3 - wash tub, table, wash basin, door, window,
   wash floor, sweep floor

18. **Action 1**
   Unit 1 - to walk, jump, crawl, stretch, run
   Unit 2 - to stand, to laugh, to cry, to sing, to lend,
   find something, to think, to pinch
   Unit 3 - talk together, ride horse, invite to eat, to
   gather, to visit, to fight, to argue, to pray,
   kiss someone

19. **Action 2**
   Unit 1 - hug someone, to catch, to swim, to fly, to
   throw
   Unit 2 - to shoot, to look, listen, smell, shout,
   whisper, taste, touch something
   Unit 3 - pick berries, cook food, to dry (food), shell
   peas, cut hay, make bread

--- 3 ---
20. **Action 3**
   Unit 1 - cut logs, hammer nails, build house, to sew, to fix
   Unit 2 - say something, to mark, to write, to draw, to add, add (together), subtract
   Unit 3 - to bathe, dry oneself, scratch, to rest, to sleep, wake up, to smile, to shave, shake hands

21. **Shapes**
   Unit 1 - round, 4x4 boards

22. **Sounds**
   Unit 1 - growl, make noise, ring, sizzling
   Unit 2 - loud noise, grinding noise, noise gets quiet,
   Unit 3 - drumming noise, strange noise, crunching noise,

23. **Tastes**
   Unit 1 - no taste, salty, bitter

24. **Smell**
   Unit 1 - really smells,

25. **Texture**
   Unit 1 - hard, get soft, melted

26. **Touch**
   Unit 1 - to barely touch, to bump, to touch something while searching.

27. **Sight**
   Unit 1 - to see something, something appears, to finally see something, sightseeing, to see tracks.
28. **Common Commands**
   Unit 1 - Get some wood, make a fire, put it back, put your book away, eat your food, don't fight/argue, pick them up and put them away, pass the potatoes, pour me some tea.

29. **Pronouns**
   Unit 1 - I, you, he/she, us, they, them, that
Greetings
**Nlha.kApmhh Language Program**

**Level:** Level Two  
**Theme:** Greetings  
**Unit 1:** ihewA-ysht

**Phrases**

1. shwat qu?  
   Who are you?

2. shwat ka. shquasht  
   What is your name?

3. John n shkechzA  
   John is my father.

4. Lucy n shKEEhhza.  
   Lucy is my mother.

5. John n shquasht  
   John is my name.

6. ash shEEnchee. qu-n?  
   Do you have any younger brothers?

7. ash chA.cha qu-n?  
   Do you have any younger sisters?

8. ha.EE sheeshAya an shquOqueza.  
   Yes, I have two younger siblings.

9. ha.EE / tA.a  
   Yes/No.
Counting
Level: Level Two
Theme: Counting
Unit 1: lhewA-ysht

Vocabulary

OObenaksht alh TLAKmaksht
OObenaksht alh chOOlhka.
OObenaksht alh bee.OO.bsht
OObenaksht alh demlhbAya.
shlh.OObenaksht

sixteen
seventeen
eighteen
nineteen
twenty
Level: Level Two
Theme: Counting
Unit 2: sh.eeshdk

Vocabulary

Shih.OObenaksht alh bAya.       Twenty one
Shih.OObenaksht alh shAya       Twenty two
Shih.OObenaksht alh ka.lhAsh     Twenty three
Shih.OObenaksht alh moosh        Twenty four
Shih.OObenaksht alh cheeyksht    Twenty five
Shih.OObenaksht alh TLAKmaksh    Twenty six
Shih.OObenaksht alh chOOlhka.    Twenty seven
Shih.OObenaksht alh bee.OO.bsht  Twenty eight
Shih.OObenaksht alh demilhbAya.  Twenty nine
Level: Level Two
Theme: Counting
Unit 3: nwuhoo-yt

Vocabulary

ka.lh.OObenaksht thirty
moolh.OObenaksht forty
cheeklh.OObenaksht fifty
TLAKmakshth.OObenaksht sixty
choolhka.lh.OObenaksht seventy
bee.OObshth.OObenaksht eighty
demlhbayalh.OObenaksht ninety
hhechpklke-nksht one hundred
Animals
Language Program

Level: Level Two
Theme: Animal Kingdom: Fur Bearing Animals
Unit 1: IhewA-ysht

Vocabulary

poss cat
QUEtnee mouse
ha-wt rat
shmOOwa. cougar
quuogu-mhhE-n chipmunk

Phrases

1. QUA-nata a QUEtnee
   Look at the mouse!

2. klch kich a poss
   The cat is energetic.

3. za-wzOOt a QUEtnee
   The mouse is annoying.

4. ch.ash ta.A a ha-wt
   The rat is coming.

5. QUooocht a poss
   The cat is fat.

6. dwoa ayhh a quuogu-mhhE-n
   The chipmunk is running.
Level: Level Two
Theme: Animal Kingdom: Birds
Unit 2: sh.eeshdk

Vocabulary

halA-w  eagle
shmOO-mde-m  blue grouse
QUashEEwuh  goose
sspezOOzoo.  any bird
sh.a.a  crow
PEssKa.  hummingbird

Phrases

1. QUA-nata a PEssKa.
   Look at the hummingbird!

2. nwhAleehha sh.a.a
   The crow is flying.

3. ee-mni-m a shmOO-mde-m
   The blue grouse is making a noise.

4. ash QUa-nshteeysh a halA-w
   The eagle is watching us.

5. yee. A a-nQUantnsh a PEssKa.
   The hummingbird looks good.
Niha.kApmhh  Language Program

Level: Level Two
Theme: Animal Kingdom: Hoofed Animals
Unit 3: nwuhoo-yt

Vocabulary

shwulOOpsh  mountain sheep
shwuhhee.TLATS  mountain goat
shwuhhee-yAhhkhn  buck (male deer)

Phrases

1. QUA-nata a shwulOOpsh  
   Look at the mountain sheep!

2. wuhee. kt nash bee.hh-m tek hhezOOm tek shwuhhee-yAhhkhn  
   We're going hunting for a large buck.

3. whee. kt whEE.im tek shwulOOpsh  
   We're going looking for mountain sheep.
Niha.kApmhh Language Program

Level: Level Two
Theme: Insects
Unit 1: lhewA-ysht

Vocabulary

<table>
<thead>
<tr>
<th>Word</th>
<th>Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>quOguashkee</td>
<td>mosquito</td>
</tr>
<tr>
<td>mOTSa</td>
<td>bees</td>
</tr>
<tr>
<td>shwuhoowuhATSa</td>
<td>ants</td>
</tr>
<tr>
<td>ehhAyCh</td>
<td>woodworm</td>
</tr>
<tr>
<td>shKAKee.t</td>
<td>spider</td>
</tr>
</tbody>
</table>

Phrases

1. whee.t a quOguashkee.
   There are lots of mosquitoes.

