

Lytton First Nation

JUNE NEWSLETTER

Newsletter Department

- Chief Janet Webster
- Vicky Ford, Human Resources
- Bobby Jumbo, Finance Manager
- Pauline Charlie, Membership
- Roger James, Education Development
- Leonora Thomas, Health
- Cheyanna Hanna, Interim Housing
- Jacquie Raphael, Lands
- Warren Brown, Maintenance
- John Sam, Economic Development
- YeKm Food Hub
- Community News

Aboriginal Day



Office Closure

Monday June 20, 2022

Re-open Tuesday, June 21, 2022



Watch out for Notices for

Aboriginal Day Celebration

Monday, June 21, 2022

Canada Day LFN

will be closed

July 1, 2022



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Chief Message to the Membership – June 2022

One Year Anniversary

June 30th marks the one year anniversary that devastated our lives, in the Nlaka'pamux communities.

Who would have thought we'd lose our community let alone our town. It has left our community in anxiety, anger, shock and helpless.

Everyone scattered all over BC. A heartfelt Thank you to all Nations who opened their doors and facilities to support our nation. Not knowing where to start and the Endless meetings with so many agencies ie forestry, police, ministries, ISC, etc..

Thank you for the direction of hiring Freddie Louie, recovery advisor, where she had experience in her community similar to ours.

Once the staff started again remotely to provide services to the community from the hotels, due to covid and no office to go too.

This is still challenging trying to provide regular services, in a couple of trailers to provide regular services along with the recovery of our homes and reserves.

The council and staff were not connected until recently, after covid lifted, still precautions need to take place. A break out of covid in clusters of areas, hit our community, but not as severe as the beginning of covid.

SVNS is taking a lead on a gathering for the one year anniversary. A committee has been formed to coordinate the gathering of the people. Committee Lead by, Edith

Kuhanga, Amanda Adams, Rosalin Miles and Chrissy Thomas from council is on the committee.

I pray this is a positive gathering for the community to reconnect with each other and move forward Nlaka'pamux strong.

May Day

Thank you to the May Day committee for the beautiful gathering of the community. Was refreshing to see the people we did not see over the 2 years.

Great job for all that coordinated the event. Much appreciated 😊

Lytton First Nation Administrator

Lytton First Nation Chief and Council hired, Vicky Ford as the new administrator. We like to welcome Vicky to the LFN team and look forward to working with you.

The membership look forward to meeting you in your new role.

Thank you to Michelle Machel for being our Interim Band Operation Manager while we were in the process of hiring a 'band administrator. You did an awesome Job !!

Michelle will still be on board until July 15, 2022 for an orientation period for the new administrator.

ESS

We take this time to thank Dianne Garner for her contribution to the EOC and ESS as she has now left the ESS team. Bobbi McKay is the ESS coordinator, thank you Bobbi for taking on this role.

LFN Economic Development Corporation

The LFN Economic Development Corporation has hired Teri Clayton as their CAO for the

corporation. We welcome Teri to the team and look forward to your experience you bring to the team.

Interim Housing

First of all, I thank the administration recovery team who worked with Freddie Louie, recovery advisor who started the Interim housing. All 39 units are in. The recovery advisor and team working to complete Hydro, water and septic hook ups prior to our members moving in soon.

Phase 2 thanks to the NNTC Task force supported and secure 28 more homes for the first nation members living in the town area, to be developed on reserve, we need to identify land and infrastructure, with lands department, Urban Systems, Freddie Louie, recovery advisor and team.

Ambulance Station

The interim ambulance station is stationed next to the Tl'k'emtsin Health Centre.

Interim Band Office

Administration and the Recovery team still working on bringing in the Interim band office to the SGS turn off on left side going down towards the SVNS school.

Primary Health

The health portfolio's have been working extremely hard to get essential services for the whole community of Lytton. IHA is working on bringing three more trailers to provide services to Lytton. There is also a covid testing trailer parked there to screen community. Thank you to Kevin Sampson and Deb Abbott for your endless meetings to ensure services are delivered to the community.

Debris Removal

Matcom has completed debris removal on IR 17, IR 18 and IR 22. One complication came up

human remains were found. The NNTC and LFN have a heritage policy approved in principle to ensure process and follow up on the remains that were found.

