# Lytton First Nation

## Drug and Alcohol Support Worker Tl'Kemtsin Health

The Lytton First Nation (LFN) is currently recruiting a qualified Drug and Alcohol Support Worker for Tl'Kemtsin Health. This position is classified as temporary full-time, working under the support and supervision of the Health Manager. The Drug and Alcohol Support Worker will be responsible for providing support services to vulnerable and at-risk clients who require counselling support and treatment advocacy. The incumbent will provide support services to the clients at the Tl'Kemtsin Community Health Centre, Westside Stein Hall and Administration building as needed.

### **Responsibilities:**

- Provide individual counselling services in-person, via zoom/google teams/etc
- Develop and follow client specific work plans using traditional teachings
- Identify treatment facilities and refer clients using existing referral protocols
- Provide pre-treatment, treatment, and post-treatment services to clients
- Provide detox support; workshop planning; crisis/emergency support
- Assist clients to develop and follow personal wellness plans using traditional and contemporary methods and engaging family members and professionals to contribute to, support and track positive lifestyle changes
- Facilitate and/or support initiatives that educate LFN and other First Nation community members on addiction prevention/maintenance, mental health and self-care
- Conduct one-on-one health information sessions, workshops and circles
- Evaluate and report on program effectiveness through observation and fact-based outcomes
- Encourage and assist clients to complete the Wellness Road Map
- Case conferencing with peers and Health Manager
- Actively encourage the participation of the client, the family, and the support network
- Other duties as assigned

#### **Qualifications:**

- Post-secondary education relevant to the position, or related experience in a similar field
- Minimum five (5) years of experience working with First Nations people and communities and an understanding of historical impact issues and long-term trauma effects on First Nations people, specifically with residential schools impacts. (intergenerational trauma)
- Ability to communicate effectively with First Nation's people, families and service providers
- Knowledge and understanding of family violence, mental health and addictions
- Interpersonal skills that promote mutually beneficial and respectful professional relationships
- Knowledge of Nlaka'pamux culture and history and their role in individual and community development, with the willingness to learn and to conduct oneself "In a Good Way"
- Knowledge of federal, provincial and Aboriginal organizations that provide health and family services; problem/dispute resolution processes

- Experience leading public presentations and facilitating workshops to adults and youth
- Ability to develop healthy relationships with the team, team leader, other health practitioners, counsellors, traditional healers, Elders, etc. to ensure the highest standards of service delivery
- Ability to Write concise reports and communicate with a variety of audiences
- Literate in basic computer programs such as Microsoft Word, Excel and Power Point
- Ability for being organized, and must have good coordination and monitoring skills and able to keep good recording system
- Ability to work independently with minimum supervision
- Excellent verbal and written communication skills and proven ability to establish rapport with people of all educational and occupational backgrounds
- Maintain the confidentiality guidelines of all records, materials and communications concerning clients, staff and Lytton First Nation

### **Posting Open Until Filled**

Apply with cover letter, resume, and current references to:

Attention: Human Resources Manager Email: jobs@lfn.band

In person: drop off at the LFN band office



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