2. za-wzOOT a shwuhoowuhATSa
   The ants are annoying.

3. ch.ash ta.A a shKAKee.t
   The spider is coming.
Reptiles
Level: Level Two
Theme: Reptiles
Unit 1: lhewA-ysht

Vocabulary

shmayhh  snake
shTSa-ahtE-n  rattlesnake
PaPl.lha  frog
poowuh n choot  something puffs itself up
sh wech hhE-n  salamander

Phrases

1. na-m ash pAqVuOO.shmna a shmayhh
   I’m very scared of the snake.

2. lh-woalha. wayhh a PaPl.lha
   The frog hops.

3. wuhOOwuhasht a shwechhE-n
   The salamander is scary.
Colours
Niha.kApmh Language Program

Level: Level Two
Theme: Colors
Unit 1: lhewA-ysht

Vocabulary

shtquEzquezt  blue
b.ah tek a shchequ pink
shqula-yee  yellow

Phrases

1. ash shtquEzquezt a. kapOO
   Your coat is blue.

2. ash b.ah tek a shchegu a. kapOO
   Your coat is pink.

3. a shqula-yee a. kapOO
   Your coat is yellow.
Niha.kApmhh Language Program

Level: Level Two
Theme: Colors
Unit 2: sh.eeshdk

Vocabulary

ash queequEEt  silver gray
a shdepA ahpa aht  light gray
a shtquleet  pale green
gua-l  grass green
ash qulo  dark green

Phrases

1. a shtquleet a. kapOO.
   Your coat is pale green.

2. a shdepA ahpa aht a. kemOOt
   Your hat is gray.

3. ash qulo. a. nTLipEETSa.
   Your shirt is dark green.

4. as queequEEt hh.a
   This is silver.
Language Program

Level: Level Two
Theme: Colors:
Unit 3: nwuhooyt

Vocabulary

TLep TLEpt tek ashchequ purple / dark red
ash poom dark brown

Phrases

1. TLep TLEpt tek ashchequ a. kapOO
   Your coat is purple / dark red.

2. ash poom a. kemOOt
   Your hat is dark brown.

3. TLep TLEpt tek ashchequ hh.a
   This is purple / dark red.
Clothing
\textbf{Niha.kApmhh Language Program}

\textbf{Level:} Level Two  
\textbf{Theme:} Clothing  
\textbf{Unit 1:} IhewA-ysht

\textbf{Vocabulary}

\begin{itemize}
  \item wuha.pEEt \hspace{2cm} clothes
  \item pehhe-m EETSa. \hspace{2cm} hunting clothes
  \item ash weel weelEETSa. \hspace{2cm} ripped clothes
  \item ashcha ahcha ahEETSa. \hspace{2cm} ripped
  \item QUee-yTSem \hspace{2cm} wash clothes
\end{itemize}

\textbf{Phrases}

1. quAnta lha wuha.pEEt  
   Get your clothes.

2. woohA-n lha. wuha.pEEt?  
   Where are your clothes?

3. QUee-yTSa ta. lha. wuha.pEEt  
   Wash your clothes.

4. assTSem a wuha.pEEt or ta.apEETSa qu  
   Your clothes are dirty.

5. IhOOMata lha. pehhe-mEETSa.  
   Put on your hunting clothes.

6. nhh.a n Ihn pehhe-mEETSa.?  
   Where are my hunting clothes?

7. yee.A nooqu lha. wuha.pEEt  
   Your clothes are good.
Level: Level Two
Theme: Clothing
Unit 2: sh.eeshdk

Vocabulary
	nwoa -ytEETSa. night clothes
chee. cheeAlksh new clothes
cha ah cha ahEETSa. ripped clothes
nlhwuha-wshAda a wuha.bEEt put on extra clothes (for warmth)

Phrases

1. nlhwuha-wshAda a wuhabEEt ,TSelhchEEn
   Put on extra clothes, it's cold.

2. IhOOMata lha. nwoa -yt EETSa
   Put on your nightgown.

3. chEE.chee a nwoa -yt EETSa
   You have a new nightgown.

4. cheecheeAlksh qu nooqu
   I see you have brand new clothes.
Vocabulary

nlhoowuhAyooshdn
ash ptewuhchk tek shkEEyoosh
shkEEyoosh

overalls
pants

Phrases

1. nbeeAyoosh kn, na-m ansh quanguAnt
I have only one pair of pants, I'm really poor.

2. kelhayOOhm kn, Ahhee. nA.a ash talhEEhh
I took off my pants, and they were still standing there.

3. nlhwuhA-wshada a shkEEyoosh
Put on extra pants, it's cold.

4. wuhee. kn ash kelhkelh hhn
I'm going to go barefoot.
Nature
Nlha.kApmhh  Language Program

Level: Level Two
Theme: Nature
Unit 1: ihewA-ysht

Vocabulary

shyAkm  hay
tatOOwe-n  Indian potatoes
TSawAta.  wild celery
shKA-mach  avalanche lily
tch-A-wak  tiger lily
shchagum  saskatoon berries
pechEklh  leaves

Phrases

1.  doowEEt a shyAkm
    The hay is growing.

2.  wuhee. kn nash yeekm
    I'm going to cut the hay.

3.  zaTLt a pechEklh
    The leaves are falling.

4.  hAchoo nash quinAm tek tatOOwe-n
    Let's go get some Indian potatoes.

5.  n mee.lm hha tek tatOOwe-n
    Give out (share) the Indian potatoes.

6.  ash shqula-yee. a shKA-mach
    The avalanche lily is yellow.

7.  a shtquleet a chEEchee a shbAkmsh a TSawAta.
    The young flowers of the celery are green.

8.  QUeeyt a shchagum
    The saskatoons are ripe.

9.  a sh chEgusha a shwuhoOoshem
    The soapberries are red.

10. whee.EEt a tatOOwe-n
    There are lots of Indian potatoes.
Niha.kApmhh Language Program

Level: Level Two
Theme: Nature
Unit 2: sh.eeshdk

Vocabulary

kehhmAka. tree branch
QUemee whAp root of tree
Pa.yAn bark
qulheen birch bark

Phrases

1. mOOGuma tek kehhmAka. wuhee. kt Pamshm
   Gather some branches, we’re going to make a fire.

2. yee.kA-mseepa tek kehhmAka. wuhee. kt Pamshm
   Get some branches, we’re going to make a fire.

3. plhelht a Pa.yAn
   The bark is thick.

4. whee.EEt na a kehhmAka.
   There are lots of branches right there.