St Bartholomew Hospital Land

The St. Bartholomew hospital land is now Lytton First Nation property, officially. Thank you to all who made this possible 😊

Graduations

On behalf of Lytton First Nation Chief, Council and Staff we would like to congratulate All the "Grads 2022"

Kumsheen ShchEma-meet School – Colby Adams, Fredrick Brown, Cadence Charlie, Jolene Justice, Destiny Sam, Jaylee Seward, Hailey Spinks, Katelynn Spinks

Stein Valley Nlaka'pamux School – Alanis Brown, Tala Hance, Jasymne Spinks,

Ashcroft Secondary School – Darian Moody
Edward Milne Community School - Isabelle Morin

Haidia Gwai High School – Jayden Pollard

Dawson Creek Secondary – Ebony Hundsbedt



SVNS Adult Program

UCEPP – Lorena Murillo, Azalia Charlie, Amber Rain, Daniel, Kathryne Harry, Skye, Ramon St. Savard-Vargas

IHMS – Nicole, Crystal F., Katrina Sam, Marsha Spinks, Chrissy Thomas, Marya, Merika Sam, Chrystal Hayden, Rya, Alissia, Annette, Fran, Kayleen, Nina

AECE – Vanessa Spinks, Teresa Adams, Zoey Shamley, Victoria Justice, Joanne, Jolene Peters, Jillian Spinks

Interior Caucus – FNHA

We attended the Interior Caucus in Penticton on May 2-4/22.

Major information discussed at the meeting was about Emergency Management and fire experiences sharing.

There was a ceremony and staffs made for the 7 nations in the Interior. I was chosen to carry the staff at the meeting and the spiritual workers took care of us and told us we would have responsibilities carrying the staff. I was very honored.

Lytton First Nation

June HR report

My last day in the HR role was May 20, 2022. However, I will continue with some of those duties while the temporary internship is being worked on until a replacement is in place.

Updates to staff:

Social Media Policy/Housing Interim Policy/Workplace Harassment and Violence Policy/Christmas break update--Stat holidays

I am pleased to report that we have final approvals for the funding to update our new HR Policy and Operations Manual. Staff and Council training of the Bill C-65 Harassment and Violence Prevention in the Workplace, as per amendment to the Canada Labour Code is priority and will be providing more information soon.

Current needs list and some posting going out soon:

Capital Manager

Communications Manager

Education Manager (Amanda will assist until new manager is secured)

Housing Manager (considering training someone local)

Human Resources Manager (working on interim assistant)

Health Assistant (working with the Health Manager)

Class 4 driver (health)

Elder Mobility Worker (health)

Health: new van (wheelchair accessible) in process

More to come as we work through all of these.

Health staff all back to normal duties. An updated report will be provided soon.

Administrator:

Some concerns:

- I received emails and calls regarding loud parties: Due to our current housing situation where some are in closer proximity than normal, it is important to be respectful of your neighbours, and please be mindful of elders and children. We will get through this together. Be kind and cooperative.
- Dog attacks to some of the SVNS pets are an ongoing concern. All dog owners please take care of your pets.

I have had a chance to meet with Elders, and community members. I look forward to settling in my new role and working closer with the community.

Vicky Ford



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E



Lytton First Nation Finance Department

June 2022 Newsletter

250-455-2304

Bobby L Jumbo – b.jumbo@lfn.band – Caroline Sam – c.sam@lfn.band
Cheyanna Hanna – c.hanna@lfn.band – Mindy Moody – m.moody@lfn.band



Greetings from the Finance Department

Hope everyone is doing okay since our last update. We are keeping very busy in the finance department. There are so many zoom meetings during the week and Bobby keeping up with training Tue-Thu during the mornings.

Condolences

Our deepest condolences to those families who lost a loved one these past few months. Please know that our thoughts and prayers are with you and those affected by the loss. Please take care of yourselves and each other always.

Year-End Audit

Our year-end audit has been set for June 2022 and will run over the course of 3 days/week for 2 weeks. The audit team from Reid Hurst & Nagy will be on-site this year which will be great as in the past Covid19 restricted their on-site visits.

CCP

The C&C along with Program Managers will be updating their CCP's the 5-year anniversary is 2022. The finance department was updating their CCP along with the Finance Committee. We had 14 goals under the finance CCP and have accomplished 10 of the 14 goals. Way to go team! You are all greatly appreciated.

5 Year Deficit Reduction Plan

Back in 2020 upon request I prepared a 5 Year Deficit reduction plan for historic deficits. The plan was implemented, and each historic deficit was divided by 5 years and each year we contribute from potential sources. The historic deficits included: Social Development, Log Home, Phase 16 Water, Health Centre, and a few other programs. The finance Committee pooled together contributions from Administration/Band Revenue, BC Hydro to draw down these program deficits. To draw down these historic deficits and after this fiscal year there are 2 years left to draw and eliminate those historic deficits. Great job to the team!

Donations

There was a good question brought up about donations and the donations are strictly towards the fire. None of the donations goes towards administration for admin fees or service delivery. Administration and other band programs are funded to operate, and we never use donations to operate any band programs.

Grad 2022

Congratulations to the Graduation Class of 2022!

As we all know Education is a lifelong learning process and we never stop learning.

Stay Focused, make some goals (short/long term) Write down what you want and GO after it. Don't just talk or think about your dreams, live them, achieve them.