5. mOOguada a kehhmAka.
   Gather the branches.
Niha.kApmph Language Program

Level: Level Two
Theme: Nature
Unit 3: nwuhoo-yt

Vocabulary

zelquOO. chuckcherries
kapOOwuh nuts
kAwquoos sagebrush
nPewuhkshm leaves coming out
nPewuhkshm buds are opening

Phrases

1. wuhee. kt nash wuhee.lm tek kAwquoos We’re going to go look for some sagebrush.

2. npewuhkshm a pechEklh The leaves are coming out.
Time
Level: Level Two
Theme: Time
Unit 1: IhewA-ysht

Vocabulary

chkapmamin  dawn
noopEEk-n    noon
ahap         evening
shEEteesht  night

Phrases

1. nash nooqu m.ah
It's getting daylight.

2. a TLoo. hhA.a ksh noopEEk-nsh
It's almost noon.

3. a TLoo. hhA.a ksh ahapsh
It's almost evening.

4. a TLoo. hhA.a ksh TLEptsh
It's almost dark.

5. ahh nooqu tA.a lh shEEteesht oosh
There was someone or something around last night.
Niha.kApmhh Language Program

Level: Level Two
Theme: Time
Unit 2: sh.eeshdk

Vocabulary

woa-yt to sleep
kEElhta wake up
pO0yta lie down

Phrases

1. wuhee. kn nash woa-yt
   I am going to sleep.

2. nash wa. woa-yta
   Go to sleep.

3. nash wa. pO0yta
   Go lie down.

4. pO0yta aka shwoa-yt
   Lie down and go to sleep.

5. kEElhta wuhee. kt lha. hhAnsh
   Wake up, we’re going to eat.

6. dAlheehha
   Stand up.
Weather
Niha.kApmhh Language Program

Level: Level Two
Theme: Weather
Unit 1: lhewA-ysht

Vocabulary

- taklh a demEEwuh
- guoo-yguOO-y
- nQUeeyAnk
- pooTLm a shQUAQUash
- dOOwa shquOOy-ye
- shQUAQUash
- wuhEzuwhez a shTLekt

- it's a rainy day (on the earth)
- cloudy
- sunny
- The sun came out through the clouds.
- sun
- The sky is blue

Phrases

1. guOoyee. nooq
   It's clouding over

2. ka. n ka ksh wuhee.sh guoo-yguOO-ysh ch.aylh
   I wonder if it's going to be cloudy today?

3. TSeIowuh nooq a shQUAQUash
   The sun is hot.

4. nQUeeyAnk nooq
   It is sunny (making an observation about it)

5. nQUeeyAnk nooq ch.aylh
   It is sunny now.

6. ka. n ka ksh wuhee.sh nQUeeyAnk tek shbee.hhAwt
   I wonder if it is going to be sunny tomorrow.
**Niha.kApmhh Language Program**

Level: Level Two
Theme: Weather
Unit 2: sh.eeshdk

**Vocabulary**

<table>
<thead>
<tr>
<th>Niha.kApmhh</th>
<th>English</th>
</tr>
</thead>
<tbody>
<tr>
<td>sh.eeshdk</td>
<td>winter</td>
</tr>
<tr>
<td>shwoowuht</td>
<td>snow</td>
</tr>
<tr>
<td>taklh</td>
<td>rain</td>
</tr>
<tr>
<td>npa-woa</td>
<td>ice</td>
</tr>
<tr>
<td>shna-wt</td>
<td>wind</td>
</tr>
<tr>
<td>TSelht</td>
<td>cold</td>
</tr>
</tbody>
</table>

**Phrases**

1. weekna a shwoowuht
   I see the snow.

2. wEEkt wuh-n a shwoowuht?
   Do you see the snow?

3. a TLoo. hhA.a k sh.eeshdksh
   It’ll be winter soon.

4. a TLoo. hhA.a ksh nwuhoo-ytsh
   It’ll be spring soon.

5. taklh nooqu
   It’s raining.

6. na-wt nooqu
   It is windy.

7. TLee.EEQU
   It stopped (raining or snowing)

8. wuhee. nooqu taklh
   It seems like it’s going to rain.

9. whee. woohhtmEEnteesh
   It’s going to snow on us.
10. zawuh a shwoowuht
   The snow is melting.

11. ch.ka.a ksh plhelhtwEE.hhsh  a npa-woa?
    Is the ice getting thick?

12. chka.a ksh plhelhtwEE.hhsh
    Is it getting thick?

13. queequEEw a npa-woa
    The ice is slippery.

14. zo-woazO-woat nooqu a shna-wt
    The wind is getting stronger.

15. whee. nooqu na-wt
    It's going to get windy.

16. kesht a shna-wt
    The wind is bad.

17. nash nooqu TSelhchEEn
    It's getting cold.
Halloween Vocabulary
**Language Program**

**Level:** Level Two  
**Theme:** Halloween  
**Unit 1:** lhewA-ysht

**Vocabulary**

shnayEE. — ghost, graveyard, dead person  
shTLanOOya. — bat  
hA. hha aygu — witch  
shKAKee.t — spider  
TLehht — candy  
shEEteesht — night time  
pAquoo. — scared  
whashEEt — walk  
whOOoshwasht — spooky

**Phrases**

1. pAquoo.shmn a shnayEE.  
   I’m scared of a ghost.

2. ch.ash ta.A a hha.hha.aygu  
   Here come’s a witch.

3. ahh na.A a shKAKee.t  
   There’s a spider.

4. hAChoo nash quinAm tek TLehht  
   Let’s go get some candy.

5. whOwhsht kn tek TLohht  
   I want some candy.

6. a sheetEEsh oosh aka.sh woa-yt  
   When it’s night, you’ll sleep.
7. a sheetEEsht oosh whee. whashEEt a shnayEE. When it's night, the ghost will walk.

8. pAguoo. a shQUOOQUmee.t The child is scared.

9. chOOquoosh ka.sh pAguoo. Don't get scared.

10. hAchoo whashEEt Let's walk.

11. woohA-n a wuhee.OOhh whashEEt? Where are you going to walk?

12. -nam ash wuhoOoshwuhashtsh That is spooky.

13. -nam ash wuhoOoshwuhashtsh tek shpagu That's a scary show.
School
**Niha.kApmhh Language Program**

**Level:** Level Two  
**Theme:** School  
**Unit 1:** lhewA-ysht

**Vocabulary**

- ntkchEEEntn: door
- nQUanOOshd-n: window
- npehhEEyaptnt: flooring
- nhha.dm: ceiling
- nPooTLmtn: toilet
- nPOOTLmalhwuh: out house
- nnhhaymEEEn: wall

**Phrases**

1. nwoolchEEnta  
   Open it. (door or window)

2. ntkchEEnta  
   Close it. (door or window)

3. ntkchEEnta a nQUanOOshd-n  
   Close the window.