Stay Humble, Stay Grounded, remember your Roots, appreciate & love your family. Practice Gratitude, ask questions, listen, keep reading books, soak up knowledge.

Enjoy and savor every second – it'll all fly by.

Like they say, "Do a job you love, and you'll never work a day in your life."

Follow your passion. It will lead you to your purpose – Oprah Winfrey

Keep your attitude amazing! Never neglect your mental health, stay strong and healthy. Be BOLD, Be COURAGEOUS, Be your BEST!

90 Percent of life is showing up – Woody Allen.

If you've read this far and are captivated and motivated, good on you 😊 but seriously live, laugh & love unconditionally. Be the hero of your own story. Stay positive as like attracts like.

To the Grads of 2022 – we are proud of you!

IRA – Pauline Charlie, Program Manager

It has been a few busy months in Indian Registry. Our total membership registered at Indian Affairs is **2075**, Indian Affairs has our on reserve population at 764 our Indian registry family number is at 3000 ie. 7050300001, our members continue to having Newborns!

I have requested for 80 Certificate of Indian Status Cards and have used that all up already, my goal is to start having our LFN members into the new Secure Certificate of Indian Status Card. I am not quiet sure when or if I will be ordering any more CIS cards.

I have been busy doing Secure Certificate of Indian Status cards for adults (10) years, children (5) years.

Unfortunately we have had several untimely deaths in our community, and a few that were displaced, I have been in contact with the families to have their Death Certificates sent in, so that they can be registered at Indian Affairs.

I do keep reminding members to update all their Identifications, plus Indian Affairs has set up locations to do CIS, Kamloops, Chilliwack twice. And they were well attended.

Once we get into our new building I will be ordering another vertical cabinet to put all our Indian Registry pages etc., and start doing files for our members again.

There are still Families within the community that have not registered their newborns and they are getting up their in age, I am working with Social Development because families will be looking for support for any kind of expenses needing to be paid, dental, medical etc. It is very import to register your child

I have had a few members come in to do their Certificate of Indian Status cards, they are still trying to use their old red medical card, yes

your BC Medical Card do expire so please remember to get that updated also.

Identifications are very important so please do not loose them.

Indian Affairs has sent our a notice, they will no longer be accepting any expired cards, so please keep them updated.

I am very excited about this week for all the Family celebrating Graduation! My emotions are up and down as one of our Great Nieces is graduation; Katelynn Tanisha Spinks, we are soooo Proud of You!



Everyone take care!

Keep Safe!

Be Kind!

Post Secondary

Though the deadline for applications has passed, you can still apply to be on our waitlist. Should any members drop, we will go to the waitlist to fill those spots. The application is available at our website lfn.band. If you have any questions, please email me at r.james@lfn.band.

The updated policy will be uploaded when we get a secure page on the website. But if you would like one, just email me a request and I can send one to you.

In school

We would like to say Congrat's to all our Graduating members. We are so proud of you and wish you all the success in the future.

Kumsheen Grads

Colby Adams, Fredrick Brown, Cadence Charlie. Jolene Justice, Destiny Sam, Jaylee Seward.
Hailey Spinks, Kaitlyn Spinks

SVNS Grads

Alanis Brown, Jasmine Spinks, Tala Hance

Desert Sands Community School Grads

Darian Moody

Out of town Members

Ebony Hundsbedt, Jayden Pollard, Izabelle Morin

UCEPP/IHSS/AECE

Lorena Murillo, Azalia Charlie. Kathryne Harry, Ramon St. Savard-Vargas, Nicole Spinks, Chrissy Thomas, Nina Sidorczuk, Katrina Sam, Vanessa Spinks, Theresa Adams (Teta), Victoria Justice, Jillian Spinks, Marsha Spinks

And other Post Secondary

Vince Abbott, Jayme Fennel, Rainbow Ford, Justin Moberg, Ian Pease, Alexis Aleck-Brown

Leonora Thomas, Patient Travel

The First Nation Health Authority (FNHA), Health Benefits' has designed this check list to process your medical transportation travel and /or reimbursement request in a timely manner. Correct completion of the required forms and associated documentation is crucial to ensure that your travel and /or reimbursement is processed quickly and efficiently.

1. Request for Medical Transportation Form & Client Responsibility

- This form must be filled out and submitted to our office at least **five (5) days prior to your appointment** to ensure sufficient time for our office to make your travel arrangements.
- The forms you can come and fill it out at the New LFN Health Center or you can pick at the LFN Band Office and leave it in my box at the band office.
- Attend their medical appointment as schedule. Clients who do not attend medical appointments may be required to pay back any benefits they have received and /or pay for their travel costs on subsequent medical travel.
- Give notification when cancelling an appointment prior to the date of the appointment: including 24 hrs notice to cancel any hotel arrangements.