4. TSahhtAta a npehhEEyaptnt  
   Clean the floor.

5. TSA-weeyapa  
   Wash the floor.
**Niha.kApmhh Language Program**

Level: Level Two  
Theme: School  
Unit 2: sh.eeshdk

**Vocabulary**

meechA.ka  
sit

kA-yee nee ma  
listen

TSeQUEm  
write

nTSeQUOShm  
mark / draw something

**Phrases**

1. meechA.ka n.Aya  
   Sit here.

2. KA-yeeneemahha ch.ash nooqu t.A.a a shba.Ach  
   Listen! A bear is coming.

3. whee. kn TSeQUEm  
   I'm going to write.

4. whee. qu-n TSeQUEm?  
   Are you going to write?

5. whee. a quoo nTSeQUOShadeeyhsh a shmeeych  
   They are going to draw a deer.
Health/Self
Niha.kApmhh Language Program

Level: Level Two
Theme: Health and Self
Unit 1: lhewA-ysht

Vocabulary

queesh to be born
zoogu to die
shawuhm to have a bath

Phrases

1. bee.shtA a queeshOosh lha. shkEEhhza.
When was your mother born?

2. ch.ayl h a quoq tek sheeTLKt k queeshOOsh lha. shkEEhhza.
Today is the day your mother was born.

3. bee.shta. k queeshOOwuh
When were you born?

4. shwatk zoogu
Who died?

5. zoogu lha. shnOOQUa.
Your friend died.

6. nAshwa. shawuhmhhha
Go have a bath.

7. shawuhm qu-n
chka.ka.sh shawuhm
Did you have a bath?
**Niha.kApmhh Language Program**

**Level:** Level Two  
**Theme:** Health/Self  
**Unit 2:** sh.eeshdk

**Vocabulary**

- soop  
- quoo.  
- TSA-wkstma  
- KAhhkstma  
- TLemhhEm  
- nEEKata  
- hhEE-washt  
- APash  
- soap  
- Water  
- to wash hands  
- dry your hands  
- to braid hair  
- cut it  
- to comb hair  
- he/she wipes it

**Phrases**

1. TSA-wkstma  
   Wash your hands.

2. kAhhkstma  
   Dry your hands.

3. TLemhhatAa a. shKapkn  
   Braid your hair.

4. nEEKata a.shKapkn  
   Cut your hair.

5. hhEE-wata a. shKapkn  
   Comb your hair.

6. APata a. sbshaksh  
   Wipe your nose.

7. nEEKata a. QUoowuhkEE-nksht  
   Cut your fingernails.
8. kashtwuh TLm lh soop
   What did you do with the soap?

9. wuhee. kn quinAm tek soop
   I'm going to get some soap.

10. quAhhchima tek quoo.
    Get me some water.

11. chkaka.sh wuhowuhsh tek quoo.
    Do you want some water?
Niha.kApmhh Language Program

Level: Level 2
Theme: Health/Self
Unit 3: nwuhoo-yt

Vocabulary

TSahhtAsh He/She cleans it
TSa-wkshtm to wash hands
d woa ayhh to run
KazEEehh to jump
guEEweehh to crawl
wuhashEEt to walk
ch sheeyhh to stretch

Phrases

1. TSahhtAta a. TLA-neeh
   Clean your ears.

2. nTSa-wAneeshm hha
   Wash your teeth.

3. d woa ayhh a shchimA-mee.t
   The children are running.

4. nowuhmAmin a shkAkhhha.
   The dog wants to run.

5. ahh nooqu woochEE.a kahh kazEEehh
   Something over there jumped.

6. kazEEehh
   Jump.
7. guEEweehha
   Telling someone to crawl.

8. guEEweehh n chAcha.
   My younger sister is crawling.

9. wuhee. kn nash wuhashEEt
   I'm going for a walk.

10. hAchoo nash wuhashEEt
    Let's go for a walk.

11. ahh qu ch sheeyhh
    You are stretching.
Human Body
Niha.kApmhh Language Program

Level: Level Two
Theme: Human Body
Unit 1: lhewA-ysht

Vocabulary

quezapEEya. cheek
shTlepchEEn chin
lhpa-ysht eyelash
nguezApshtn neck
shwoopchEEn whiskers

Phrases

1. TSa hh.a n shTlepchEEn
   This is my chin.

2. qua.quEE.t n nguezApshtn
   My neck hurts.

3. QUA-nhhchima tan shwoopchEEn
   Look at my whiskers.

4. tekAta a quezapEEya.
   Touch your cheek.
Level: Level Two
Theme: Human Body
Unit 2: sh.eeshdk

Vocabulary

shQUemAhhn shoulders
nkemAhhadh armpit
kayhh hand
quemAKsht elbow
tLEk-ma-wuhchk chest
Pee.shOOsh wrinkled face

Phrases

1. TSa hh.a n shQUemAhhn
   This is my shoulder.

2. qua.quee.t n quemAKsht
   My elbow hurts.

3. QUA-nhhchima tan kayhh
   Look at my hand.

4. tekIAta a shQUemAhhn
   Touch your shoulder.
Level: Level Two
Theme: Human Body
Unit 3: nwuhooy-t

Vocabulary

shzO0y-yagu  thigh
shkma-wash hhn  knee
quet wuh-mchEEEnhhn  ankles
lehh-hhEn  toe

Phrases

1. TSa hh.a n lehh-hhEn
   This is my toe.

2. qua.qEE.t n quet wuh-mchEEEnhhn
   My ankle hurts.

3. QUA-nhhchima tan shkma-wash hhn
   Look at my knee.

4. tektAta hha. shzO0y-yagu
   Touch your thigh.
Family
Niha.kApmhh Language Program

Level: Level Two
Theme: Family
Unit 1: IhewA-ysht

Vocabulary

nwuh.eet
OOmash
oomashtAywuh

big family
to give someone a name
name ceremony

Phrases

1. nwuh.eet hhA.a tek shAytknmahh
   That's a big family.

2. wuhee. oomashtAyt
   They are going to give a name.
Niha.kApmhh Language Program

Level: Level Two
Theme: Family
Unit 2: sh.eeshdk

Vocabulary

quooza-ATSa  stepchild
shkeehhza.-ATSa  step mother
lhchachk  mother-in-law
sh hhee.hhEE.  father-in-law
gapn  daughter-in-law
shkaw  sister-in-law
ssTSahht  brother-in-law (man’s male in law)

Phrases

1. yee.A shwuhawqush a quooza-ATSa
   The stepchild is happy.

2. ha-nlha. shkeehhza.-ATSa
   Where is your stepmother?

3. woolhOO.a
   Over there.

4. n.Aya
   Here.

5. n.Aya nan cheetwuh
   Here at my house.
Niha.kApmhh Language Program

Level: Level Two  
Theme: Family  
Unit 3: nwuhooyt

Vocabulary

shchAwtelmmhh  youngest child  
keeya.OOy  first born  
chAchquusha  first pregnancy  
ncha.quEEt  to stop having children

Phrases

1. yee.A a shuwahquush a shchAwtelmmhh  
The youngest child is happy.

2. TSa hh.a a shchAwtelmmhh tek n shquOOza.  
This is my youngest child.

3. TSa hh.a a keeyA. tan shquOOza.  
This is my first born.
Food
Niha.kApmhh Language Program

Level: Level Two
Theme: Food
Unit 1: lhewA-ysht

Vocabulary

shAysheeQU  fishhead soup
nkawuh  soup/pudding made from flour, bitterroot, saskatoons
nmeTLQUOOshtn  butter

Phrases

1. yee.A nooqu a shAsheeQU  The fish soup is good.
2. hAchoo choowOom tek shAsheeQU  Let's go make some fish soup.
3. zAKem hha  Make some bread.
4. na-m ash yee.Ash a. shzaK  Your bread is very good.
5. ha-n ka. nmeTLQUOOshtn  Where's your butter?
Level: Level Two
Theme: Food
Unit 2: Sh.eeshdk

Vocabulary

QUee-yEEm  to roast
nyee.A-nki-m tek shmeeych  roast beef
sstaquO-lsh  potatoes
nchequchequhhln  carrots

Phrases
1. ka.ksh QUeeytsh a. shQUee-yEEM
   Is your roast cooked?
2. na-m ash yee.ash a. nyee.A-nki-m
   Your roast is really good.
3. nEEKata a shmeeych
   Cut the meat.
4. TLkAlhhha tek sstaquO-lsh
   Dig some potatoes.
5. toowuhOOppha tek sstaquO-lsh
   Buy some potatoes.
Niha.kApmhh Language Program

Level: Level Two
Theme: Food
Unit 3: nwuhooyt

Vocabulary

gualAwa          onion
kemhhOOsha.      apples
chequOOsha       cherries
KaPOOwuh          nuts
shTSeKEEY-nk\a.  tree cones
nKe-mA-nk         seeds
nshAhhchatn       dessert
TSawAta. tee     tea made from wild celery seeds

Phrases

1. nAshwa. qunam hha tek shTSeKEEY-nk\a.
   Go get some tree cones.

2. wuhee. kt nash wuhee.lm tek TSawAta. tee
   We are going to look for wild celery tea.

3. choowOOm hha tek TSawAta. tee
   Make some wild celery tea.
6. QUeeyt a shQUeeyd
The berries are ripe

7. ashchequ a kemhhOOSha. / ashchequ a aplsh
The apples are red.

8. wuhee.EEt a ncheq achequuhhln
There are lots of carrots.

9. pAhhsa.mahha tek sstaquO-lsh
Peel some potatoes.

10. wuhee.Imhha tek sstaquO-lsh
Look for some potatoes.
Objects
Level: Level Two  
Theme: Objects  
Unit 1: ihewA-ysht

Vocabulary

shzalt  
lhoo.mEEn  
nzA-wdin  
zA-wdin  
dishes  
fork  
ladle  
cup

Phrases

1. quAhchima tek shzalt  
Get me a dish.

2. wuhee.imha tek zA-wdin  
Find a cup.

3. kashtwuh lh lhoo.mEEn  
What did you do with the fork?
Nlha.kApmhh Language Program

Level: Level Two
Theme: Objects
Unit 2: sh.eeshdk

Vocabulary

hhEEzim to stir
lhkap pot or pan
nKEhhla.wuhtn frying pan
TSee-yA basket
nTSAlhmin fridge
nPamshdin stove

Phrases

1. quAhchima tek lhkap
   Get me a pot.

2. wuhee.imhha tek TSee-yA
   Find a basket.

3. kashtwuh lh nKEhhla.wuhtn
   What did you do with the frying pan?

4. na-m ash yee.Ash a. nTSAlhmin
   Your fridge is good.
Niha.kApmhh Language Program

Level: Level Two
Theme: Objects
Unit 3: nwuhooyt

Vocabulary

nQUeTSmn washtub
tEEpal table
nTSa-wshtn wash basin
tekchEEntn door
nQUa-nOoshd-n window
tSA-weeyAp to wash the floor
Awuhyap to sweep the floor

Phrases

1. TSa-weeyAp
Wash the floor.

2. wuhee.qu TL-m TSa-weeyAp
You were going to wash the floor.

3. Awuhyapa
Sweep the floor.

4. wuhee. qu-n Awuhyap
Are you going to sweep the floor?

5. nwoolchEEnta
Open the door.
6. ntakchEEnta
Close the door.

7. TSahhtAta a npehhEEyaptn
Clean the floor.
Action 1
Niha.kApmhh Language Program

Level: Level Two
Theme: Actions Part 1 Exercises
Unit 1: lhewA-ysht

Vocabulary

wuhashEEt  to walk
kazEEhh    jump
quEEweehh  crawl
ch sheeyhh  stretch
dwoa ayeehh run

Phrases

1. wuhashEEthha wA.a
   Walk in that direction.

2. ahhqu nooqu tA.a wuhashEEt
   I see you are walking around.

3. ahh kazAKA kazeeeyhh n eemch
   My grandchild is jumping.

4. chOOquoosh ka.sh kazEEhh na npOOydin
   Don't jump on the bed.

5. ahh quEEyweehh woochEE.a
   It's crawling over there.
6. quEEweehh hha wA.a  
Crawl that direction.

7. ch sheeyhh  
stretch

8. ch sheeyhh qu-n  
Did you stretch?

9. chOO quoosh ka.sh dwoa ayhh  
Don’t run

10. dwoa Ayhha woochEE.a  
Run over there.
Niha.kApmhh Language Program

Level: Level Two
Theme: Actions 1
Unit 2: sh.eeshdk

Vocabulary

dAlheehh  to stand
ha.OOyem  to laugh
wawEEyhh  to cry
EETLem  to sing
QUAhhem  to lend/borrow
pOOnimsh  to find something
TSEEPadash  to pinch/squeeze

Phrases

1.  wuhee. kn na.A ash dAlheehh
    I am going to stand there.

2.  chooquOOsh ka.sh dAlheehh woochEE.a
    Don't stand over there.