The following documentation must also be submitted along with the Medical Transportation request form:

- a. Documentation from a doctor's office confirming your upcoming appointment complete with date and time.
- b. Copy of the physician's referral including the office address, date, time, and reason for the appointment (if applicable) – FNHA, Health Benefits funds travel to the nearest appropriate health professional and/or health facility. Depending on the nature of your appointment, medical justification may need to be provided to support your travel request.

Note: Clients who do not provide sufficient notice may be required to reschedule their appointment or pay for the travel and get reimbursed. Purchase orders are for Emergency travel only and has to be used up within that week.

2. Confirmation of Attendance Form

After your appointment is complete, this form must **be stamped by the physician and/or signed by the physician** where you attended your appointment confirming your attendance. Please ensure that the date and time of your appointment have also been included on the form. If the section regarding pending appointments is completed by the same doctor, this will eliminate the need to obtain another confirmation of appointment.

Clients are to hand in the Confirmation Attendance Form for confirming their appointments for any future travel. Please ensure you name, DOB and date is on the Confirming Attendance form when you return it. So, that I know who it belongs to. Travel expenses will not be reimbursed without the written confirmation of attendance.

I can be reached by my work cell number: 250 256 8129 or Email: p.travel@lfn.band

Medical Transportation Policy Framework - Non-Insured Health Benefits Program

“EXCLUSIONS” Criteria – Certain types of travel, benefits and services will NOT be provided under the NIHB Program under any circumstances and are not subject to the NIHB appeal process. These include assistance with:

1. Compassionate travel;
2. Travel for clients residing in an off-reserve location
3. where the appropriate health services are available locally;
4. Appointments for clients in the care of federal, provincial or territorial institutions (e.g., incarcerated clients);
5. Court-ordered treatment/assessment, or as a condition of parole, coordinated by the justice system;
6. Appointments while travelling outside of Canada
7. Travel for the purposes of a third-party requested medical examination;
8. The return trip home in cases of an illness while away from home other than for approved travel to access medically required health services;
9. Travel only too pick-up new or repeat prescriptions or vision care products;
10. Travel to access health related services that are not identified in section 1.3, unless coordinated;
11. Payment of professional fee(s) for preparation of doctor’s note/document preparation to support provision of benefits;
12. Transportation to adult day care, respite care and/or interval/safe houses.

- 1) Travel for eye exam covered by MSP/FNHA
 - A. When a client has an appointment with an optometrist/ophthalmologist for eye exam by MSP/FNHA, then travel is funded to the closest appropriate health professional/facility via the most economical means. If the service is available locally (i.e. visiting optometrist), then no travel is required. If client is requesting travel to a farther place, then submit a Benefit Exception management’s review. Medical justification is required. Please fax the Benefit Exception and supporting documentation to FNHA at 1 604 666 0292. You will have to call the optometrist/ophthalmologist to find out if the eye exam is billed to MSP or FNHA, then ask for the prior approval number.
- 2) Travel is not funded if the eye exam is not covered by MSP/FNHA.
- 3) To make it easier please have the Optometrist mail your glasses to you.
- 4) Travel to pick-up glasses is an “exclusion” of the program – not a benefit and not appealable



*Lytton First Nation TL'KEMTSIN
Community Health Center*

1535 ST. Georges Rd. Lytton, B.C.
Box 20, VOK 1Z0
Ph: 250-455-2115 or cell: 250-256- 8129

Email: p.travel@lfn.band

BY Confirming Attendance

This Client can continue to receive Financial Assistance through our medical assistance program.

PLEASE CONFIRM THAT: _____ DOB _____
Band Status Number _____

Has an Appointment on DATE: _____ Time: _____

Reason for Appointment: _____
(ie. ☐ consultation, ☐ diagnostic tests, ☐ treatment/surgery, ☐ follow-up)

Escort required: NO _____ YES _____

Reason for Escort: (please circle or check mark)

- Has a physical/mental disability such that he and she cannot travel without help
- Is medically incapacitated
- Is a minor and needs to be accompanied
- Requires legal consent by a parent or guardian
- Needs translation, if translation services are not available at the health facility
- Requires instructions on necessary medical procedures that cannot be given to the client only
- Has been declared "mentally incompetent" by a court
- Other (must be medical or legal reason)

Physician's Professional Stamp here please:

Authorized Signature: _____

Pending appointment(s) if know: _____

Thank you

Leonora Thomas, Patient Travel

Lytton First Nation Health Department

Request for Patient Travel

Transportation Form Must Be Completed before Processing

Date: _____

Client Name: _____

Band# _____ the full 10-digit number

Date of Birth: _____

Purpose of Trip: _____

Dr.'s Name: _____

Dr.'s Phone: _____

Date of Appointment: _____

Time of Appointment: _____

Place: _____

Driving Self: Yes No Going by bus: Yes NO

Someone else driving, Who? _____

Cheque Payable to: _____

Do U want cheque mailed out? Yes, or No

Address: _____

Email Address: _____

For Electronic Mail

Branch #

Institute#

Bank account#

Place you can be reached Phone # _____

Clients Signature: _____

Good day everyone I hope you all are doing well.