3.  kayee.shchOOt lh John.
    John is laughing at himself.

4.  chooquOOsh ka.sh kayee.shchOOt
    Don't laugh at yourself.

5.  ahh nooqu woochEE.a kahh wawEEyhh
    Someone over there is crying.

6.  wuhee. kn wawEEyhh
    I'm going to cry.

7.  wuhee. qu-n EETLem
    Are you going to sing?
8. wuhee. a quoo EETLem
   He/She is going to sing.

9. wuhee. QUAhhem tek shnOOya
   I'm going to borrow some money.

10. wuhee. QUAhhemshch tek shnOOya
    He/She is going to lend you some money.

11. pOOnimhhch lha. kapOO
    He/She found your coat.

12. ka.sh pOOnimhhchimsh lhn sha.IEESH
    Did He/She find my knife?

13. ahh kn psteenOOshim
    I'm thinking.

14. shda. ka.sh psteenOOshim
    What are you thinking about?

15. ahh TSEEPadash a shEEnchee.sh
    He is pinching his younger brother.

16. chooquOOsh ksh TSEEPatwawuhap
    Don't pinch each other.
Nlha.kApmhh Language Program

Level: Level Two
Theme: Actions 1
Unit 3: nwuhooyt

Vocabulary

cha-wOO. talk together
lhqueeyhh ride (horseback)
lhahhanshayt invite people to eat
mOOGueeyhh gather together
mee-It to visit
TLEquaWawuh to fight
klaK argue
yamEEt to pray
nTSOO-mkshesh he/she kisses someone

Phrases

1. ahh cha-wOO. a shAytknmahh
   The people are talking.

2. wuhee.kt cha-wOO. a wuhee.OOt kanm
   We are going to talk about what we are going to do.

3. hAchoo nash lhqueeyhh
   Let’s get on the horse.

4. wuhEE.aqquoo lhqueeyhh lha. chAcha.
   Your younger sister is going riding.

5. wuhEE.kt lhahhanshayt tek shpee.hhAwt
   We are going to invite people over to eat tomorrow.

6. lhahhanshayt lha. shguooz
   Your aunt invited people over to eat.
7. wuhEE.aquoo mOOqueeyhh a shAytknmahh
   The people are going to gather together.

8. hAchoo mOOqueeyhh nlh sh.eeshtkn
   Let's gather at the winter house. (pithouse)

9. wuhee. kn nash mee-It
   I'm going to visit.

10. hAchoo nash mee-It
    Let's go visit.

11. chOOquoosh ka.sh TLEquatwawuh
    Don't fight.

12. ahh TLap hhA.a TLEquatwawuh
    He/She has been arguing.

13. chOOquoosh klaKAp
    Don't argue.

14. ahh hhA.a klaK
    He/She was arguing.

15. wuhee.kt yAmeet
    We are going to pray.

16. yAmeeta
    Telling someone to pray.

17. nTSOO-mkshesh lh shmOOlhach
    He kissed the woman.

18. chOOquoosh ksh nTSOO-mkshnoowuh
    Don't kiss that person.
Action 2
Nlha.kApmhh language Program

Level: Level Two
Theme: Actions 2
Unit 1: IhewA-ysht

Vocabulary

TLOOQUash
quanwA-nsh
nkAyeehh
nwuhAleehh
KamEEsh

to hug someone
he catches it
to swim
to fly
he throws it

Phrases

1. TLOOQUash a shkEEhhza.sh
   He/she hugged his/her mother.

2. TLOOQUata tA.a k shwat.
   Give someone a hug.

3. ATLoo. hhA.a ash quanwA-nsh.
   He/she almost caught something.

4. quenwA-n na.
   I caught it.

5. hAchoo nash nkAyeehh
   Let's go swimming.
6. nkAyeehh a quoo dA.a k shwat.
someone is swimming.

7. nwuhAleehh a shkalOOla. wA.a
The owl flew in that direction.

8. nwuhAleehh a shkalOOla.
The owl is flying.

9. KamEEnsh a sh hha-nhh
He/she throws a rock.

10. chooquOOsh ksh KamEEnwuuh a sh hha-nhh
Don't throw the rock.
Niha.kApmhh language Program

Level: Level Two
Theme: Actions 2 Senses
Unit 2: sh.eeshdk

Vocabulary

KA-yem to shoot
twuhooshm to look
KA-ynema listen
shoo-m m smell
TLEwuheehh shout
queschEE-nhha talk quietly
meshtAnm take a taste
tektata touch it

Phrases

1. KA-yem
   Shoot.

2. wuhee. kn KA-yem tek shmeeych
   I’m going to shoot a deer.

3. chooquOosh ka.sh KA-yem
   Don’t shoot.

4. chooquOosh ksh QUA-noowuh.
   Don’t look at it.

5. chooquOosh ka.sh twuhooshm
   don’t look.

6. twuhOoshma woomcheEA
   Look that way.
Action 3
**Niha.kApmhh Language Program**

**Level:** Level Two  
**Theme:** Actions 3 Work  
**Unit 1:** lhewA-ysht

**Vocabulary**

- kElem           to cut logs into boards
- TLaQUm          to hammer a nail
- choowAlhwuh     to build a house
- TLequ.OOm       to sew
- chOOtash        he/she fixes

**Phrases**

1. ahh nooqu kahh kElem woolhOO.a  
   Someone is cutting boards over there.

2. ahh nooqu kahh TLaQUm woolhOO.a  
   Someone is nailing over there.

3. TLAQUata a ntakchEEEntn  
   Nail the door.

4. chOOtash a nlhguApdin  
   He/she fixed the chair.

5. nash TL-m chOOtash lh shEElhTSoo.sh  
   He/she went to fix his/her shoe.

6. ahh TLequ.OOm nlh cheetwuh  
   He/she is sewing at the house.

7. pEE.shta a wuhee.OOwuh TLequ.OOm  
   When are you going to do some sewing?
Niha.kApmhh Language Program

Level: Level Two
Theme: Actions 3 School
Unit 2: sh.eeshdk

Vocabulary

queelynchOothha
To see
nTSeQUOoshm
alh
kelhtAsh
say something
to write
to draw
and (used in adding in Math)
he takes away (subtraction)

Phrases

1. queelynchOothha
   Say something.

2. shda. nA.a tek a ShTooQU
   What is written there?

3. ahh kn TSeQUm
   I am writing.

4. TSOOQUmhha
   Telling someone to write.

5. meelmhha tek ha.OOsha.
   Color the eggs.

6. nTSeQUOOShada a poss.
   Draw the cat.

7. shAya alh shAya ash moosh sh ch
   Two and two is four.
8. shAya alh ka.lhAsh ash cheeykshtsh
   Two and three is five.