The housing department has been busy with regular repairs and maintenance.

The housing department has been approved for 4 units we will be seeing where we will be locating these units. Exciting news

This year we were not approved for renovations due to other bands who have not had renovations in the past 10 years.

James Paul will be going around to the section 95 homes to do an assessment.

Just a reminder the Housing department does not have a budget for private homeowners if you require services there will be an invoice sent to you.

The housing department and the housing committee will be reviewing all our policies.

We will be setting a date to meet with all the tenants to renew rental agreement for their file.

If you would like to apply for a housing unit or seniors unit, please email me or call and I can send an application to you.

C.hanna@lfn.band also for renovations applications.

Few maintenance tips

- Keep your grass down and also try keep the clutter away from your house
- Change your furnace filter
- Check your AC to ensure it works
- Check your smoke alarms
- Keep your dryer lint basket clean

LANDS DEPARTMENT

Jacquie Raphael, Lands Manager

Congratulations to our graduates and future leaders. My wish for you is to have many golden doors open for you in your new journey.

In the last few months, there has been very slow movement in many areas as the hard endless hours of work from our leadership and staff begins to fall into place. It is only the beginning for us to come back stronger, but we need to do it together with one heart and one mind. It is so uplifting to see smiles and hearing laughter in our community.

It has not been an easy task finding land to place our temporary homes and services on. This is mostly due to the many CP holders of land to the terrain, Archeological sites and most important access to sufficient water. I would like to continue to encourage members to share thoughts and ideas regarding how we can possibly solve some of these barriers. This has been a task for several months now and I have only had 1 response from community.

FIRESMART

We have some FireSmart initiatives in the works, one of which is having home assessments done on each existing homes, we will post on face book when we will be in your area.

IMMEDIATE NEEDS

For our immediate needs we are presently looking for land to place a temporary community hall, possible firehall, and a warehouse for a relief centre.

Semi emergency needs is suggestions on where to put additional housing.

ESSENTIAL SERVICES

RCMP

The temporary RCMP which will be located at the old hospital site has still not arrived yet as they had to look for a new facility to move here. Still hoping to have construction started this month

CANADA POST

The larger temporary post office will be moving to the Health Centre location within the next few weeks.

Thank you everyone for having patience with our little **Postage Stamp** as we get set up. I am just so happy we are getting mail.

BC AMBULANCE

BC Ambulance would like a more permanent location to be at the Health Centre location, it will be a little slower to set up. We are looking at late fall to have the permanent structure in place. Remember we do have full Ambulance service in Lytton which is based out of TI'kentsin Community Health Centre.

LAND CODE

We are happy to announce we are moving ahead with the work to develop our LandCode to bring it to a vote in the October, 2022.

You will be seeing and hearing about how and why it is important by zoom meetings, flyers, posters and when the pandemic constraints lift in person community engagement. Valerie and Murray Sam are taking the lead on this exciting opportunity to move towards taking control of our own land and move away from the constraints of the Indian Act.

With so many reserves spread out it has been very difficult to keep track of what has been happening on our land. In 2017 we had a Phase 1 Environmental Assessment done for all our reserves and we now need it refurbished. We will be out on the land once again to record any changes. If anyone can help us to identify any new dump sites, environmental hazards etc within the last 5 years we would appreciate your help in locating these. Pictures and location will be very helpful. Thank you.

TELUS

Some may have noticed that we have had Telus vehicles in your community. We are happy to announce that we will be getting TELUS Pure Fibre Optic Network throughout our community. Telus and Lytton First nation are presently working on where the poles will need to be placed and permits. We will be in touch with CP holders individually who will be involved with this process. I am attaching the information once again for your review.

Thank you everyone for your patience and understanding. You may reach me at 250 455 – 2304 or ja.raphael@fn.band

TELUS PureFibre[®] Network in Lytton First Nation Frequently asked questions

With funding provided by Pathways to Technology, a project managed by the All Nations Trust Company, and TELUS, TELUS is looking forward to working closely with Lytton First Nation Leadership to bring PureFibre to **Nuuautin 2, Klahkamich 17, Klickkumcheen 18, Inkluckcheen 21, Kleetlekut 22 and Tuckozap 24.**

What is the TELUS PureFibre network?

Our network is built from flexible, transparent fibres of glass that are slightly thicker than human hair. The fibres transmit data as particles of light, allowing large volumes of information to be sent to your home or business at close to the speed of lightning.