9. ka.lhAsh kelhtAta a bAya. ash shAyash
   Three take away one is two.
Niha.kApmhh Language Program

Level: Level Two
Theme: Actions 3 Body
Unit 3: nwuhooyo

Vocabulary

shawuhm  to bathe
KAhhnchoot  to dry oneself
kaschchOot  to scratch oneself
mAlheehh  to rest
woa-yt  to sleep
keetht  wake up
QUeeTLshm  to smile
EQUchinma  to shave
quankshatwAwhuh  to shake hands

Phrases

1. nAshwa. shAwuhmhhha.
   Go have a bath.

2. wuhee. kn nash shawuhm.
   I’m going to take a bath.

3. KAhhnchoot qu-n
   Did you dry yourself.

4. KAhhnchoot kn
   I dried myself.

5. chOO quoosh ka.sh kaschchOot
   Don’t scratch yourself.

6. ahh kaschchOot a shkAkhha.
   The dog is scratching himself.
7. ash KA-yneemahha  
   Listen.

8. ahh qu-n ash KA-yneema  
   Were you listening?

9. ahh shoo-mm a shkAkhha.  
   The dog is sniffing.

10. shoo-mAta hA.a  
    Smell that.

11. chooquOOh sh ka.sh TLewuhEEhh  
    Don't shout.

12. ahh nooqu kahh TLewuhEEhh  
    Someone is shouting.

13. qeshchEE-nhha  
    talk quietly.

14. qeshcheechEE-n qu a Awuhoowuh queenchOOt  
    You're talking quietly.

15. ahh meshtAna a TSaITSAla  
    I'm tasting the huckleberries.

16. mEshtanm hha tOOwa shlha.hhAnsh  
    Taste some of the food.

17. wuhee. kn mEshtanm tek shQUAQUee-yap  
    I'm going to taste the strawberries.

18. tektAsh lh poss  
    He/she touched the cat.

19. chooquOOh ksh tektAwuh lh shkAkhha.  
    Don't touch the dog.
Niha.kApmhh Language Program

Level: Level Two
Theme: Actions 2 Food
Unit 3: nwoohoo-yt

Vocabulary

QUee-yA-wim to pick berries/fruit
nchoochEEnm to cook food for
bA-yim or Kahhm to dry foods
nQUTLKA-yaqu-m to shell peas or nuts
yAk kem to cut hay
zAkem to make bread

Phrases

1. hAchoo nash QUee-yA-wim tek shQUeeyd
   Let’s go pick some berries.

2. wuhee. kn QUee-yA-wim tek shchagum
   I’m going to pick some Saskatoon berries.

3. hAchoo nash nchoochEEnm
   Let’s go cook some food.

4. nash TL-m nchoochEEndeesh
   She went to cook for us.

5. wuhee. kt bA-yim tek shchagum
   We are going to dry some Saskatoon berries.
6. **bA-yimhha tek shwuhoOshemm**  
   Dry some soapberries.

7. **nQUTLKA-yaqu-mhha tek peeysh**  
   Shell some peas.

8. **wuhee. kn nQUTLKA-yaqu-m tek peeysh**  
   I'm going to shell some peas.

9. **ahh yakdAsh lh shyAkem**  
   He is cutting the hay.

10. **zAkemhha**  
    Make some bread.

11. **hAchoo zAkem**  
    Let's make bread.
7. mAlheehhoot
   Let's rest.

8. ka.ksh hhee-nsh eelh a mAlheehhoot
   Will it be very long before we rest.

9. wuhee. kn woa-yt
   I'm going to sleep.

10. chOQuoosh ka.sh woa-yt
    Don't go to sleep.

11. nAshwa woa-yt hha
    Go to sleep.

12. keelht qu
    You woke up. (I see you woke up.)

13. a TLoO hhA.a ksh keelhtsh
    He'll wake up soon.

14. kEEIhta
    Wake up.

15. ahh woochEE.a quankshatwAwuh a shAytknmahh
    There are people shaking hands over there.

16. QUEETLshma
    Smile. (Telling someone to smile)

17. chOQuoosh ka.sh QUEETLshm
    Don't smile.

18. ahh ash QUEETLshm a Peter
    Peter is smiling.
19. ahh ash QUEETLshm a shkAkha.
The dog is smiling.

20. ahh kn EQUchinma
    I am shaving.

21. wuhee. kn EQUchinma
    I am going to shave.

22. nAshwa. EQUchinmahha
    Go and shave. (Telling someone to shave.)
Shapes
Niha.kApmhh Language Program

Level: Level Two
Theme: Shapes
Unit 1: lhewA-ysht

Vocabulary

ash Ka-yAK         round
nehhenhhAgu       4x4 boards

Phrases

1. ash Ka-yAK hhA.a
   That is a circle.

2. nehhenhhAgu hhA.a
   That is square.
Sounds
Niha.kApmhh Language Program

Level:
Level Two

Theme:
Sounds

Unit 1:
lhewA-ysht

Vocabulary

<table>
<thead>
<tr>
<th>Word</th>
<th>Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>ahaZEn</td>
<td>growl</td>
</tr>
<tr>
<td>EE-mni-m</td>
<td>making a noise</td>
</tr>
<tr>
<td>TSanUm</td>
<td>ring</td>
</tr>
<tr>
<td>kehht</td>
<td>sizzling</td>
</tr>
</tbody>
</table>

Phrases

1. ahh ahaZEn a shkAkhha. The dog is growling.
2. ahh nooqu ahaZen k shba.Ach There is a bear growling.
3. EE-mni-m a STSmalt The cows are making a noise.
4. EE-mni-m lha. nTSashkAhha. Your horse is making noise.
5. kehht nooqu lh quetAlh The grease is sizzling.
6. kehht nooqu something is sizzling.
7. TSanUm nooqu Something is ringing.
8. ahh TSanUm a nQUa-nmn The clock is ringing.
Niha.kApmhh Language Program

Level: Level Two
Theme: Sounds
Unit 2: sh.eeshdk

Vocabulary

noowuhchEEEn  loud noise
a.Kip   grinding noise
Ka.A-y noise gets quiet

Phrases

1. chOOquoosh ka.sh noowuhchEEEn.
   Don't be so loud. (voice)

2. woohhOOp nooqu a quoo.
   The water is making noise.

3. a.Kip nooqu dA.a k shta.
   Something is making a grinding noise.

   The wheel is making a grinding noise.