Only TELUS has the unstoppable power of a 100% fibre network right to your home, enabling faster upload speeds and a reliable connection that won't slow down during peak hours, even when everyone is video calling, streaming and gaming.¹

When can I get services on the TELUS PureFibre network?

The team is at the beginning stages of the project, and will work with Lytton First Nation Leadership and Administration every step of the way. As the build nears completion, TELUS will work with Lytton First Nation to arrange for a time for community members to chat with our team about the new services available, and ensure there is an opportunity to sign up, if interested.

What are the costs associated with having my home connected to the TELUS PureFibre network?

We'll connect your home to the TELUS PureFibre Network™ at **no cost to you**. The only cost will be for any services that you purchase over the network.

There is no obligation to sign up now or in the future. But your home will be future-enabled for when you are ready.

Will bundle and save options be available?

Yes, with TELUS, the more products you have, the more you save. Bundle your TELUS PureFibre internet services with Optik TV, SmartHome Security or mobility for extra monthly discounts.



1. Traditional copper wire or copper wire hybrid networks are subject to capacity constraints and environmental stresses that do not affect TELUS fibre optic technology, which is based on light signals. Not available in all areas. Individual results may vary depending on location, usage within the home network, internet traffic, applicable network management or server configurations. For a description of TELUS' network management practices please see telus.com/networkmanagement

Why would my community want TELUS PureFibre?

Connecting to the TELUS PureFibre network provides a unique opportunity for families, small business owners, students and your entire community. With download speeds up to 1,500 Mbps and upload speeds up to 940 Mbps, you can enjoy a fast, consistent internet connection that supports your connected life – everything from streaming 4K video with Optik TV to managing your home with TELUS SmartHome Security.¹

All in all, connecting to the TELUS PureFibre network ensures that the Lytton First Nation community can benefit now, and always have access to the best that TELUS has to offer for generations to come.

I have a home, how will TELUS PureFibre benefit me?

The TELUS PureFibre network will equip your family with access to all of the best TELUS home services - including 4x the resolution of HD with Optik 4K and the fastest internet technology.¹ TELUS fibre enables your family the speed they need to stream, download and surf at blazing speeds - making the most of family time. Plus, connecting your home to the TELUS PureFibre network gives you all the bandwidth you need for your devices and technology now, and for those in the future.

I'm a small business owner. How will TELUS PureFibre benefit me?

Whether you run a small home office or a large retail location, you'll have the speed you need to better serve your customers - wherever they are.

Faster internet delivers business efficiencies including quick upload speeds, file sharing, online collaboration and cloud capabilities. Whether you're growing your business from the ground up or looking for new growth opportunities, the TELUS PureFibre network can help you reimagine your business locally and globally.

What is Pathways to Technology?

Pathways to Technology, a project managed by All Nations Trust Company, is an initiative to bring affordable high-speed internet to all 203 First Nations in British Columbia. The Pathways team is working to ensure First Nations people can connect with the world via high-speed Internet no matter where they live.

For more information, please visit

www.pathwaystotechnology.ca

How can I get more information?

For questions for TELUS, please contact

Anne Zhong at anne.zhong@telus.com or 236-982-6272.



Water Notice

Hello all, and welcome back!

As you may have noticed, there are more homes being put in, around 2 Mile, 4 Mile, St. George's and the Battlefield. In total there are 39 units

The Stein Central Water System is our largest water system within the LFN Communities. This water system serves homes on both the West Side and East side of the Fraser River, from Charles Munroe's Residence to the Stein Sub Division, and then from 2 Mile to 4 Mile, including St. George's, Green Meadows and Snakeflat Rd's.

Last summer, prior to the devastating fire that destroyed Lytton, the Stein Water System was barely keeping up with our overall usage throughout all the communities it serves. And this was mainly the result of us trying to keep ourselves cool in the Hot Temperatures. What this means is, that we were able to maintain enough water for our normal and exceeded use, but we would barely have enough for Fire Protection if needed. With the addition of these new homes, there will be enough water now to support all of the homes, but not the extra usage.

Going forward, working together getting through the next few years will be challenging for all of us.

Starting July 1st. Water usage must be kept to essential use only. These Water Restrictions will be in place to benefit the entire community and ensure that we continue to have a reliable quantity of water available for essential use and for Emergency use. Our Water system Infrastructure is designed to meet our normal peak demands, however, due to the drastic changes happening here, the system may not accommodate all of the Outdoor use.

There will be:

- No using auto Sprinklers, hand sprinkle only
- No Pools unless using a pool filter system

You will have concerns on how you can keep cool during the upcoming warm season, or to try and keep your home safe from fire.

Here are some solutions that will help:

- Cover your windows that face the Sunny side, Tinting, blankets, or shade roofs
- Fans to keep the air moving in your homes
- Open your home, up to the cool morning air daily
- Keep the yard trimmed and clean, store Items away from your homes
- Use Mist sprinklers, Drip Irrigation, or a Micro Spray instead, these can do the same job as normal sprinklers but use less water over longer durations of use.

Thank you for your understanding, together, we will get through these trying days

OM Department
News letter

Hello everyone

The OM Department would like to Congratulate all the Grad Students of 2022.

With the upcoming warm temperatures, we would encourage everyone to start clearing debris and clutter from around your homes, keep everything a safe distance away in the event of another Fire.

Keep your yard and surrounding areas trimmed down to a minimum of 4 inches, remove all, Leaves, Pine cones, dead and dry plants, that could Fuel a Fire.

With the additional water demands that we may encounter, as we develop the 2 – 4 Mile areas. To help save water, we would like to encourage “Zero Scaping”, less greens, more Rock Gardens, and more Drought tolerant and Drought Resistant plants that are native to our area. You can grow low maintenance gardens which can reduce environmental impact and save water. As a community in challenging times, we all need to work together for the common good.

For the Families who were living on IR 17 and 18 , You will be going from a Sewer system to a Septic System. This means that your waste does not leave the property, it actually goes into the ground in the yard.

As a Nation, if we “See Something, Say Something”, as we continue to work together as a Resilient Nation.

Thank you for your Patience and Understanding.

Lytton First Nation

June 6, 2022

Newsletter Article from the LFN Economic Development Department

Agriculture

Yekm Food Continues to operate and has had some success in applications to Rural Recovery for : Equipment, Fencing, Greenhouse, and other items that would augment the Yekm Food Hub.

We have a Land Lease agreement signed with Paula Cranmer-Underhill and Brianna Underhill for a five year period.

We have purchased Irrigation pipe with a portion of the funds from Rural Recovery and we hope to use this pipe at Lot 47 to grow hay. The issue we have at Lot 47 is with the rebuilding of the fence due to the recent Lytton Creek Wildfire.

We have been working on Irrigation ditches at Spapium and recently Rod Dunstans at Skwaynope. The Spapium ditch is now operational and had major damage from the floods that occurred in the past. We have authorized Roy Hance to cut flume lumber for the 18 Mile ditch. We were also approached by Ted Phillips to cut some flume lumber for his place at 11 mile and will get the specs from him and pass them to Roy Hance to cut.

There is Aboriginal Agricultural Grants available which is separate from our current funding sources and we will be applying for these grants for Yekm. This may cover, fencing, irrigations systems, soil amendments, seeds/ starter plants.

Due to our success in securing a tractor, loader, post pounder, roto vator, and manure spreader we will be encouraging other LFN members who have water, and fencing, to start their garden plants for this growing season. We would charge a nominal amount for this service. We want to pass the knowledge gained at Yekm to other LFN member plots of land and hopefully have more and more gardens started and being successful each and every year.

Lot 47 has hay potential and we have a challenge with the fencing up there.

Botanie and Nanahout have potential opportunity to graze cattle up there as grasses are under utilized.

Forestry



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Alkali, Lot 47, Sleetis, have trees that have been felled and we would need to get them to the side of the road or deck them in a pile some where near the road. On Lot 47 it is advisable to remove all burned trees on both sides of the road and also burned trees inside Lot 47 need to be felled and decked.

We continue to work with NNTC to plan for the removal of fire salvaged timber at various locations as a result of the Lytton Creek Fire. We have been meeting with NNTC and learned that Intra West is planning on logging green wood in the area and we oppose this and want to ensure that burned trees are salvaged prior to any removal of green wood.

We have had good discussions with Aspen Planers but they have a bad name with NNTC regarding our meeting with them.

We continue to work on this file but we are somewhat hampered by the fact that NNTC keeps the Forestry MOU with the Province confidential. How can we begin to plan to harvest timber without a copy of the rule book pray tell. The NNTC like to control matters and keep their cards close to their chest.

There is an urgent need to deal with this as burned trees deteriorate and will become worthless quickly and we have a narrow window of opportunity to work with.

Lytton First Nation Temporary Store

We have been working with Mark Walsh regarding the setting up of a temporary store to be located behind the present Post Office. We have staked an area out there and have removed some of the underbrush in this area. There is still more work to be done there. Once this is done then we will bring in crushed gravel to the location and lay it down prior to the Temporary Store arriving. The Store will consist of reefer units set up. We will be offering store necessities and will be supplied by Save on Foods.

Yekm Food Store

The Store will be located down the battle field on the right hand side of the road. Roy Spinks has hope fully GPS to location to give this information to Urban Systems for Civil Engineering Purposes.

Yekm Food Hub has recently delivered a course on harvesting morel mushrooms and they are working with Forest Foods to operate a buying station which will be a C Can

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and this will be located just north of the Gwesp Gas Station. Yekm has assisted with it's tractor to level a site out for this purpose.