5. Ka.A-y Tlm lh PaPEE.lha
   The frogs got quiet.

6. Ka.Ay Tlm a shchEma mee.t
   The children got quiet.
Nlha.kApmhh Language Program

Level: Level Two
Theme: Sounds
Unit 3: nwohoo-yt

Vocabulary

<table>
<thead>
<tr>
<th>Word</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>pwoop</td>
<td>drumming noise</td>
</tr>
<tr>
<td>wuhooshwuhashhtshEE.n</td>
<td>make strange or scary noise (voice or mouth)</td>
</tr>
<tr>
<td>hhaQUt</td>
<td>crunching noise</td>
</tr>
</tbody>
</table>

Phrases

1. pwoop nooqu k boomEE.n.  
   A drum is making a drumming noise.

2. ahh nooqu pwoom woochEE.a k shda.  
   Something over there is making a drumming noise.

3. wuhooshwuhashhtshchEE.n nooqu toochEE.a  
   A strange noise is coming from over there.

4. wuhooshwuhashhtshchEE.n nooqu a shKAwem  
   The wolf is making a scary noise. (howling)

5. hhaQUt a shwoohht  
   The snow is crunchy.

6. ahh hhaQUt a KapOOwuh a OOpeenoowuhooosh  
   The nuts make a crunchy noise when you eat them.
Tastes
Niha.kApmhh Language Program

Level: Level Two
Theme: Taste
Unit 1: lhewA-ysht

Vocabulary

<table>
<thead>
<tr>
<th>ngaht</th>
<th></th>
<th>T -</th>
<th></th>
<th>sa -</th>
<th></th>
<th>La</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>poohht</td>
<td>bland/no taste</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>TSa-lt</td>
<td>salty</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>dahht</td>
<td>bitter</td>
<td></td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

Phrases

1. poohht nooqu a TSa!TSa!a
   The huckleberries have no taste.

2. poohht nooqu a shlha.hhAnsh
   The food has no taste.

3. dahht hhA.a tek shlha.hhAnsh
   That food is bitter.

4. dahht -n a dAhhpaa.
   Are the red willow berries bitter?
Smell
**Level:** Level Two  
**Theme:** Smells  
**Unit 1:** lhewA-ysht

**Vocabulary**

**Phrases**

1. na-m ash wuh.oowuhsh a. shkAkha.  
Your dog really smells.

2. tOouha-n k wuh.OOwuhoosh  
Where is the smell coming from?.
Texture
Niha.kApmhh Language Program

Level: Level Two
Theme: Textures
Unit 1: lhewA-ysht

Vocabulary

TLowoaTLowoat
ka.Ap
z.awuh

- hard
to get soft
melt

Phrases

1. TLowoatLowoat a shapIEEI
   The bread is hard.

2. TLowoatLowoat a TLehht
   The candy is hard.

3. ka.Apweehh a. shkEEyoosh
   Your pants have gotten soft.

4. ka.Ap a sheePATS
   The hide/skin is soft.

5. z.awuh a npa-woa
   The ice is melting.

6. chatAta a nmeTLQUOOShtn  wuhee. z.awuh
   Put away the butter or it will melt.
7. TSaKTSAKt an nTLipEETSa. 
   My shirt is scratchy/rough.

8. TSaKTSAKt hhA.a tek kapOO 
   That coat is scratchy.
Touch
Niha.kApmhh Language Program

Level: Level Two
Theme: Touch
Unit 1: lhewA-ysht

Vocabulary

wATLa kinl-n          it almost touched
TSaKtmEEnsh           he bumps into it
ke-n-nshhtash         to bump into
mooshinwa-nsh         touch something while searching

Phrases

1. wATLa kinl-n nAh a n kayhh
   My hand almost touched there.

2. quangunOOsh TLoo. ash kinl-nsh n shQUahht
   My foot just barely touches there.

3. ke-n-nshhtAsh lh za-wt-n ash queeshch
   He/she bumped the cup and it fell.

4. ash Qua-nshchOOthha a TSaKtmEEnwhu tA.a k shda.
   Watch yourself-you might bump into something.

5. a TLoo hhA.a ash tektAsh a shmayhh
   He/she almost touched the snake.

6. wuhee. tektAsh a nTSashkAhha.
   He is going to touch the horse.

7. ahh mooshm ash mooshnwA-nsh a QUetnEE
   He was feeling around and he touched a mouse.

8. tektAta n shbAka.
   Touch my glove.
Sight
Level: Level Two
Theme: Sight
Unit 1: IhewA-ysht

Vocabulary

wEEkim: to see something
wAzeehh: something shows it’s self
wEEkim ayIh: he (finally) sees it
pAqu-ooyemwuh: sightseeing
weekhhadAsh: to see tracks

Phrases

1. wEEkim woochEE.a ta shba.Ach
   He saw a bear over that way.

2. aTLoo. hhA.a ash wEEkimshh lh Joe.
   Joe almost saw me

3. wAzeehh woochEE.a lh shmeeych
   The deer showed it’s self over there.

4. chOOquoosh ka.sh wAzeehh
   Don’t show yourself.

5. weektEEhhsh ayIh lh shmeeych
   They were able to see the deer.
6. ta.tA.a ksh wEEkch lh shnOOQUa.sh
   He wasn’t able to see his friend.

7. hAchoo nash pAqu-ooyemwuh
   Let’s go sightseeing.

8. wuhee. a quoo nash pAqu-ooyemwuh
   He’s going sightseeing.

9. weekhhadAsh lh shoowuhshOOwuh
   He/she saw the tracks of a grizzly bear.

10. ahh tA.a wuhashEEt ash weekhhadAsh a shmOOwa.
    He/she was walking and saw the tracks of a cougar.
Common Commands
Niha.kApmhh Language Program

Level: Level Two
Theme: Common Commands
Unit 1: lhewA-ysht

Phrases

1. quenAmsheepha
   Get some wood.

2. PAmshmhha
   Make a fire.

3. PA-nshda
   Put it back.

4. chatAta lha. shpaQU
   Put your book away.

5. OOpeeta lha. shlha.hhAnsh
   Eat your food.

6. chOOquoosh ka.sh klaK
   Don't fight/argue.

7. chOOquoosh ka.sh TLEquatwawuh
   Don't fight.

8. eeyKA-mata aksh chatAwuh
   Pick them up and put them away.

9. nAhchima lh sstaguO-Ish
   Pass me the potatoes.

10. nTLAQUhhchima tek tee
    Pour me some tea.
Pronouns
Niha.kApmhh Language Program

Level: Level Two
Theme: Pronouns
Unit 1: ihewA-ysht

Vocabulary

nchAwa. me
A. wee you
chenEElh he/she
nmeemlh us
chenquOOsht they/them
hhA.a that

Phrases

1. a. hhA.a nchAwa.
   That is mine.

2. a. hhA.a chenEElh
   That is his/hers.

3. a. hhA.a chenquOOsht
   That is theirs.