We have assisted in the recruiting of two Stein Wardens and they went for training at Manning Park and are nowcertified to do this work. Kevin Phillips and Derrick Jackson are the individuals working on this project. They come to the West Side hall and use the WI Fi system for reporting purposes. Small victories here.

Respectfully Submitted

John Sam
Economic Development Manager
Lytton First Nation

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June 8/2022

Good Day Community,

We have a lot going on at the Yekm farm with lots of tasks completed and many more to do! This month we decided to take time to introduce the Yekm farmers that are working extremely hard at the farm. This month we would like to acknowledge Kathyne Harry for her hard work! Her Bio starts below. Enjoy!



Yee A tekshenwAnwen

My name is Kathyne Harry, daughter of Carolyn Harry and the late David Dick. I am Nlakapmux from the Lytton First Nation Band. I am a single mother of one, my beautiful daughter Brooklynn Pearl!

I found interest in working in the Yekm garden because I live next door, and I understand that it is very important to reconnect with our food system, and going to take the opportunity to challenge myself to learn more about the farming operations. Returning to work and being able to provide for my daughter is my number one motivation to get up and show up everyday! In the recent months since we've started work on the farm, we've gotten the ditchline cleared from Nikaia creek down to the farm as well as a portion of Zimmermans ditchline. We've transplanted tons of vegetables, planted six beds of fruit and veggies for both Yekm and Spapium farms which include kale, cauliflower, tomatoes, potatoes and strawberries. I dug and planted a circular garden bed of sunflowers as a solo project! The crew has been doing a ton of weed wacking around the premises. Brianne and I have gotten some training on Yekm's brand new tractor! We've also been harvesting for the Yekm Hub, we've harvested cotton buds and stweta thus far. I've canned 12 pints and dried one sandwich bag of stweta this season. Overall learning how to garden is very exciting! It's a lot more work than I had anticipated but the learning experience is worth it! It's a lot more work than just weeding!

KwuKstamxw

All my relations

Kathyne Harry

We are very pleased with the work and dedication Kathyne has displayed the past few months and looking forward to her hard work and watch her climb the ladder to success.

Lytton First Nation

FOOT BRIDGE WORKERS

HAVE STARTED THEIR SHIFTS

AT CN FOOTBRIDGE

10:30 A.M – 8:00 P.M.(LAST WAGON TRIP)

HOURS MAY VARY

PLEASE WATCH FOR ANY

CHANGES POSTED!



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MENU

THE CUTTING BOARD RESTAURANT

STARTERS

Poutine - \$14
\$2 add bacon

Garlic Bread - \$6
\$2 make it cheesy

Potato Wedges - \$8
Paired with your choice of sauce.

PASTA

Pappardelle Arrabbiata - \$16

Pappardelle pasta topped with spicy tomato sauce, parsley, and parmesan.

\$3 add chicken

Penne Boscaiola - \$18

Penne pasta, scallions, and bacon mixed with creamy mushroom sauce.

Penne Alfredo - \$16

Penne pasta mixed with creamy alfredo sauce.

\$3 add chicken

BURGERS

All burgers include a side.

Original Cheeseburger - \$16

Chuck beef, cheddar cheese, and pickles topped with house cheeseburger sauce.

\$2 add bacon

Buffalo - \$18

Chuck beef, coleslaw, pickles, and fried onions topped with buffalo sauce.

\$2 add bacon

Portobellini - \$18

Mesclun, portobellini mushrooms, pea shoots, and spanish onions topped with maple aioli.

SALADS

Garden Salad - \$9

Fresh greens tossed in cumin vinaigrette.

\$3 add chicken

Caesar Salad - \$9

Fresh greens, croutons, and creamy caesar dressing.

\$3 add chicken

KUMSHEEN CLASSICS

Grilled Curry Chicken - \$16

A tender curry chicken thigh plated with coconut rice, a side garden salad, and lime.

Maple Soy Chili Tofu - \$18

Coconut rice, pea shoots, fried onions, scallions, and sesame seeds.

Salmon en Papillote - \$20

Salmon paired with a garden salad tossed in cumin vinaigrette.

Pepper Gravy Pulled Beef - \$20

Slow cooked flank, garlic mashed potatoes, beans, and grilled carrots with pepper gravy.

Pulled Pork Tacos - \$15

Smokey pulled pork, pickled carrots, and onions with jalapeño mayo and cilantro.

Chicken Strips - \$12

Five breaded chicken strips served with fries or salad.

\$4½ SIDES

Potato Wedges

Poutine

Caesar Salad

Garden Salad

\$2 SAUCES

Cheeseburger

Gravy

Jalapeño Aioli

Buffalo

Smokey BBQ

Café de Paris